

The  
**LifeLine**  
St. Paul's Hospital Staff Newsletter



**ST. PAUL'S HOSPITAL**

*A Community of Health, Hope and Compassion for All*



...an Emmanuel Health Organization

## Just who do you think you are?!

One of my favourite books is called, The Man Who Was Thursday by G.K. Chesterton. It is a book set in London in the 1920's. Undercover police are trying to foil the destructive efforts of a secretive group of seven anarchists who are each known only by the day-of-the-week code names they have been given: Monday, Tuesday...

Their leader is the diabolical Sunday.

On one lucky occasion, one of the police capture the man who was known as Thursday and the lawman takes over his identity.

The only way to keep his identity hidden so that he could capture the other villains was to “play along” with the anarchy and plant several bombs. Finally, the cop who was Thursday captures the man known who was known as Tuesday. Tuesday laughs and reveals that he TOO is an undercover police officer.

Thursday and Tuesday work together and capture Monday, Wednesday, Friday and Saturday and, you guessed it, they were ALL undercover police officers doing the ALL of the bombings for Sunday!

By hiding their identity, they became the unwitting foils to their stated mission of defeating chaos. They became the chaos.

That is how important identity is to us. If we do not know what our identity is, we can end up becoming our own worst enemy.

Identity comes from the Latin *identitas* which looks at your “sameness with others”. Here at St. Paul's Hospital, we invite you to seriously consider your identity; how you are the “same” as the others around you.

You are the same (no matter your job title) as the other staff of St. Paul's because we share the same mission; we follow the same north star—compassionate care for all.

You are also the same as the people we serve. They follow that same north star because they too are just trying to get home. They are not the obstacle, they are the path.

You are a part of the mission whether you are aware or not. Open your eyes—see that you are on this journey with thousands of other folks. Inside this newsletter are many ways to live mission. Welcome to the journey.

Blake Sittler  
Director of Mission

# The LifeLine



St. Paul's Hospital

St. Paul's Hospital Mission Office



Vision Mission Values



**Emmanuel  
Health**

A Catholic Health Organization

**Published for and by the  
employees of St. Paul's Hospital**

#1702—20th Street West  
Saskatoon, SK S7M 0Z9

[www.stpaulshospital.org](http://www.stpaulshospital.org)

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5819 for permission to reproduce articles.  
Submissions are subject to editing.

## A Message from Corey Miller, CEO of Emmanuel Health

Catholic Healthcare in Saskatchewan has always been rooted in service to our communities. From the earliest days, our founding religious congregations carried a profound commitment to extend Christ's healing ministry by caring for those most in need—especially the poor, the vulnerable, and the marginalized. Their vision went beyond simply building hospitals and care facilities. They sought to weave compassion, dignity, and respect into the very heart of healthcare in our province.

Today, we are privileged to share in this mission. As staff, each of us is entrusted with carrying forward the legacy of our founders in

the way we care, the way we serve, and the way we bring hope to those who rely on us. While the challenges facing healthcare today may look different than they did in the past—new pressures, changing needs, and growing complexity—the call remains the same: to be instruments of God's love in a world that longs for healing.



Our daily work, whether at the bedside, behind the scenes, or in

leadership, is part of something greater. Together, guided by our values and animated by the Gospel message of hope, justice, and love, we continue the sacred work of serving our communities with compassion and dignity.

## Annette Retires After 38 Years!

When Annette started with Admitting at SPH 38 years ago, the team was using typewriters and making hospital ID cards with an 'address-o-graph' machine. Delivering hard copy admitting lists was done on foot, starting on 7<sup>th</sup> Floor and working all the way down - a great way to learn where everything was! Today, she wonders how they managed it all.

During Annette's career she was transferred to Saskatoon City Hospital along with Surgical Scheduling for a time, but she was happy to return to SPH where she felt most at home. She says, "it's the people and it's the community" at St. Paul's that she loves the most. Annette recalls a particular volunteer named Olga who she worked with in her 'early days.' She saw firsthand how staff and patients benefited from the so-called 'little things' Olga and the other volunteers did, whether it was folding information packages, providing directions or offering a smile and a quick chat.

In 2012, Annette joined Volunteer Services. Since then, she has welcomed and supported the work of well over 1000 volunteers across many departments. For her, it has been "the best job, meeting them all." Many are

surprised when they pop by years later to find that Annette remembers them and their service. Her experience, long memory and good humour have also made her a valued mentor to other Volunteer Coordinators.



"We'll ask Annette!" has been a frequent comment at Volunteer Services and the team will miss her wisdom.

Annette has witnessed many changes at SPH, from advancements in technology and processes, to staff and volunteer comings and goings, to updates to the hospital building itself. Lately, she has been heard joking that "with Admitting going back

to where it was when [she] started, things have come full circle" and it is time for her to retire. She's also been quick to note that the one thing that has remained steadfast is the feeling of community she and many others appreciate so much.

A come-and-go retirement celebration with the St. Paul's community, including volunteers, was held for Annette on Wednesday, September 10. Her final day was September 11.

From everyone at St. Paul's and Volunteer Services, we thank Annette for her service and wish her the very best in retirement.

## Friendship Inn: Our “Pool Our Love” Partner

365 days a year, guests rely on the Friendship Inn to eat. We provide a Free Meal Service, offering nutritious breakfasts and lunches for vulnerable people from Saskatoon’s core neighborhoods and beyond who may otherwise go hungry. From July 2024 to June 2025, the Inn prepared and shared more than 451,000 meals, an average of 1236 meals every single day.

Guests of the Friendship Inn describe hunger as “living in chaos”, so serving with compassion, offering dignity and reserving judgement are core principles. Guests often struggle with complex health barriers, and for many, the warm welcome they receive from staff and volunteers at the Inn may be the only kindness they receive in a day.

There are no qualifying criteria to eat a meal at the Inn - we operate with a ‘no questions asked’ policy to preserve the dignity of guests. We assume everyone who comes to the Inn has a need, whether for food, friendship or help to take a good step forward. The Inn offers access to washrooms and water and assists guests with emergent needs, supports or referrals, primarily through our community support worker.

The Friendship Inn relies on fundraising revenue garnered through the generosity of donors, partners, granting agencies and corporate sponsorships to secure over 95% of the annual operating budget. In addition, reclaimed or donated food resources are used to create 95% of the Inn’s meals. We are deeply grateful for the generosity of donors and community partners who support the Inn’s mission of serving neighbours in need with compassion.

Having served community since 1969, the Inn is one of the main agencies offering food security within Saskatoon’s inner-city. Known as a critical support for people, the Inn offers a safe, compassionate and respectful environment for neighbours in need.

A poem, recited and shared with permission from Ken, a guest of the Inn:

*Standing on the corner  
Holding up the wall  
Nothing in your pocket  
Nothin’ at all.  
Tummy gets to rumblin’  
You feel a little thin  
Eat a little somethin’ at the Friendship Inn.  
Catch the morning meal  
Eight-thirty, nine.  
It’s a good deal. The price is right.  
You can eat on 20<sup>th</sup> Street  
Across from what used to be OK Economy  
The White Buffalo.  
Saskatoon City, Saskatchewan,  
Land of the Living Sky  
When you’re hungry, when you’re hungry...  
... this is where you go*



SCAN to LEARN MORE

## TRC Speaker Series

The mission of St. Paul's Hospital is to create and be a community of health, hope and compassion for all. We recognize the systemic health disparities affecting many First Nations residents of Pleasant Hill compared to more affluent Saskatoon neighborhoods. **The lecture series "Reconcile with Action"** will equip our staff with the knowledge to better understand these challenges and explore how our hospital's efforts can help improve community health outcomes.

This lecture series supports our commitment to *Respect for All People* and addresses the crucial need to recognize and act on reconciliation, acknowledging the historic trauma that has contributed to many of the health and social challenges faced by First Nations communities. This event is aimed at our staff, with its impact reflected in the stronger relationships that develop over time.



*Danielle Bird*  
Graduate Student, U of S

Danielle Bird (nehiyaw) is a PhD candidate in Indigenous Studies at the University of Saskatchewan, focusing on the reintegration of formerly incarcerated Indigenous peoples through a critical Indigenous feminist lens. Raised in Saskatoon's inner city, she combines lived experience with academic research to drive real-world community impact. Her presentation will explore the lived realities of Indigenous peoples in Saskatoon and Saskatchewan, emphasizing incarceration, reintegration, and health.

Danielle will highlight how physical, mental, spiritual, and community health are vital to justice but often overlooked. She will challenge healthcare providers to engage with the Truth and Reconciliation Commission's health-related Calls to Action and push for meaningful changes in policies, practices, and relationships to ensure respectful and dignified care for Indigenous patients.

### **Session 1 with Danielle Bird**

**Date & Time:** October 16, 12:00 – 1:00pm

**Location:** Pylypchuk Auditorium

This event is hosted by the SPH TRC Committee.

**Bannock and Muskeg (Labrador) Tea will be provided upon arrival of this event.**

If you have any questions please contact [blake.sittler@saskhealthauthority.ca](mailto:blake.sittler@saskhealthauthority.ca) or [ashley.drayton@saskhealthauthority.ca](mailto:ashley.drayton@saskhealthauthority.ca)



## Pool Our Love

During the week of October 14-17, we are collecting oatmeal and rice for the Friendship Inn.

Please drop it off in the blue kiddie pool by the parkade entrance or east stairwell in Emerg.

### WHY THESE ITEMS?

The Pool Our Love Campaign aims to build up targeted staple items and these items are needed everyday for the breakfast and dinners they serve 365 day a year.

Every year this campaign brings in more than \$15,000 of staple items that can be used EVERY DAY!



### Would you like to participate in a traditional Indigenous sweat? (or even just learn more about them?)

Lyndon Linklater, a knowledge keeper and traditional storyteller, is sharing some teachings on the practice on **Tuesday, September 30 at noon in Pylypchuk Hall.**



He has offered to host a sweat at his family lodge for any SPH staff interested in experiencing a sweat. This “lunch n’ learn” of bannock and tea is a chance to learn about the history and meaning of this practice. For more info, call Blake at 5819.



## After Hours Parking

Parking Services would like to remind all staff that any employee can sign-up for After-Hours parking access. This provides SHA staff on-site parking access evenings (after 330pm) Monday to Friday and all-day weekends/holidays.

Staff are encouraged to fill out an application form (QR code to intranet site, right) and send to parking services.

Please forward any urgent and immediate questions or concerns to [greg.panio@saskhealthauthority.ca](mailto:greg.panio@saskhealthauthority.ca)



## What is Block Testing?

**Block Testing (verb): 1.** An opportunity to work through one of the eight flows of medicine within the care environment to explore quality improvement, collaboration or rehearsal of a skill – to best inform the care routine or standard work of the team.

We are now mere months away from being able to step into the newly constructed front entry of St. Paul's Hospital.

Before the tape is cut and the public is allowed to access it for the first time, much testing, inspection and reviewing of the space needs to take place by the various departments and teams that will be taking care of or working in the front area and healing center. It is like stepping into the blueprint and being able to consider the planning in a much more concrete manner.



*Some of St. Paul's Hospital friendly EVS staff preparing to do their block testing*



## Long Service Award Banquet

At St. Paul's, we deeply value the dedication and hard work of our staff. One way we show our appreciation is through the Long Service Awards Banquet, celebrating employees who have reached milestone years of service in five-year increments.

**Date:** Wednesday, November 19, 2025

5:30pm - 6:30pm      Cocktails

6:30pm - 8:15pm      Dinner & program

8:15pm - 9:00pm      Closing and more options to use the photobooth

**Location:** Prairieland Park, Saskatoon, Saskatchewan

*Come enjoy live music, photo booth, delicious dinner, and time to honor staff who have served St. Paul's Hospital and Saskatchewan Health Authority for many years, including retirees!*



### **Ticket Information:**

Tickets available for purchase starting **October 14, 2025** at the cashier desk on the main floor of St. Paul's Hospital (beside the test center, first floor, A wing).

- **Recipients / Retirees:** Free (please RSVP through the email invite)
- **Plus one:** \$30.00
- **Extra guests:** \$60.00
- **SPH Managers:** \$30.00

All recipients will receive an RSVP email—*please confirm your attendance as soon as possible*. Additional tickets must be purchased.

If you think you are in one of your fifth years of service (5th, 10th, 15th...) and have not heard anything yet, please reach out to **Ashley.drayton@saskhealthauthority.ca** and she will review your situation.



## Enhancing Dialysis Care Through Creative Art

"Painting during dialysis helps me relax and feel like myself again."



### WHY CREATIVE ART?

- Helps patients express feelings when are words hard.
- Reduces stress and anxiety during treatment.
- Improves mood and emotional wellbeing.
- Encourages relaxation and distraction from pain.
- Promotes social connection with others.
- Creative art practices reconnect patients with culture and healing traditions especially for many Indigenous and marginalized communities.



### BENEFITS FOR DIALYSIS PATIENTS

#### Emotional Support

- Creative art such as drawing, music, painting, etc. give patients a safe way to release their emotions such as fear, sadness, frustration, etc.

#### Mental Health

- Creative art provides distraction from the dialysis process, reducing stress and anxiety during treatment sessions.
- Creative art stimulates the brain's reward system, helping release dopamine the 'feel-good' chemical that improves mood and motivation.

#### Spiritual & Cultural Healing

- Reflects cultural identity & traditions.
- Connects patients to spiritual roots.
- Brings comfort, grounding, and strength.

#### Enhanced Treatment Experience

- Instead of viewing dialysis as only a medical procedure, art turns the treatment space into a place of creativity and healing.
- Creative art transforms dialysis sessions from a purely clinical experience into an emotionally supportive and meaningful journey.

### HOW TO GET INVOLVE

Ask your nurse to contact the  
**Artist in Residence**  
**Marlessa Wesolowski on**  
**3066550514**



## Mission Week 2025

# MISSION WEEK

Every October, in conjunction with the feast day of St. Marguerite d'Youville

**October 14-17, 2025**

### Monday, October 13-17

ALL WEEK Pool Our Love for the Friendship Inn—bring oatmeal and rice :)

### Tuesday, October 14:

9:30 AM Bringing Back the Circle in Pylypchuk Hall (see page 14)

12 noon Mission, Charism and Foundation Awards in cafeteria

2:30 & 9 PM Spirit of St. Paul's Videos in Pylypchuk Hall

### Wednesday, October 15

9:30 AM Spirit of St. Paul's Videos in Pylypchuk Hall

11:30 AM-1:30 PM &

8:30-10:30 PM Feast and Gift Day in cafeteria

2:30 PM Bringing Back the Circle in Pylypchuk Hall

### Thursday, October 16

10:30 AM Spirit of St. Paul's Videos in Pylypchuk Hall

12 noon Reconcile with Action Lecture Series w. Danielle Bird (see page 5)

6:30 PM Bringing Back the Circle in Pylypchuk Hall

### Friday, October 17

ALL DAY Spirit Day: Wear St. Paul's Hospital gear!

9:30 AM Bringing Back the Circle in Pylypchuk Hall

12 noon Spirit of St. Paul's Videos in Pylypchuk Hall

2:30 PM Bringing Back the Circle in Pylypchuk Hall

Attend the  
films to  
score special  
SPH swag!

## The Easiest Way Yet to Live the SPH Mission!

St. Paul's Hospital is excited to launch our new Interactive Event Calendar! You will find it featured prominently on the homepage of the St. Paul's Hospital website.

Hosted on the **Tockify** platform, this web-based calendar is designed to keep staff informed about what's happening at St. Paul's and how they can get involved.

The calendar provides a centralized, easy-to-use hub for all hospital events and activities. It's fully accessible across all devices, including laptops, phones, and tablets. This makes it simple for everyone to stay connected and up to date. All you need to do is click on the image, date or event title and you will be taken to a new page that will list all the details and resources you need to know including a place to RSVP to some of the events.

We encourage all SPH staff to check the calendar regularly and add events to their personal schedules. Our goal is for this interactive calendar to help staff feel more informed, engaged, and connected across the hospital.

Access the SPH Event Calendar here:

**[tockify.com/sphevents](https://tockify.com/sphevents)**

You can choose from three viewing options:

- **Pinboard** (a visual layout)
- **Agenda** (a vertical list)
- **Monthly** (a traditional calendar view)

Pick the format that works best for you—and don't forget to subscribe!

**Stay informed.**  
**Stay involved.**  
**Stay connected.**



Scan Me



St. Paul's Hospital Event Calendar

### Events from Sep 2nd



Thu Sep 18th 11:30am - 1:00pm

#### Fall Equinox Feast

Why is this important to St. Paul's Hospital? The deep and abiding need for reconciliation in Saskatchewan is



Sat Sep 20th 9:50am - 12:30pm

#### Pleasant Hill Community Clean Up

Why is this important to St. Paul's



Tue Sep 23rd 12:00pm - 1:00pm

#### Schwartz Rounds - Change Takes Time: The Hard Work of Reconciliation

Note: this event is only for SHA employees, a valid SHA ID must be



Tue Sep 30th 10:00am - 11:00am

#### National Day for Truth and Reconciliation Cleansing



## Catholic Health Association Convention



**CHAS Convention 2025**

Thursday, Oct. 23 - Friday, Oct. 24

# PILGRIMS OF HOPE

Nurturing Life, Healing the Wounded.

### A Place for Everyone

**How Pope Francis Ignited the Church's Mission to Serve People Over Ideas.**

We welcome the public to this special presentation by [Sebastian Gomes](#)

7 PM on Thursday, October 23, 2025

[Click Here](#)

### Keynotes

- Neighbours and Strangers: Re-imagining 'Mission' in Pursuit of Wholistic Communities of Health and Healing
- I've Fallen and I Can Get Up: The Journey Into our True Selves as we Age
- Catholic Mental Health Awareness and Accompaniment
- Wellsprings of Hope: Practical Foundations for Transformative Hospitality that Heals the Wounded

**Breakouts** Check out the breakouts on [here](#)

### Coming Soon

More information on a Catholic Health Panel

**FEATURING**

**Corey Miller, Carrie Dornstauber & Candace Kopec**



**Resurrection Parish, 3155 Windsor Park Rd, Regina**



# Change Takes Time: The Hard Work of Reconciliation

Tuesday, September 23  
12-1pm in Pylypchuk Hall  
Doors close at 12:00pm

## Schwartz Rounds Story Tellers:

David Feick - Spiritual Care Associate

Dr. Gary Groot - Physician

Paula Jacobs - Manager

Kalen Paulson - Manager

Tosin Rotimi-Aina - Administrative Assistant

Due to the sensitive nature of our discussion, a valid **SHA ID** must be shown upon entry.

The first **80** people are treated to a **FREE Lunch!**



**Please consider wearing an  
orange shirt to this event**



St. Paul's Hospital

## Culture Videos Explained and Schedule connected to swag

Last October, St. Paul's Hospital, along with Little Ox Productions and director Joel Bernbaum, produced a documentary called, "Bringing Back the Circle". The one-hour documentary gave voice to the citizens of Pleasant Hill.

The people interviewed ranged from children to elders. In sharing their experience of living in the neighbourhood, the staff of St. Paul's Hospital can come to a deeper appreciation of some of the patients who come through our door every day.



work of The Spirit of St. Paul's videos that many of you have seen on our website. These new 5-minute videos are intended to be shown to students, new staff and even those who have worked here for many years.

During Mission Week, these videos will be shown in Pylypchuk Hall (*see page 11*) and for those who make the time to come view them, they will receive a special item of St. Paul's Hospital "swag"!

***A certificate towards you Continuing Competency Program for CRNS license renewal will be provided if you attend!***

A separate film project continues the good

## Palliative Care Request for Feedback

Do you have ideas for how Palliative Care can be improved in Saskatchewan? Please join us for the virtual Palliative Care Provincial Clinical Network (PCN) Kick-Off event on October 7th from 1-4 PM.

During this interactive event you will learn about palliative care initiatives in Saskatchewan and discuss how we can work together to improve Palliative Care. The kick-off event will be the start of work to connect for creative collaborations through the Palliative Care PCN.

To register for the virtual October 7th event, just hold your phone over the QR code.



## SPH Researcher Book Release

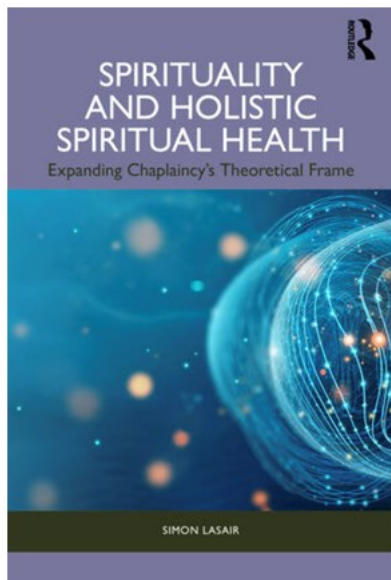
Over the last four years, Robert Steane Holistic Research Chair, Simon Lasair, has been studying the impact and value of spiritual care and the healing arts in a hospital setting. Simon has taken all of that research and used it to form the basis of his new book on spirituality and holistic health.

Simon Lasair, who also holds the title, Director of Educational Development at CASC/ACSS, releases this new text entitled "Spirituality and Holistic Spiritual Health, Expanding Chaplaincy's Theoretical Frame" for pre-order on September 3.



Effective September 15, Simon will begin a new pilot role at Lifebridge Medical Centre in Stonebridge where they will be adding a spiritual care role at a primary care clinic. This is a very unique opportunity and may be the first of its kind in Canada.

Simon is also taking on a 0.6 FTE national leadership role with the Canadian Association for Spiritual Care (CASC). This appointment reflects the respect and recognition he has earned nationally for his expertise, compassion, and commitment to advancing spiritual care across Canada.



*"Spirituality and Holistic Spiritual Health is an essential read for anyone invested in the future of spiritual care. With clarity and courage, Lasair shines a spotlight on the critical role of spiritual care in modern healthcare, bridging the sacred and the secular, and in doing so challenges the notion that it is merely an 'optional extra.' By addressing the difficult questions the profession has long avoided, Lasair offers invaluable insights and practical guidance for spiritual care providers, clients, scholars, and decision makers alike."*

Shane Sinclair, PhD, University of Calgary, Canada

It's beginning to look a lot like...

INVITATION TO CREATE  
Emmanuel Health, St. Paul's Hospital &  
SPH Foundation's Annual

## CHRISTMAS CARD COVER ARTWORK

**We invite patients, family, community, staff and departments to share your creativity.**

- Create a piece of art that captures the warmth, joy, and meaning of the holiday spirit.
- You may use any art medium that can be photographed.
- Three artworks will be chosen to be featured on this years Christmas cards.
- Artists or collectives whose works are selected will recieve an honorarium in appreciation!

**PLEASE SUBMIT TO MISSION OFFICE  
BY FRIDAY OCTOBER 3RD**

Contact Marlessa for more info 306-655-0514

2025



## St. Paul's Hospital Memorial Service

Every few months or so, the Spiritual Care and Healing Arts team provide a memorial service to remember patients who have died at St. Paul's hospital in recent months. This is a multi-faith event that provides opportunity for family and friends to remember their loved one who passed away at the hospital.

However, it is not limited to just family and friends. Hospital staff are welcome to join us as well and to remember a loved one wherever they may have died.



The service centers around the theme of gathering and scattering stones and contains music from one of our music therapists, a reflection by our writer in residence or another member of the Mission Team, and readings and prayers. The Spiritual Care team is there to facilitate and lead the service and to provide support to those who attend.

You are invited to join us in the St Paul's chapel on **Saturday, November 22 at 2:00 pm**. Coffee and cookies will be served following the service in the Bishop Mahoney room.

## SPH Green Thumb Committee Award from SHA



Congratulations on winning the SHA Patient Family Partners' Choice Innovation Award 2025—miyo-chpigitowin garden.

## Spiritual Health Awareness Week

This year marks a powerful milestone—the 100th anniversary of Clinical Pastoral Education (CPE).

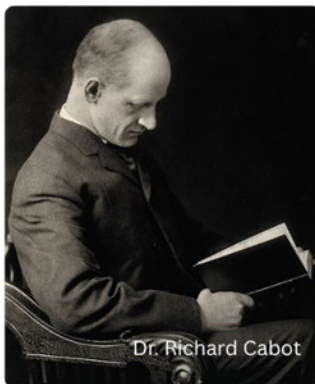
Since Rev. Anton T. Boisen initiated the first CPE program in 1925, this model of experiential learning has shaped thousands of spiritual care practitioners and psychospiritual therapists across Canada and beyond.

CASC/ACSS has since changed the word "pastoral" to "psychospiritual" to reflect greater diversity and inclusivity.

This year the theme of the week is, "Spiritual Health is Health" and will be marked by the spiritual care associates from October 19-25 with a number of events throughout the hospital. Keep your eyes open for more info!



The founders of CPE from left to right: Anton Boisen, Dr. Richard Cabot and Helen Flanders Dunbar. Read more about the history of CPE by visiting the CASC/ACSS website [here](#) and by reading an article written by the ACPE [here](#).



## W.F. Mitchell Ethics Seminar

MONDAY  
NOVEMBER

03

Pylypchuk Hall  
12:00pm

Part of SHA's  
Ethics Week



St. Paul's Hospital

## 2025 W.F. Mitchell Bioethics Seminar

### Navigating End-of-Life Conversations

High quality care includes the ability to respond to the concerns and needs of patients and families at the end of life. However, most professional training programs do not adequately prepare clinicians for these conversations. This talk will explore how we can become more “death literate” as we accompany those we serve during the times when care does not include the possibility of cure.

### FREE LUNCH

Available for the first **80**  
participants  
in-person in  
Pylypchuk Hall

No registration required!



**Darcy Harris, RN, RSW, MEd(couns), PhD, FT** is Professor Emeritus of Thanatology at King's University College/ Western University in London, Canada. She is also a faculty member of the Portland Institute for Loss and Transition, offering certification in meaning-oriented grief therapy. She is a co-editor for Routledge Publishing Company's *Death, Dying, and Bereavement Series*, and an internationally recognized author, speaker, and leader in the field.

**Contact: [bonnie.hope@saskhealthauthority.ca](mailto:bonnie.hope@saskhealthauthority.ca)**

Annual conference funding supported by William F. Mitchell  
Endowment Fund



## Pleasant Hill Community Clean-up

LET'S WORK TOGETHER TO CLEAN OUR BACK ALLEYS  
AND KEEP OUR COMMUNITY SAFE!



Saturday, Sept 20th

9:50am Opening Smudge  
10:00am-12:30pm Clean Up  
12:30pm Volunteer Lunch

Meet at the 20th St  
Affinity Bank Parking Lot



SPONSORED BY:  
PLEASANT HILL COMMUNITY ASSOCIATION

*This is an example of the type of event that helps us as staff of St. Paul's Hospital to get out to learn a bit more about the community in which we work and get to know some of our colleagues and those SUITS up in Administration :) More info at the QR code upper left!*