## Colours of Crief & Healing

Image content: Jessica 16 years

## A workshop for children and their families exploring loss and healing through the creative arts

How can we support children and families after their loved ones have died? How might the creative arts positively transform grief and loss into hope and healing?

The *Colours of Grief & Healing* workshop is designed to explore the power of the creative arts to assist the healing process.

When: Saturday, July 26, 2014

Time: 9:15-4:30

Where: The Mendel Art Gallery

Cost: Free (Registration required)

## Workshop Activities:

- Art
- Music
- Journaling
- Storytelling

## A Palliative Care Services Initiative

For more information or to register please contact Anna Maria Buhr, Palliative Care Social Worker at 655-5519











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