

St. Paul's Hospital and its Foundation are situated on Treaty 6 Territory and Homeland of the Métis.

We are committed to building relationships and walking together on the journey to address systemic disparities in health experiences and outcomes, and to promoting healing and conversation through compassionate service and partnership. We are very pleased to be

constructing a new front entrance to our Hospital, which will position the Indigenous Healing Centre in a welcoming and accessible location. The space will serve as the new home for First Nations and Métis Health, and will include a new ceremonial room.



Plans for the new Indigenous Healing Centre.

Emmanuel Health

Emmanuel Health provides acute, long-term and community care throughout Saskatchewan, guided by the Healing Ministry of Jesus Christ. In the tradition of Catholic social justice teachings and service, Emmanuel Health responds to the unmet needs of the vulnerable and the communities we serve. Our vision is "a vital community of health, healing and hope," and we are guided by the values of compassion, innovation and commitment.

Emmanuel Health governs thirteen publicly funded healthcare facilities in Saskatchewan, including St. Paul's Hospital and the Hospice at Glengarda.

Emmanuel Health Board of Directors 2023–2024

Corey Miller (Ex-Officio), President and CEO of Emmanuel Health
Darryl Bazylak, Board Chair
Mary Donlevy-Konkin, Board Vice Chair
Wayne Blazieko, Audit and Finance
Committee Chair and Providence
Place Local Council Representative
Terrie Dumelie, Santa Maria Local Council
Representative

Roxanne Frey, St. Ann's Senior Citizens' Village Representative

Ed Hoffart, Member at Large John McGettigan, Member at Large Pina Melchionna, Governance Committee Chair

David Patola, Member at Large
Gaetan Piché, St. Joseph's Hospital/Foyer
d'Youville Local Council Representative
Dr. George Pylypchuk, Member at Large
Brian Senchuk, St. Joseph's Hospital
of Estevan Local Council Representative
Colette Stang, Quality and Safety Committee
Chair and St. Joseph's Integrated Health
Centre Local Council Representative
Janice Therrien, Foyer St. Joseph Nursing
Home Local Council Representative

Our Values

Compassion – we build genuine relationships that honour human dignity with respect and tenderness, creating a safe environment for all.

Innovation – we boldly lead the way with courage, continuously improving and advancing creative solutions.

Commitment – we are dedicated to the service of others through the application of Catholic social teachings, accountable actions, meaningful collaborations and responsible stewardship.



A Catholic Health Organization



(I-r): Colette Stang, Roxanne Frey, Pina Melchionna, Gaetan Piché, Dr. George Pylypchuk, Mary Donlevy-Konkin, Corey Miller, Darryl Bazylak, John McGettigan, Brian Senchuk, Terrie Dumelie, Ed Hoffart and Janice Therrien. Not pictured: Wayne Blazieko and David Patola.

St. Paul's Hospital

The physicians, healthcare workers, staff and volunteers at St. Paul's Hospital deliver comprehensive and compassionate health care to the people of Saskatoon and Saskatchewan. In addition to caring for the physical needs of our patients, we also commit to addressing their holistic needs by offering care for the mind and soul. We are driven by our values, which call us to serve the needs of the most vulnerable, to witness the humanity of those whom we serve and to uphold their dignity while providing the highest quality of holistic care.

St. Paul's Hospital is one of thirteen healthcare facilities in Saskatchewan governed by Emmanuel Health, and operates in partnership with the Saskatchewan Health Authority.
St. Paul's Hospital is responsible for the governance of the following programs: Chronic Disease Management, Diagnostic Imaging and Nuclear Medicine, Emergency and Air Ambulance Services, End-of-Life Care, Ethics Services, Kidney Health Services, Laboratory Medicine, Mental Health and Addiction Services and Spiritual

Care. The Hospital is also home to the Leslie and Irene Dubé Urology Centre of Health and the Saskatchewan Transplant Program.

In 2021, St. Paul's Hospital expanded its campus with the establishment of the Hospice at Glengarda. This facility became the thirteenth facility governed by Emmanuel Health, with operations managed by fellow Emmanuel Health affiliate Samaritan Place. St. Paul's Hospital Foundation is responsible for all fundraising initiatives in support of the Hospice.

St. Paul's Hospital Local Council 2023-2024

Tracy Muggli, St. Paul's Hospital Executive
Director (Ex Officio)
Maureen Preston, Chair
Dianne Anderson
Audrey Armstrong
Dr. Bruce Berscheid
Brian Berzolla
Gene Dupuis
Dr. Joanne Kappel
Gwen Dueck, St. Paul's Hospital Foundation
Board Chair
Lecina Hicke, CEO SPH Foundation

(Ex Officio)

Our Vision and Mission

A community of health, hope and compassion for all. We are inspired by the healing power of God to meet the needs of those served through quality health care and education in collaboration with the Saskatchewan Health Authority.

Our Values

Respect for all | Collaborative Partnerships | Compassionate Care | Holistic Care | Stewardship



St. Paul's Hospita



(L-R): Lecina Hicke, SPH Foundation CEO; Dr. Joanne Kappel; Maureen Preston, Chair; Tracy Muggli, SPH Executive Director; Gwen Dueck, SPH Foundation Board Chair; Dr. Bruce Berscheid. Not pictured: Dianne Anderson, Audrey Armstrong, Brian Berzolla, Gene Dupuis

St. Paul's Hospital Foundation

St. Paul's Hospital Foundation

St. Paul's Hospital Foundation believes that the power of generosity saves and changes

lives. Our Foundation raises, manages, and allocates funds for St. Paul's Hospital. The Foundation seeks forward-thinking and innovative projects that positively impact health outcomes for patients and strengthen the Hospital's mission. We have been witness to the profound generosity of our community since our inception in 1982; in the forty-two years that have followed, we have been honoured to allocate more than \$89,802,269 to the Hospital in keeping with donors' wishes.

The Foundation is governed by a volunteer board that ensures the achievement of the organization's mission through Leadership, Development (Fundraising) and Financial Oversight.

Board of Directors 2023-2024

Lecina Hicke, SPH Foundation CEO (Ex Officio)

Gwen Dueck, Chair

Dr. Vivian Walker, Past Chair

Kevin Sharfe, Vice-Chair

Nicholle Povhe, Treasurer

Shane Biehn

Chris Boychuk

Chris Donald

Steeg Holmes

Doreen Howlett

Ron Hyggen

Dr. Sharmi Jaggi

Carmen Levandoski

Larry Long

Dr. Bruce Berscheid, St. Paul's Hospital Local

Council (Ex Officio)

Tracy Muggli, St. Paul's Hospital Executive Director (Ex Officio)

Our Vision

Philanthropic leadership in support of St. Paul's Hospital and the Hospice at Glengarda, as inspired by the spirit of charity and compassion of the Grey Nuns.

Our Values

Donor-centered Philanthropy | Accountability | Community Support | Partnerships





Back Row (L-R): Chris Donald; Chris Boychuk; Dr. Bruce Berscheid, St. Paul's Hospital Local Council (Ex Officio); Dr. Vivian Walker, Past Chair; Shane Biehn.

Front Row (L-R): Steeg Holmes; Nicholle Povhe, Treasurer; Doreen Howlett; Carmen Levandoski; Tracy Muggli, St. Paul's Hospital Executive Director (Ex Officio);
Lecina Hicke, SPH Foundation CEO. Standing Center (L-R): Kevin Sharfe, Vice-Chair; Gwen Dueck, Chair. Not Pictured: Larry Long; Ron Hyggen; Dr. Sharmi Jaggi

Message from

Emmanuel Health Leadership



Our staff and physicians embody the essence of our organization, displaying professionalism, empathy and expertise in every interaction. Their tireless dedication to our patients and communities has been nothing short of inspiring, serving as the cornerstone of our organizational success.

Equally vital to our journey are the invaluable relationships we have forged with our esteemed community partners. Together, we have worked tirelessly to address the diverse needs of our communities, whether through groundbreaking new programs, community outreach initiatives or strategic partnerships. Through our combined efforts, we have been able to make a tangible and lasting difference. For instance, our partnership with St. Paul's Hospital Foundation has always been a vital linkage with our community, facilitating innovative, holistic and compassionate care for the patients and families we serve.

As we look ahead to the future, I am filled with confidence and optimism. We remain steadfast in our commitment to shape tomorrow together, recognizing that the challenges lying ahead will require steady collaboration and a shared dedication to excellence. By harnessing the collective expertise and passion of our team and partners, I am confident that we will overcome any obstacles and continue to make a profound and positive impact on the health and well-being of our communities.

In closing, I extend my deepest gratitude to our exceptional staff, physicians, volunteers and community partners. Your dedication, empathy and unwavering support serve as the driving force behind our collective success, and I am profoundly proud to be part of such an extraordinary team.

Corey MillerPresident & Chief Executive Officer,
Emmanuel Health

Message from

Hospital and Foundation Leadership

When we hear the word "innovation" in the 21st century, we most often think of the many ways that technology has changed the world; smartphones that offer a portal to endless information, surgical robots that dramatically improve patient experiences, and ultrasounds that lend themselves to remarkably precise diagnoses. While each of these advancements is welcome and has positively impacted our patients and our communities, we remind ourselves that to innovate toward a better future does not only mean acquiring new things. Innovation can also mean striving to do things in a new and better way.

Since our inception over a century ago, we have maintained our commitment toward delivering compassionate and holistic care to all those who enter our doors. So, as we look back on an incredible year for St. Paul's Hospital and its Foundation, we reflect on the impact

of kindness - our compass point as we seek to innovate - as sometimes the simplest of ideas can manifest the greatest of impacts.

As we innovate, we strive to see beyond the barriers that current challenges sometimes impose. Where we might not be able to reduce the number of patients needing care and support in our Emergency Room, we can take a moment to see those who are simply seeking reprieve from a cold winter evening and give them a toque and a pair of mitts. Where we cannot anticipate the trials and tribulations our many dedicated staff face on the front lines, we can visit them with the Front Line Love Cart that offers a welcomed and pleasant diversion during a particularly long day. Where we cannot change a diagnosis, we can sit with patients to create art, experience a musical interlude, or write a poem that helps them to navigate their stress.

We do all of this together, as a Hospital and its committed Foundation, on behalf of an invested and remarkably generous community. We take this opportunity to thank you, our remarkable donors, for your support of our mission to care for those most vulnerable with kindness, compassion and dignity. Please enjoy this year's Annual Review that celebrates the important and impactful work of our dedicated health care teams, and highlights the many ways in which our donors have helped us innovate toward better patient experiences and outcomes, and perhaps most importantly – kindness.

Tracy Muggli, Executive Director, St. Paul's Hospital

Lecina Hicke *CEO, St. Paul's Hospital Foundation*



Hospital Highlights

Mission Office

The Mission Office oversees and supports the programming for Spiritual Care, Spiritual Care Education and the Healing Arts, as well as chairing the work of the Schwartz Rounds and St. Paul's Hospital Truth and Reconciliation Committee. The Mission Office aims to help staff see the connections between their work and the mission, vision and values of St. Paul's Hospital.

The Mission Office coordinates events, including our annual Mission Week in October, Project Christmas Angel in December, a Hot Chocolate Cart on "Blue Monday" in January and Community Day in May. When those who come through our doors feel welcomed, especially those who are most in need, we are living the mission of St. Paul's Hospital and continuing the compassionate legacy of the Grey Nuns.

Healing Arts

Our Healing Arts Team enhances and supports holistic care in our Hospital, creating opportunities where patients, families, community and staff can connect and engage in the creative arts to support health and well-being.

This year, Artist-in-Residence Marlessa Wesolowksi collaborated with the College of Medicine and several cohorts from the Practical Nursing Program at SaskPoly Tech to provide students with unique educational opportunities, including gaining deeper understandings of the mission of the Hospital, our areas of focus, the physiological impacts that arts can have in caring for the whole person, and how to integrate the Healing Arts into patient care. They also had an opportunity to participate in experiential learning by creating a collective art project. Marlessa also chaired the Green Thumb Committee, which included working alongside SPH Cultural Advisor Vernon Linklater and Elder George Laliberte to create and name the Meuopikihitowin Garden, which means "a good place for growing together (knowledge & health)" in Cree.

Adjacent to the cafeteria patio space, the garden contains over one hundred native plants and a traditional Indigenous Medicine Circle, and was planted in collaboration with the Canadian Wildlife Federation. Marlessa continued to build relationships in our community, and collaborated with Common Weal Community Arts, SCYAP and Prairie Harm Reduction Drop-In.

In 2023, the SPH Music Therapy Team offered a monthly "Take 5: Music on the 5th Floor" group, where patients, caregivers and staff joined in music-making together. They hosted a "Take 5" Holiday Party in December that offered music bingo, holiday trivia, hot chocolate and prizes for winners. Music Therapist Lisa Wutch also created the "The 7th Floor Music Club", which created space for patients and caregivers to gather at the end of the hallway to listen, sing, play instruments, request meaningful songs, socialize and share their hospital experiences.

Music Bingo continued to be a big hit with patients receiving hemodialysis treatment. Bingos were held in May, September and December; more than 150 patients participated in each event with the chance to win wonderful prizes from local businesses.

Middle top: Tinaya Entz, Lisa Wutch, Mylai



Far right: Lisa Wutch, Music Therapist dra Zielinski-Douglas, Rebecca Farthing, Music Therapists Middle bottom: Marlessa Wesolowski, Artist-in-Residence

Spiritual Care and Spiritual Care Education

Spiritual Care offers opportunities for patients, loved ones and staff to find meaning, comfort and spiritual connection in the in the manner most valuable to them. The Spiritual Care Department also connects patients and their families with a faith group representative of their choice whenever requested, and coordinates milestone events such as weddings, baptisms and memorial services. The Department also facilitates educational events for Hospital staff and learning opportunities for medical students.

In 2023, the Spiritual Care Team was very grateful to partner with the Healing Arts Team to reinstate the Celebration of Life memorial services after the easing of pandemic precautions. These services are held four times each year, and invite families to honour their loved ones who have passed away at St. Paul's Hospital. The Team also coordinated activities for patients and staff during Spiritual Care Week in October 2023, highlighting the evolving character, professionalism and training of those who work in this field.

Spiritual care providers are trained through a program called CPE (Clinical Psychospiritual Education) that has been offered at St. Paul's for more than thirty years, and is supported by the Foundation's Grey Nuns Legacy Fund. This training program supports the development of quality Spiritual Care Providers within faith communities and the broader community. The Spiritual Care staff at St. Paul's developed their skills through CPE. This year, Spiritual Care Educator Julie Bergen worked with a new CPE Supervisor, Erika Mills, at Santa Maria Senior Citizen's Home in Regina. This valuable opportunity will extend the reach of CPE in Saskatchewan, ensuring that more students will be able to access this foundational training.

Ethics

Ethics Services plays a large role in providing staff, patients and loved ones with the support they need when dealing with challenging health care decisions. This support is provided through individual consultations, education programs and presentations for wider audiences; for instance, Director of Ethics Dr. Mary Heilman presented on "Advocating for Palliative Care in Challenging Situations" in the February 2024 SHA Ethics Exchange.

Community Support Helps Healthcare Workers Address Bias

The W.F. Mitchell Bioethics Seminar is a keystone annual event made possible through an endowment bequeathed to St. Paul's Hospital Foundation in memory of the late William F. Mitchell, a local business owner with a strong sense of ethics in both business and community.

This year, the Emmanuel Health Ethics Committee invited Sean Polreis, Teaching and Learning Specialist for Faculty Development in the College of Medicine at the U of S, to give a two-part presentation titled "Unconscious Bias: Self-Improvement Through Awareness" and "Unconscious Bias: Implications for Health Care Delivery." His reflections on these topics, delivered on November 6th and 7th, 2023 in Pylypchuk Hall at SPH, were offered both in-person and online, and served to develop an understanding of what constitutes bias, as well as to raise individual awareness of personal bias, discuss the ways that bias can influence patient care and talk about how to mitigate its negative impacts as we serve all those in our community.



In 2023, Ethics Services supported SPH with **18 education sessions** and **55 patient and family consultations.**

Emergency Services

St. Paul's Hospital is home to the second-largest Emergency Department in Saskatoon. The Department has long been a point of support for both our city and our province, and we are proud to have strong partnerships with our community. In 2023, we formed a new partnership with Saskatoon Tribal Council and the Sawēyihtotān Project Outreach group to create a supportive presence in our waiting room every night. They offer compassionate care to those in the community struggling with food and housing insecurities through advocacy, support and finding safe places to go once discharged from the Hospital.

The Emergency Department is home to the Rapid Access Addiction Medicine (RAAM) Clinic and the Emergency Department Addiction Counsellors (EDAC) Team. These invaluable resources provide opportunities for positive intervention to patients living with addictions. Our strong partnerships have increased positive

outcomes for each person who presents to the Emergency Department, and have allowed us to better serve our patients.

This past year was a very busy one for Emergency, which saw an average of 114.8 patients per day visit the Department, as compared to 101.4 patients registered per day in 2022. The Department also saw an increase in acutely ill patients needing more intensive care. Our staffing complement was increased when ER hours were expanded for Unit Assistant, Continuing Care Assistant, Registered Nurse, Clinical Nurse Educator, and Nurse Clinician positions. Our department holds continuing education in high regard, and was pleased when many of our Registered Nurses participated in professional development opportunities to better their professional practice.

In 2023, we had the opportunity to bring new chairs into our waiting room. As well, new display cases will soon exhibit art supplied by children who attend the daycare located within the Hospital. We were also excited to complete a much-anticipated renovation to our trauma area.

Donor Support Advances Critical Care

With help from St. Paul's Hospital Foundation Draws, the ER was able to purchase a vein finder, treatment chairs and privacy screens for the triage area, and portable vital signs monitors to facilitate better patient comfort and experiences. St. Paul's Hospital Foundation's Cold Hands, Warm Hearts fundraising campaign enabled the ER and other units to distribute warm toques, mitts and hand warmers to hundreds of community members during bitterly cold weather. We are immensely grateful to our donors for supporting this program, and for believing in our Hospital's mission to serve the needs of the most vulnerable in our community.





Diagnostic Imaging and Nuclear Medicine plays an integral role both in diagnosing and in treating the spread of disease. Highly specialized staff use innovative equipment to help identify, analyze, diagnose and treat a wide range of medical conditions. Diagnostic Imaging staff support patients and their loved ones, as well as the healthcare team as a whole, often working collaboratively with other teams at the Hospital. We fully embrace patient and family-centered care as a fundamental value of the Department, serving the needs of patients while also involving family and other supporters whenever appropriate.

Further, Diagnostic Imaging staff have been building capacity to support our co-workers by attending the Mental Health First Aid course offered by the Mental Health Commission of Canada. This course provides attendees with tools to recognize and respond to mental health crises that could be exhibited by patients and fellow staff members in the workplace, and equips healthcare workers to address the well-being of their peers and themselves in addition to the well-being of patients.

New Ultrasound Technology Makes Prostate Biopsy Safer

This year, under the leadership of Radiologist Dr. Jeff Bird and Urologist Dr. Kunal Jana, we were happy to introduce the new Aplio Ultrasound Machine to the Unit. This acquisition was made possible through the phenomenal

generosity of Associated Radiologists LLP and Daphne Arnason & Leo Bourassa. For patients requiring prostate biopsies, the machine performs trans-perineal procedures that are extremely safe, highly efficient and minimally invasive. When a patient arrives for their biopsy, they have often already had an MRI completed that may have identified lesions that cannot be seen on a traditional ultrasound. The Fusion technology within the Aplio Ultrasound Machine allows radiologists to import MRI information and fuse it with what they see through the ultrasound in real time, increasing diagnostic accuracy and further improving patient outcomes.

Donors Upgrade Efficiency

Diagnostic imaging is a constantly advancing field, and updating equipment as that technology progresses ensures that patients will be given the most accurate diagnoses and best possible treatment options during their hospital visit.

With funding made possible by donors' generosity, the Department was excited to finalize state-of-the-art upgrades to our MRI Scanner, reducing exam duration and significantly increasing the quality of the scans, positively impacting our patients.

With St. Paul's Hospital having the only Lithotripsy program in the province, it is vital that we keep pace with new technology and development. We are excited about the installation of a new lithotriptor, which allows us to continue to offer a less invasive method of treating kidney, bladder, and ureteric stones to the patients of Saskatchewan. We are deeply grateful to donors Leslie and Irene Dubé, whose leadership and philanthropy brought the first lithotripter to the province in 1997, then upgraded that technology at our Hospital in the Spring of 2024.

SPH currently performs more than **350 Lithotripsy procedures** each year.

Nicko Villegas, X-Ray Technologist



Mental Health and Addiction Services (MHAS) provides a range of services for clients of all ages who face moderate to severe issues involving mental health and addictions.

The Rapid Access Addiction Medicine (RAAM) Clinic located at St. Paul's Hospital has been operational since February 2020. To date, the RAAM team has supported 10,789 client visits, demonstrating that there is great need for swift and barrier-free access to medical and psychological supports for those who use substances. As well, the Clinic welcomed Dr. Isaac Cheveldae, a contracted psychiatrist and a tremendous addition to our community addictions teams.

On August 31, 2023, a number of teams within MHAS, including the Opioid Assisted Recovery Services team (OARS), RAAM, the Overdose Outreach Team, and our partners from the Saskatoon Fire Department, participated in an event to recognize International Overdose Awareness Day. The event honored the lives of those lost to overdose. It also served to support the loved ones they have left behind, to raise awareness and provide education for reducing stigma, and to recognize the ongoing efforts made to reduce overdoses in our community. The staff from MHAS provided take-home Naloxone training and kits, as well as resources regarding opioids, overdoses and sources of support. The event was open to all, and was very well attended by community members. The teams plan to participate in a similar

event alongside community partners in the Summer of 2024. We are optimistic about the new Drug Alert System implemented by the Government of Saskatchewan, which will allow the Ministry of Health to better coordinate the issuance of drug alerts while partnering with organizations who monitor the toxicity of illicit drugs across the province. This is an important investment and resource for bringing safety to our clients and community.

The **Brief and Social Detox Unit**

implemented a new staffing model in early 2023, increasing nursing staff to ensure services are available 24 hours a day, 7 days a week. This has positively impacted client care, and expanded services that can be delivered within the program. With this new staffing model, we hope to reduce client transfers to the Emergency Department and offer enhanced medical supports for those who require detox from substance use. We have seen record requests for service, with a demand that exceeds capacity of these units. The team works tirelessly to provide care to those that request this service.

Generosity Powers Education

St. Paul's Hospital Foundation was very pleased to support Pharmacist Amy Wiebe as she participated in the British Columbia Centre on Substance Use Addiction Pharmacy Fellowship Program. Amy is the first pharmacist from Saskatchewan to participate in this program, which trains

highly skilled pharmacists in ensuring the safe and effective use of medications, optimizing treatment outcomes and assisting in the development of protocols that focus on best serving patients living with addictions. Amy is an accomplished professional who has received numerous awards for leading innovative projects within our province. In addition to more than fifteen years of clinical experience, policy development, leadership and educational programming, including important work at St. Paul's Hospital, Amy is a founding member and clinician contributor to the USask Chronic Pain Clinic, a pharmacist-led clinic located at the University of Saskatchewan, SPH Foundation is glad to support this educational opportunity and anticipates the positive health outcomes that Amy's increased education will bring to patients and their loved ones in our community.

The RAAM clinic has supported **10,789 visits** from **5457 clients** since February 2020.

Laboratory Medicine

St. Paul's Hospital Laboratory provides services in the departments of Anatomical Pathology, Hematology, Clinical Biochemistry, Transfusion Medicine, Immunodiagnostics, and Histocompatibility and Immunogenetics. The Laboratory is also a transportation hub for the testing and referral of specimens both from within Saskatoon and from rural centers and communities.

In the past year, the Marc Baltzan Histocompatibility and Immunogenetics Laboratory at St. Paul's Hospital has continued to make noteworthy contributions to the field of organ transplantation. We extend our sincere gratitude to Canadian Blood Services for acknowledging our Lab's significant role in the "1000 Kidney Paired Donation" program. Our commitment to public awareness was evident as we actively participated in the "Walk and Talk" event organized by the Move For Life Foundation, raising an impressive \$7,145 to support organ donation education.

Our Lab is pleased to have extended our services to the Saskatchewan Transplant Program and the Saskatchewan Cancer Agency. The Saskatchewan Transplant Program set a new record, with 47 patients receiving transplants this past year; the Saskatchewan Cancer Agency also facilitated 30 stem cell transplants during that time. We are proud to announce the successful completion of an American Society for Histocompatibility and Immunogenetics inspection on May 16th, achieving compliance with all required standards and earning a renewed two-year term of full accreditation. This accomplishment reaffirms our commitment to maintaining the highest levels of professionalism and expertise in our field. Our presence at the annual international American Society for Histocompatibility and Immunogenetics conference in San Antonio, Texas was marked by three talks and two presentations, underscoring our laboratory's reputation on a global scale.

These achievements reflect our unwavering dedication to advancing health care and saving lives through cutting-edge research and clinical excellence.

Donor Support Brings Innovation

Our phenomenally generous donor community has enabled us to provide better patient care with Cellavision, the digital imaging component of Complete Blood Count (CBC) testing. CBC is one of the most common tests requested by physicians. The high-volume Hematology lab at SPH may analyze upward of 1000 CBC tests each day, receiving samples from rural areas as well as from Saskatoon. These tests, depending on results, can lead patients to have further samples sent to the Hematology Lab at SPH. Bringing this state-of-the-art technology to the Lab will significantly reduce turnaround times, allowing test results that previously required 1-4 days for completion to now be finished within hours and quickly communicated to patients' physicians. This means that patients will have their results sooner, whether they live in the city or in a rural setting, saving invaluable time and providing far-reaching positive impacts on health outcomes for those in our province.



End-of-Life Care

St. Paul's Hospital has been leading end-of-life care in Saskatoon since the opening of the city's first Palliative Care Unit at the Hospital in 1990. For as long as we have held Palliative Care as a leadership area,

we have been providing compassionate care to patients and their loved ones, serving them in a manner that addresses the social, emotional, physical, cognitive and spiritual needs of people receiving care at end of life.

397 patients
journeyed through
the Palliative Care
Unit this year



St. Paul's Hospital's Palliative Care Unit

provide support to patients and their loved ones as they receive end-of-life care. Our holistic care approach endeavors to address the needs of the patient while honoring the whole person, rather than only their diagnosis. We partner with other units within our Hospital to serve patients who face life-limiting illness, and work alongside the Hospice at Glengarda and other palliative

care services in the community.

Palliative Care Services at St. Paul's Hospital

works as a holistic team of specialists to

In the past year, we had the opportunity to build on the welcoming environment in our Unit and plan for the future by refreshing patient rooms with significant support from St. Paul's Hospital Foundation. We trialed new beds and settled on a top-of-the-line model for each patient's room. The Art Cart continues to travel the Unit, offering patients the opportunity to select artwork of their choice for their rooms. We also added new sleep beds and furniture for family use. a "tickle trunk" for children who come to visit loved ones, and added a fresh coat of paint to our patient rooms and our hallways. As well, the addition of new storage, renovation of the family kitchen and

revitalization of our volunteer program are in the works. These family and community spaces are integral to those who visit our Unit, and allow for loved ones to spend quality time with patients as well as with one another. This past year, we even hosted a wedding in our Family Room.

We continue to offer holistic programming to patients and families, with full-time Music Therapy coverage now offered on the Unit, Our Palliative Care music therapists do wonderful and important work, facilitating legacy projects such as producing heartbeat recordings of patients that can be overlaid with a patient's favourite song or recording of choice. This year, the Healing Arts Team collaborated to extend the invitation for the Take 5 Music Club to the families of patients staying in Palliative Care. Family members also can access the mobile art workshop when it is offered on the 5th floor common area by our Artist-in-Residence.

Your Support Provides Comfort in our Community

The Palliative Care Unit is deeply thankful for community support that has not only

contributed to our Unit renovations, but also allowed us to purchase items that bring home-like touches to our space such as a fireplace and fresh décor, games and puzzles for our Family Room, a Memory Tree at Christmas, and mini-fridges for each patient's room. Additionally, we were able to enhance the safety of supported patient transfers with the purchase of a "Sara Steady" lift. Donors' generosity has also ensured the continuation of our **Comfort Care Cart**, with food items and beverages served to families by volunteers.

Community donations created the Hospice and Palliative Care Education Fund to support training and education for end-of-life caregivers, and advanced important endowments to support holistic palliative care staffing and programming at St. Paul's Hospital, the Hospice at Glengarda, and in the surrounding community. In 2023, several staff attended the "Physical and Emotional Suffering at End-of-Life" conference in Saskatoon, as well as LEAP™ core training, which builds essential competencies to provide a palliative care approach.



Hospice at Glengarda

The Hospice at Glengarda provides patient-centered, responsive end-of-life care and support, offering each patient and their loved ones the opportunity to live life fully throughout the time that they are with us. We take pride in exceptional teamwork and use an interdisciplinary approach that focuses on holistic patient-centered care.

This year, we welcomed Robin Stahl into the Site Lead Position, and Kristin Hubic as Manager of Patient and Family Relations. We worked to further our collaboration with Community and Acute Care to ensure patients are referred to Glengarda without delay, and receive the support they need at all steps of their palliative journey. We also continued to develop and strengthen our relationships with the community by providing educational opportunities and welcoming nursing students to complete their final practicums at our Hospice. The presence of nursing students at Glengarda has improved the students' awareness of the important work we do, supported inclusion of the palliative care and end-of-life care approaches into nursing curricula, and created learning opportunities for our staff as they learn about new advances in health care from the students.

We were pleased to host Accreditation Canada for completion of a Supplementary Survey of the Hospice in October 2023. We successfully met each standard, demonstrating our commitment to providing safe, high-quality health services. Community donations through St. Paul's Hospital Foundation supported Hospice staff through the Palliative Care Education Fund, which helps staff access training and education such as the **LEAPTM Core Training** offered in 2023.

Thanks to the continued and generous support of our community through SPH Foundation, our Holistic Care Team provides individual programming for patients and their families, offering whatever patients might wish for during their time at the Hospice. Date nights, movie nights in the Multi-Faith Room and a spa outing are just a few examples of experiences the Team facilitated this year. We have also expanded our Life Enhancement and Music Therapy offerings, including incorporating a coffee cart into the mix while offering music and interactive games to patients and their families. Through Creative Arts we have put together an Art Activity Cart, designed for patients and families to access each day and filled with supplies like paints, clay, canvas, and drawing paper. We have also improved upon our Celebration of Life events based on patient and family feedback and new ideas put forward by the Team; we will now host the events four times a year and provide crystal dragonflies to families to celebrate their loved one.

Donor Contributions Change the Landscape of End-of-Life Care

the Hospice at

Glengarda

The Hospice at Glengarda was built by the generosity of donors through their support of the "Close to Home" campaign, and our donor community continues to ensure that all experiences and activities offered at the Hospice remain free of charge to patients and their loved ones. We are deeply grateful to the Knights of Columbus who began sponsoring our Hospitality Cart in 2024, ensuring that visitors have access to snacks and sundry items as needed. Our wonderful donors also ensure that flowers and food remain a part of our "Celebration of Life" events, that Christmas décor adorns the Hospice in December, and that we can purchase comfort and recreation items like a free-standing popcorn-maker for group events.

Through our community-supported Comfort Care Fund, the back entrance to the Hospice has been re-imagined. When patients arrive via ambulance, they are welcomed by a nature scene and floating candles, setting the tone for the compassionate and holistic space they are entering. The front lower patio was also completed this past summer, with a calming firepit area surrounded by thoughtfully planned landscaping and design. The new patio space includes a medicine wheel, and serves as an extension of the adjacent indoor multi-faith room.

Kidney Health Services

Kidney Health programs at St. Paul's Hospital serve the residents of Saskatoon, as well as those living in other communities across the province. St. Paul's Kidney Health Programs, Chronic Kidney Disease Clinics and Community Outreach Programs advance the early identification of kidney disease, and are committed to proactive, compassionate and accessible care that improves health outcomes for our patients.

The SPH Hemodialysis Unit and the Cameco Community Renal Health Centre located across the street from the Hospital provide life-sustaining therapy to patients requiring dialysis. These individuals and their families come to Saskatoon three to four times every week, many travelling long distances to access life-saving care. Through the Kidney Health Clinic, SPH supported 1383 patients in 2023/24 in the areas of in-hospital and home hemodialysis and peritoneal dialysis.

Our collaborative work with other departments in the Hospital is an important part of our practice. This year, we were able to make a significant positive impact on the number of patients requiring peritoneal dialysis catheter inserts by working alongside Diagnostic Imaging and our surgical partners to decrease wait times. Our Hospital's Healing Arts team is also invaluable to our patients, as kidney disease affects all aspects of a patient's health, including emotional and spiritual well-being.

Supporting Community Health

There are an estimated 117,000 people in Saskatchewan who live with chronic kidney disease. Early diagnosis and effective treatment can slow the progression of kidney disease and improve quality of life, helping patients manage their health in their home communities. In the fall of 2023, with the support of St. Paul's Hospital Foundation,

our Kidney Health Teams began the Early Screening and Detection Pilot Program, partnering with a northern community to screen community members for kidney disease and provide education about how to maintain kidney health.

Through St. Paul's Hospital Foundation, the Dialysis Unit also saw the introduction of Patient Porters, support workers who assist kidney health patients with navigating the Hospital and accessing services. Many of them arrive after having travelled from other communities, so when they step through the doors of St. Paul's, they often are tired and on their own. Our Porters have been an invaluable asset to the Unit, assisting patients in getting to their appointments and back to their homeward transportation, and helping them to feel safe and supported during an often stressful time.

SPH Dialysis Unit and Cameco Community Rena Health Unit facilitate **150 dialysis treatments** per day.

The number of patients in Saskatoon and Northern Saskatchewan who require dialysis has increased by 50% percent in 10 years.



Primary Health and Chronic Disease Management

Primary Health and Chronic Disease
Management provides pro-active and
patient-centered education and support
to those living with chronic disease.
The LiveWell Diabetes Program supports
patients of all ages who have been
diagnosed with pre-diabetes, types
1 and 2 diabetes and diabetes in pregnancy.

The **Pediatric Diabetes Team** offers an In-Pregnancy Clinic, an Adult Diabetes Program and Multidisciplinary Diabetes General Adult Clinics. Our **LiveWell Nutrition** individual and group programs and services are also offered to adults for prevention and management of chronic disease.

In 2023-24, the COPD program
continued to support COPD patients in their homes,
at Respiratory Clinics, at the Pulmonary
Rehabilitation Programs and via phone
conversations. The team also continued to provide
education and support to healthcare workers, as
well as patients who have presented to the
Emergency Department or have been admitted to
acute care. Staff continue to utilize and participate
in research, and work with the inter-disciplinary
team to provide comprehensive care to
patients with COPD and empower them
to manage their health.

16 Carol Haanen, Dialysis Patient

A Year in Review

67,430

dialysis treatments delivered by SPH Kidney Health and satellite units.





Average of Building Service Maintenance Requisitions and Energy Center Requisitions completed each week.

40,876 Emergency Room Visits



Admissions onto 5th Medicine, one of 3 SPH Medical Wards

Q = 10 admissions

4.7

kidney transplants supported by the SPH Lab

Environmental Services (Housekeeping)

Bed Turnovers

10,427
Inpatient Admissions



4281

Day Surgery Surgical Cases



St. Pauls Hospital Foundation Highlights

BK Ultrasound and Anesthesia Ventilator Elevate Surgical Robot

In 2023, St. Paul's Hospital Foundation celebrated the 34th year of our signature event, the Mistletoe Charity Ball and Baskets. This year, the Mistletoe Ball and Baskets and the Christmas Dove Letter supported the purchase of a BK Ultrasound System and anesthesia ventilator to utilize alongside our new da Vinci Surgical Robot. The generous donors who responded to the Dove Letter had their kindness amplified by donor Ruby Dyck, who matched gifts received from the community up to \$100,000 with her own phenomenally generous contribution towards the BK Ultrasound.

Highly-trained surgeons at St. Paul's Hospital have been using the da Vinci Surgical Robot, "Daryl", to perform minimally invasive surgeries since November of 2022, with outstanding results. The BK Ultrasound will expand the capabilities of the robot even

further, providing real-time visualization of the targeted area during procedures and leading to even better patient outcomes.

Foundation Draws

Our Foundation Draws provide up to \$150,000 annually to support improved care and services at St. Paul's Hospital. Each year, Hospital employees submit requests to the Foundation for items to enhance patient care or Hospital programs. Thirty-four department requests were funded this past year, including wheelchairs for 6th Medicine, a work station for Health Information Services, portable stairs for Inter-Professional Practice and Physical Therapy, and a new Triage Treatment Chair that will increase patient privacy in the ER.

Love Cart

Thanks to the support of our community, Hospital Administration and Foundation employees have been wheeling a cart loaded with snacks and sundry items throughout Hospital units, distributing them to our wonderful staff as a token of appreciation for their hard work. Staff are very appreciative of the Love Cart, and we are very grateful for the generosity that enables us to show our staff just how thankful we are for all that they do!

Creating a Better Tomorrow through a Planned Gift

A bequest in your Will costs nothing during your lifetime, but provides a lasting legacy that helps to build a bright future for health care in this province. Thank you to our **Spirit of Life** donors and to those considering leaving a bequest to our Foundation; it is your pro-active vision that supports us as we look to a future where innovation in healthcare changes and saves lives. In 2023, **Planned Giving** provided a remarkable \$872,631 to St. Paul's Hospital Foundation.



You Are Our Angels!

Monthly donors are making a significant difference in the health and well-being of our community, and in advancing patient care. In 2023, the **Circle of Angels** programs raised \$50,022 in monthly gifts from donors, staff and physicians. The security of continued support through monthly giving truly is a blessing, and that is why we call our monthly donors "Our Angels."

Endowments

St. Paul's Hospital Foundation Endowments are a wonderful way to make a lasting contribution that provides a sustainable source of funding for various programs and initiatives. Donors can make a gift in support of an existing endowment or can set up a new Named Endowment with a minimum gift of \$25,000. The principal of the gift is held in perpetuity and the interest earned is allocated to a program or need in the Hospital per the wishes of the donor.

We are pleased to manage 20 named endowments that support a range of programs including kidney health, staff education, medical equipment, end-of-life care and other areas of greatest need. We are deeply grateful for the generosity of our donors who have made these endowments possible.

Memorial, Honour and Tribute Gifts

We extend our gratitude to each of our generous donors who made a gift In Memory Of, In Tribute To or In Honour Of a particular person or event. Thank you to those who choose to honour their loved ones in such an impactful and compassionate way. In 2023, we received Memorial and In Honour/In Tribute Gifts totaling \$227,112. For these, we are very grateful.

Gift Shop

St. Paul's Hospital Gift Shop is operated by our Foundation, and provides an important service to patients, staff, and visitors. Gifts, clothing, snacks, daily essentials, lottery tickets and more are available for purchase. In 2023, business significantly increased to levels not seen since before the Covid-19 pandemic, with gross revenue reaching \$191,746. All profits from the Gift Shop stay at St. Paul's Hospital, with proceeds going toward staff professional development.

Finance and Allocations Report

Nicholle Povhe, Treasurer

FINANCE AND ALLOCATIONS

The Audit and Finance Committee is chaired by the Treasurer of SPH Foundation and is responsible for reporting the allocations of the previous year.

With the support of our donors, St. Paul's Hospital Foundation contributed \$3,132,485 to St. Paul's Hospital in 2023 for the following purposes:

	AMOUNT	STATUS
	4000.450	
HLA Lab Transplant Equipment		On-going
Laboratory Pneumatic Carrier System		On-going
Department Purchases ———————————————————————————————————		On-going
Hospice at Glengarda Programming & Equipment		On-going
Vascular OR C-Arm		Complete
Hospice at Glengarda Endowment Distributions	\$ 222,855	On-going
Healing Arts Therapy ————————————————————————————————————		On-going
da Vinci Surgical Robot	\$ 154,000	On-going
Aplio Ultrasound System ————————————————————————————————————		Complete
Catholic Health Administrative Fellow		On-going
SPH Foundation Draws ————————————————————————————————————	\$ 138,435	On-going
Spiritual Care Program ————————————————————————————————————	\$ 100,000	On-going
Automated Cell Imaging Analysis System ————————————————————————————————————	\$ 83,275	On-going
Robert Steane Legacy Fund Distributions ————————————————————————————————————	\$ 82,476	On-going
Community Music Therapy ————————————————————————————————————		On-going
Robert Steane Holistic Research Chair		On-going
Pulmonary Function Test Station ————————————————————————————————————	\$ 66,250	Complete
Pyxis Expansion for Pharmacy ————————————————————————————————————		On-going
Staxi Chairs ————————————————————————————————————	\$ 44,200	Complete
SPH Front Entry Experience	\$ 32,268	On-going
Named Endowment Distributions ————————————————————————————————————	\$ 30,600	On-going
SPH Staff professional development funded by endowment ————————————————————————————————————	\$ 24,192	On-going
Annual Urology Symposium ————————————————————————————————————	\$ 20,572	On-going
Vital Signs Machines for the Emergency Room ——————————————————————————————————	\$ 15,125	Complete
SPH & SPH Foundation Annual Review	\$ 14,126	On-going
Kidney Health – Early Screening Program	\$ 11,603	On-going
Other Programs and Equipment	\$ 64,623	

\$ 3,132,485

Total Allocations to St. Paul's Hospital 1982 to December 31, 2023:

\$89,802,268

Total Distribution from St. Paul's Hospital Foundation in 2023:

\$3,132,485



Summary Financial Statements

of ST. PAUL'S HOSPITAL FOUNDATION, INC. And the Report of the Independent Auditor's on the Summary Financial Statements thereon Year ended December 31, 2023

REPORT OF THE INDEPENDENT AUDITOR'S ON THE SUMMARY FINANCIAL STATEMENTS

To the Board of Directors of St. Paul's Hospital Foundation Inc.

Opinion

The summary financial statements of St. Paul's Hospital Foundation, Inc. (the Entity), which comprise:

- The summary statement of financial position as at end of December 31, 2023
- the summary statement of operations and changes in fund balances for the year then ended
- the summary statement of cash flows for the year the ended
- and related note

are derived from the audited financial statements of St. Paul's Hospital Foundation, Inc. as at and for the year ended December 31, 2023.

In our opinion, the accompanying summary financial statements are consistent, in all material respects, with the audited financial statements, in accordance with the criteria disclosed in the note to the summary financial statements.

Summary Financial Statments

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the Entity's audited financial statements and the auditor's report thereon.

The summary financial statements and the audited financial statements do not reflect the effects of events that occurred subsequent to the date of our report on the audited financial statements.

The Audited Financial Statements and Our Report Thereon

We expressed an unmodified opinion on the audited financial statements in our report dated March 28, 2024.

Management's Responsibility for the Summary Financial Statements

Management is responsible for the preparation of the summary financial statements in accordance with the criteria disclosed in the note to the summary financial statements.

Auditor's Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are consistent, in all material respects, with the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standards 810, Engagements to Report on Summary Financial Statements.

Chartered Professional Accountants

Saskatoon, Canada

May 1, 2024

KPMG LLP

NOTES TO SUMMARY FINANCIAL STATEMENTS

Year ended December 31, 2023

The summary financial statements are derived from the audited financial statements, prepared in accordance with Canadian accounting standards for not-for-profit organizations, as of December 31, 2023 and December 31, 2022 and for the years then ended.

The preparation of these summary financial statements requires Foundation management to determine the information that needs to be reflected in them so that they represent fairly a summary of the audited financial statements.

Foundation management prepared these summary financial statements using the following criteria:

- a) The summary financial statements include a statement for each statement included in the audited financial statements;
- b) Information in the summary financial statements agrees with the related information in the audited financial statements;
- c) Major subtotals, totals and comparative information from the audited financial statements are included; and
- d) The summary financial statements contain the information from the audited financial statements dealing with matters having a pervasive or otherwise significant effect on the summary financial statements.

The audited financial statements of St. Paul's Hospital Foundation Inc. are available on the Foundation website at www.sphfoundation.org or upon request by contacting the Entity.

SUMMARY STATEMENT OF FINANCIAL POSITION

December 31, 2023, with comparative information for 2022

	2023	2022
Assets		
Current assets Investments Cash and investments in trust for designated funds Cash and investments in trust for endowment funds Equipment Intangible asset	\$ 6,425,514 15,887,392 3,365,449 16,089,873 90,398 10,569 \$ 41,869,195	\$ 4,505,942 13,615,299 3,000,200 14,048,266 87,556 - \$ 35,257,263
Liabilities and Fund Balances		
Current liabilities Fund balances	\$ 505,660 41,363,535 \$ 41,869,195	\$ 586,679 34,670,584 \$ 35,257,263

SUMMARY STATEMENT OF OPERATIONS AND CHANGES IN FUND BALANCES

Year ended December 31, 2023, with comparative information for 2022

	2023	2022
Revenue		
Donations	\$ 5,268,695	\$ 4,639,383
Gaming	1,539,190	1,881,078
Events	358,474	228,644
Gift Shop-gross sales	191,746	132,988
Investment income	1,617,121	1,524,160
Fair market value adjustment on investments	3,227,871	(5,629,369)
	12,203,097	2,776,884
Contributions to St. Paul's Hospital	3,132,485	3,218,815
Operating expenses	2,377,661	2,225,271
Excess (deficiency) of revenue over expenses	6,692,951	(2,667,202)
Fund balances, beginning of the year	34,670,584	37,337,786
Fund balances, end of the year	\$ 41,363,535	\$ 34,670,584

SUMMARY STATEMENT OF CASH FLOWS

Year ended December 31, 2023, with comparative information for 2022

	2023	2022
Cash flows from (used in):		
Operations	\$ 3,790,934	\$ 2,372,244
Investing	(1,508,761)	(2,977,688)
Increase (decrease) in cash	2,282,173	(605,444)
Cash, beginning of year	3,564,839	4,170,283
Cash, end of year	\$ 5,847,012	\$ 3,564,839



Inspired to Give

Recognizing donors with cumulative giving to SPH Foundation of \$500 and greater from January 1 to December 31, 2023:

\$1M+

Leslie and Irene Dubé

\$100,000 - \$999,999

Daphne Arnason and Leo Bourass
Estate of Albert Herman Johnson
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Chief, Council and Staff - Whitecap Dakota Nation

Wilco Contractors Southwest Inc.

Richard Longpré and The Hon. Madame Justice Ysanne Wilkinson

William Lang Yip Memorial Fund

LaWanda Wilson Karen and Grant Wright

In Honour Of

Donations made in recognition of the following special people or events from January 1 to December 31, 2023:

Assante Capital Wealth Taso and Caitlin Barlas

Guy and Darleen Belliveau Bethany Manor

Big Block Construction

Madeleine Blais-Dahlem

Lesli and Richard Brayshaw

Lori A. Cline Flath

Heather M. Cline

dd Cocks and Daryl Mitchell

Leslie and Irene Dubé Sharlene Duquette Thomas R. Flath

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Sarah Hope

Sister Teresita Kambeitz

Duane and Sheila Koch

Dr. Gordon Martell

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Irene Ositis-Schmeiser

Maurice and Linda Perih

Real Life Rentals Dr. Sonya Regehr

Amanda Dumont and the OR Staff - Saskatoon City Hospital

Outpatient Department

(Kelly Shawchuk) - Saskatoon City Hospital

Jennifer Solem

Dr. Kishore and Janice Visvanathan

Frederick "Tom" West

In Memory Of

Donations made in memory of your loved ones from January 1 to December 31, 2023:

Orest Arsenie

Theresa Ashmeade Dr. Don Bailey

Melisa Bakos Anne Balaski

L. Glenys Barker Lillian A. Bartlett Dorothy Bell

Jan Bergan

Natalie C. Bohun

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Gayle McCulloch Jeanne McLean

Tai Cheung Ng

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Roy Olson Roman Ong Caroline Onishenko James Orosz

Donald A. and Lois Orr

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Recognizing the forethought of those who have made a provision in their estate plan to leave a gift to St. Paul's Hospital:

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St. Paul's Hospital and its Foundation are honoured to be a part of the community that we serve.

Our relationships and partnerships are what define our approach to health care, and we are guided always by our vision for a community of health, hope and compassion for all. We strive to address unmet needs in our community, and provide holistic and compassionate care to all those who walk through our doors.







St. Paul's Hospital & SPH Foundation 1702 20th Street West, Saskatoon, SK S7M 0Z9

