2

Boldly Leading The Way

Dr. Varun Bathini, Provincial Lead of Surgical Robotics and Assistant Professor with the University of Saskatchewan Department of Surgery beside "Daryl", the da Vinci Surgical Robot







HECUT Milde

Our Commitment

St. Paul's Hospital is situated on Treaty 6 Territory and Homeland of the Métis. We are committed to building relationships and walking together on the journey to address systemic disparities in health experiences and outcomes, and to promote healing and conversation through compassionate service and partnership.



A collaborative piece created by community members in the St. Paul's Hospital Healing Arts Studio.

Emmanuel Health

Since the inception of centralized health care on the Prairies, Catholic health care has boldly led the way. Members of religious orders were the first to establish permanent hospitals in Saskatchewan, and our province has benefited greatly from the mission of those early innovators. From Ile-a-la-Crosse to Estevan, those men and women of faith sought to minister to the sick and dying, and to serve the most impoverished people in their communities.

Emmanuel Health governs St. Paul's Hospital and the Hospice at Glengarda, along with eleven other publicly funded healthcare facilities in Saskatchewan. A St. Paul's Hospital Local Council is appointed as a committee of the Emmanuel Health Board of Directors.

Emmanuel Health Board of Directors 2022–2023

Darryl Bazylak, Chair

Mary Donlevy-Konkin, Vice Chair

Wayne Blazieko, Audit and Finance Committee Chair

David Gibson, Quality and Safety Committee Chair

Pina Melchionna, Governance Committee Chair

Dr. Bruce Berscheid, Board Representative to St. Paul's Hospital Foundation

Don Kindopp, Board Representative to St. Joseph's Hospital Foundation

Terrie Dumelie

Gene Dupuis

Omer Houde

David Patola

Gaetan Piché

Shellyann Schaan

Colette Stang

Janice Therrien

Jean Morrison (Ex-officio), President and CEO until March 31st, 2023

Corey Miller (Ex-officio), President and CEO as of April 1st, 2023

Emmanuel Health President and CEO

Jean Morrison is the outgoing President and CEO of Emmanuel Health with Corey Miller the incumbent, effective April 1st, 2023.





St. Paul's Hospital

(I to r) Gene Dupuis; Tracy Muggli, St. Paul's Hospital Executive Director, Dr. Bruce Berscheid; Maureen Preston, Chair; Dr. Vivian Walker, St. Paul's Hospital Foundation Board Not pictured: Dianne Anderson

St. Paul's Hospital

Established well over a century ago, St. Paul's Hospital continues the legacy of compassionate care initiated by our founders, the Grey Nuns of Montreal. Today, St. Paul's physicians, healthcare workers, staff and volunteers deliver comprehensive, compassionate and holistic health care to the people of Saskatoon and Northern Saskatchewan. In addition to caring for the complex physical needs of our patients, we commit also to meeting their holistic needs by offering care for the mind and the soul.

St. Paul's Hospital operates in a unique partnership with the Saskatchewan Health Authority, providing care, leadership and expertise. We are responsible for the governance and management of the following core programs in our region: Chronic Disease Management, Diagnostic Imaging and Nuclear Medicine, Emergency and Air Ambulance Services, Ethics Services, Kidney Health and Provincial Transplant Services, Laboratory Medicine, Mental Health and Addiction Services, Palliative and Hospice Care, and Spiritual Care.

The Hospice at Glengarda is owned by St. Paul's Hospital and operated by Samaritan Place, another Emmanuel Health facility. St. Paul's Hospital is also home to the Leslie and Irene Dubé Urology Centre of Health and the Saskatchewan Transplant Program.

Our Vision

A community of health, hope and compassion for all. We are inspired by the healing power of God to meet the needs of those served through quality health care and education in collaboration with the Saskatchewan Health

Our Values

- Respect for all
- Collaborative Partnerships
- Compassionate Care Holistic Care
- Stewardship

St. Paul's Hospital Executive Director Tracy Muggli

St. Paul's Hospital Local Council 2022–2023 Maureen Preston, Chair

Dianne Anderson

Dr. Bruce Berscheid

Gene Dupuis

Tracy Muggli, St. Paul's Hospital Executive Director (Ex-Officio)

Dr. Vivian Walker, St. Paul's Hospital Foundation Board (Ex-Officio)

St. Paul's Hospital Foundation

St. Paul's Hospital Foundation believes that the power of generosity saves and changes lives. Founded in 1982, the Foundation advances the Hospital's vision by raising, managing and allocating funds in keeping with donors' wishes. The Foundation seeks progressive and innovative projects that strengthen our Hospital's mission.

St. Paul's Hospital Foundation is governed by a volunteer board that ensures the achievement of the organization's mission through Leadership, Development (Fundraising) and Financial Oversight.

Our Vision

Philanthropic leadership in support of St. Paul's Hospital and the Hospice at Glengarda, as inspired by the spirit of charity and compassion of the Grey Nuns.

Our Values

- Donor-centered Philanthropy
- Accountability
- Community Support
- Partnerships

St. Paul's Hospital Foundation CEO Lecina Hicke

Board of Directors 2022–2023 Dr. Vivian Walker, Chair

Neil Weber, Past Chair Gwen Dueck, Vice Chair Nicholle Povhe, Treasurer Shari Watson, Secretary Chris Boychuk, Director Steeg Holmes, Director Doreen Howlett, Director Ron Hyggen, Director Arlene Jorgenson, Director (retired April 2022) Carmen Levandoski, Director Larry Long, Director

Kevin Sharfe, Director

Dr. Bruce Berscheid, St. Paul's Hospital Local Council (Ex-Officio)

Tracy Muggli, St. Paul's Hospital Executive Director (Ex-Officio)

Lecina Hicke, SPH Foundation CEO (Ex-Officio)



(standing centre l-r) Dr. Bruce Berscheid, St. Paul's Hospital Local Council; Dr. Vivian Walker, Chair

(back row I-r) Ron Hyggen; Chris Boychuk; Larry Long; Shari Watson, Secretary; Carmen Levandoski; Neil Weber, Past Chair; Kevin Scharfe (seated I-r) Nicholle Povhe, Treasurer; Tracy Muggli, St. Paul's Hospital Executive Director; Gwen Dueck, Vice Chair; Doreen Howlett; Lecina Hicke, St. Paul's Hospital Foundation CEO; Steeg Holmes



Message from Emmanuel Health Leadership

For more than a century, Catholic Health Ministry providers have been caring for generations of Saskatchewan families. Today, as part of Emmanuel Health, we continue this longstanding commitment to serving all those within our community. As Emmanuel Health transitions leadership, we are grateful for the opportunity to work alongside one another to ensure proper handover and collaboration in continuing the enduring commitment of Catholic Health Ministry.

As we look back on the 2022-23 year, it is important to recognize that by working together, our teams have made significant progress in serving our communities. Together, we continue to work toward our vision of being "a vital community of health, healing and hope" for all, despite significant challenges including the ongoing disruptions caused by the global pandemic. We are proud of the speed with which our province-wide teams have worked together to adapt to these new challenges, and continued to respond to the unmet needs of those that we serve. Although the pandemic continues, over

time the healthcare system has found ways to lift restrictions, enabling families and friends to rejoin the healthcare team in supporting the care being delivered to those in need.

We anticipate 2023-24 to be another exciting year for us at Emmanuel Health, with many new projects and initiatives that will expand our already strong infrastructure and services. We look forward to partnering with our communities and the St. Paul's Hospital Foundation to deliver the best care and services to meet the healthcare needs of our communities. Our partnerships, in combination with support from the Foundation and community donors, allow us to innovate with state-of-the art healthcare equipment such as the da Vinci Surgical Robot, implemented this past year. It is with deep gratitude that we receive our donors' generosity so that our staff and physicians can improve and enhance the services that we provide.

What can you expect in the future? We will continue to pursue collaborative partnerships that make Saskatchewan a healthier place to live and work. We will seek out innovative ways to deliver quality care where it is needed most. We will draw upon the strengths of our teams and provide them with opportunities for personal and professional growth. Finally, we will continue to embrace our mission of responding to the unmet needs of the vulnerable and the communities that we serve through compassionate and innovative service and partnerships.

We will close by thanking our staff and physicians. Throughout this pandemic you have done not only everything asked of you, but also so much more. You have balanced an extremely heavy load: at once caring for your own families, your communities and our Hospital's patients and families. The entire Emmanuel Health family is profoundly thankful for all you are doing to support our Mission, and is grateful to walk alongside such an amazing team of colleagues. Thank you for the care and compassion that you deliver each and every day to one another and to the communities that we serve.

With our deep gratitude,

Jean Morrison

Outgoing President and Chief Executive Officer of Emmanuel Health

Corey Miller Incoming President and Chief Executive Officer of Emmanuel Health

Message from Hospital and Foundation Leadership

Over a hundred years ago, a small contingent of Grey Nuns made a choice to stay in a city that they were only planning to pass through. Their decision was fuelled by both compassion and courage, and was one that ultimately resulted in our city's first hospital: St. Paul's Hospital. More than a century later, we continue to hold the Grey Nuns' legacy close to our hearts, and do our best to lead with the same sense of compassion and courage that forever changed our community for the better.

Thanks to efforts to address needs and challenges both within our Hospital and also throughout our community, our legacy of leadership continues to be rich. St. Paul's Hospital has been the home of our province's first kidney transplant, the site of our city's first palliative care unit and the driving force behind our province's first freestanding residential hospice. We are home to a diverse and unique holistic care team that facilitates improved patient experiences and opportunities for community engagement through healing art, music and creativewriting therapies. To date, we remain one of the few hospitals in the province offering access to non-denominational spiritual care as an established component of our Hospital's services.

St. Paul's Hospital and its Foundation aim to strategize and innovate together with our dedicated front-line healthcare teams and visionary donors, whose commitments inspire us to dream with confidence, courage and compassion. We celebrate important relationships with Saskatchewan Health Authority and the Ministry of Health, coupled with the guidance of Emmanuel Health, as we move forward toward these strategic and visionary priorities.

It is our sincere pleasure to share with you examples of the innovative steps we have taken, both as Hospital and also as Foundation, to improve the care and experiences within our Hospital to the benefit of the patients and families that we serve. These include the acquisition of the da Vinci Surgical Robot and establishment of a provincial Surgical Robotics Program, the implementation of a pneumatic tube system within our Hospital that enables a dramatic increase in efficiency in the delivery of lab samples and test results, installation of the Pyxis medication-dispensing systems in the Palliative Care Unit to increase pharmaceutical safety and efficiency, as well as the many other examples featured within this year's Annual Review. We have also initiated work that will uphold our values through supporting our community and staff, including the Green Thumb Committee, the Culture Club initiative and the Truth and Reconciliation Committee.

We thank you sincerely for being a part of the St. Paul's Family, and for your continued belief in our vision of providing a community of health, hope and compassion for all. Hand-in-hand we reach for a better future, and step-by-step we contribute time, energy and resources to facilitating our vision.

Lecina Hicke St. Paul's Hospital Foundation CEO

Tracy Muggli St. Paul's Hospital Executive Director

Boldly Leading the Way

SPH was a haven for refugee and displaced doctors during and after World War II, many of whom were fleeing religious persecution.

Hospital Highlights

Mission Office

The Mission Office oversees and serves the departments of Spiritual Care, Spiritual Care Education, the Healing Arts and the Robert Steane Holistic Research Chair. The role of the Mission Office is to ensure all staff have the resources they need to live out the charism, mission, vision and values of St. Paul's Hospital. We coordinate opportunities such as Mission Week and Community Day, and seek to offer encouragement to staff. And while our Hospital is full of life, healing and community, we recognize that those who walk through our doors also may be feeling sadness or fear. Mission Office seeks to engage with these emotions alongside more positive ones, and give patients and families creative and meaningful outlets for any emotions they may experience while they are with us.

Healing Arts

The mission of Healing Arts is to enhance and support the holistic component of care by creating opportunities where patients, families, community and staff can connect and engage in the creative arts to support health and well-being. New programming initiatives this year included creative-writing workshops for staff, music bingo for dialysis patients, and the creation of a Green Thumb Community Committee alongside Hospital and Foundation Leadership to expand awareness of the therapeutic impact green spaces have on well-being and healing.

The Team continued to build relationships in our community and work in collaboration with local organizations such as Core Neighbourhood Youth Co-op, SCYAP, Common Weal Community Arts and Prairie Harm Reduction, as well as facilitating monthly music therapy groups in the community. Members of our Healing Arts Team offer regular workshops to advance understanding of the relationship between health and the arts; support training and mentorship opportunities for healthcare workers, volunteers, and university students; collaborate with faculty and students at the U of S College of Medicine and SaskPolytech Nursing Program to create experiential inservice sessions and placement opportunities; and are visiting speakers at healthcare events and post-secondary institutions.

Estate Gift Supports Innovative Holistic Care Research

St. Paul's Hospital Foundation is grateful for the thoughtful generosity of the late Robert Steane. His phenomenal gift has allowed us to establish the \$3 million Robert Steane Legacy Fund that currently supports both Prairie Hospice Society and St. Paul's Hospital Foundation's areas of greatest need. Robert's generosity has also extended the services of our Music Therapy Program into the realm of dialysis at St. Paul's Hospital, which has had an incredibly positive impact on patients and families.

Further, Robert Steane's legacy gift has facilitated the establishment of the Robert Steane Holistic Care Research Chair, enabling work on qualifying and quantifying the important role and impact of Holistic Care services on the healthcare experience. Because this Chair is the first of its kind in Canada, the findings that emerge will help us to advance awareness and understanding of Healing Arts and Spiritual Care not only in our own community, but nationally as well. Research Chair Simon Lasair has been exploring how best to integrate Spiritual Care and the Healing Arts into front-line health care. Data collection began at both the Hospice at Glengarda and St. Paul's Hospital in late January 2023, with the intention that this data will be available for deeper analysis in Summer 2023.

(above) Lisa Wutch, Music Therapist (I-r) Daniel Macdonald, Writer-in-Residence with Marlessa Wesolowski, Artist-in-Residence

Sr. Emiline Pena of the Grey Nuns, Pastoral Care

Spiritual Care and Spiritual Care Education

Spiritual Care seeks to support all who enter our doors by offering opportunities for patients, families and staff to find meaning and comfort in the manner and form most valuable to them. Because hospital stays can involve unexpected and challenging diagnoses, patients may feel a need for spiritual support to explore and share their feelings. The Spiritual Care Department connects patients and their families with a faith group representative of their choice whenever requested, and also facilitates milestone events such as weddings, baptisms and memorial services.

As well, we have established educational events for Hospital staff and facilitated learning opportunities for medical students. Spiritual Care Education also coordinated a three-part webinar series for continuing education in Spiritual Care in celebration of the 30th anniversary of the Clinical Psychospiritual Education (CPE) program here at St. Paul's Hospital. Over the years, almost 350 students have participated in this program, which prepares Spiritual Care practitioners with the skills required to respond to peoples' spiritual needs in settings such as ours.

Ethics

Ethics Services plays a large role in providing staff, patients and families with the support they need when dealing with challenging health care decisions. This support is provided through both consultations and education programs.

This year, the Emmanuel Health Ethics Committee focused on the social determinants of health, and on ways whereby we can help vulnerable people within our community overcome barriers preventing them from accessing much-needed care. Community Support Helps Healthcare Workers with Ethical Dilemmas

The W.F. Mitchell Bioethics Seminar is a keystone annual event made possible through an endowment bequeathed to St. Paul's Hospital Foundation in memory of the late William F. Mitchell, a local business owner with a strong sense of ethics both in business and in our community.

This year, the Committee invited Dr. Cory Neudorf to give a presentation addressing "Health Inequities in Saskatoon: An Update on Reports & Actions." His reflections on the topic, delivered on November 8th, 2022 and offered both in person and online, addressed barriers within our community that prevent marginalized groups from accessing health care and experiencing positive health outcomes. Dr. Neudorf also reinforced the work St. Paul's Hospital staff do every day to help vulnerable people overcome those barriers, and highlighted how health and community organizations can continue to move forward to improve the wellness of all those that we serve.

Did You Know?

The Spiritual Care Team had 7051 patient, family, and staff interactions in the past year

Emergency Services

As the second largest Emergency Department in Saskatoon, we have been a longstanding point of support for our city and province. The Emergency Department values the contributions of the Rapid Access Addiction Medication (RAAM) Clinic and the Emergency Department Addiction Counsellors (EDAC) Team, both of which are essential pillars of support for our community. These partnerships have provided opportunities for intervention, have increased positive outcomes for each patient who presents to the Emergency Department and have allowed us to better serve our patients living with addictions. The past year offered the opportunity to add a new Nurse Call System to our Department, as well as a newly constructed Protective Services Desk in the central area of our waiting room. Further, our ER staffing complement has been increased, with three additional nurses scheduled on day and night shifts as well as the addition of a part-time Nurse Clinician role.

Donor Support Advances Critical Care

St. Paul's Hospital Foundation's **Cold Hands, Warm Hearts** fundraising campaign, sponsored by Cameco, enabled the ER and other units to distribute warm toques, mitts and hand warmers to community members during bitterly cold times of year. This immediate and highly practical support reinforces St. Paul's Hospital's mission of serving the needs of the most vulnerable in our community.

With help from **St. Paul's Hospital Foundation Draws**, the ER made improvements to their staff break area via new furniture and visual reality headsets that bring the peace and calm of nature to the space. Improving this area facilitates relaxing breaks and supports the wellbeing of our hard-working front-line staff. Foundation funding for our Clinical Nurse Educator enabled her to further her education so as to provide additional support to new ER nurses.

Did You Know?

35,974 patients visited the Emergency Room in 2022, compared to less than 5000 patients in 1957.

(above) Registered Nurse Rob de Vries in discussion with Dr. William Papenfus (left) Dr. Mandeep Ubhi

Diagnostic Imaging and Nuclear Medicine

Diagnostic Imaging and Nuclear Medicine play an important role in both diagnosing and treating the spread of disease. Highly specialized staff use state-of-theart equipment to help identify, analyze, diagnose and treat a wide range of medical conditions, and are an essential part of many patients' healthcare journey.

SPH Diagnostic Imaging fully embraces patient and family-centered care as a fundamental value of the Department. Staff serve the needs of patients while also involving family and support members whenever appropriate. Diagnostic Imaging staff supports patients and families as well as the healthcare team as a whole, often working collaboratively with other teams at the Hospital. As the community emerges from the pandemic, the Diagnostic Imaging team has used the experience of recent years to inform the delivery of services moving forward. Staff have remained strong and resilient, and look forward to the bright days ahead.

MRI Upgrades Secure the Future

As technology advances, so does the need for updating and replacing the imaging systems in Diagnostic Imaging. With funding made possible by generous donations, the Department is excited to pursue state-of-the-art upgrades to our MRI Scanner (originally installed at the Hospital in 2008). Upgrading its technology will have an immediate, positive impact

on patient care by significantly reducing patient exam duration. Consequently, more patients will be served in less time, helping to address the expanding MRI wait list. Diagnostic imaging is a constantly advancing field, and updating equipment as technology progresses allows patients to have the most accurate diagnoses and best possible treatment options during their Hospital visit.

Boldly Leading the Way

SPH has had X-Ray equipment since November of 1913.

Did You Know?

SPH Diagnostic Imaging sees approximately 52,000 patients a year, and performs 65,000 diagnostic and therapeutic exams.



Mental Health and Addiction Services

Mental Health and Addiction Services (MHAS) provides a range of services including individual, group and family therapies for clients of all ages who face challenges involving mental health and addictions. The demand for service has increased since the pandemic began, and we are using our resources as efficiently as possible to provide immediate and compassionate care.

The Brief and Social Detox Unit returned to full capacity in spring 2022, after running at 50% capacity throughout most of the pandemic in order to reduce the risk of Covid-19 transmission. We continue to work diligently to support clients requiring detoxification services, ensuring that their unique needs are met and reducing the frequency with which they need to access Emergency Departments.

> Operational since February 2020, the Rapid Access Addiction Medicine (RAAM) clinic at St. Paul's provides clients with immediate access to addiction care, offering both medicationbased

and psychosocial interventions to ensure a holistic approach to addressing substance use disorders.

On August 31, 2022 a number of teams within MHAS (including the Opioid Assisted Recover Services team [OARS], RAAM and the **Emergency Department Addiction Counsellors** [EDAC]) participated in the International Overdose Awareness Day at the OARS office in our neighbourhood. This event honored the lives of those lost to overdose, supported the loved ones they have left behind, raised awareness, provided education, aimed to reduce stigma, and recognized the ongoing efforts made to reduce overdoses in our community. The staff from MHAS provided Take Home Naloxone Training and Kits, and provided education regarding opioids and overdoses and resources for those needing support.

Overdose Outreach Teams (OOT) were launched in both Regina and Saskatoon in December 2022. These teams connect people who have recently experienced an overdose with supportive programs and services in the community. The teams are part of a pilot project to help individuals reduce their risk of overdose and other drug-related harms. Mental Health and Addictions Services clinical staff work alongside primary care health paramedics from the Regina Fire and Protective Services and the Saskatoon Fire Department to provide support to individuals who have recently experienced an overdose. The outreach teams have brought awareness of this new pilot to healthcare staff and professionals in SHA, and have worked to engage with community partner agencies and organizations such as Medavie and Saskatoon Police Services.

Generosity Powers Education

In February 2022, SPH Foundation was delighted to support Dr. Victoria Tian with a Fellowship Grant to study Addictions Medicine through the British Columbia Centre on Substance Use at the University of British Columbia. Receiving funding from the Foundation meant that Dr. Tian could learn from leading experts in Addictions Medicine, a growing field focused on compassion, recovery and evidence-based care. Dr. Tian has recently returned to St. Paul's Hospital to share her new knowledge, expertise and experience to the benefit of our community.

Did You Know?

The RAAM clinic has supported more than 11,197 visits from 2180 clients since February 2020.

Laboratory Medicine

St. Paul's Hospital Laboratory provides services in the departments of Anatomical Pathology, Hematology, Clinical Biochemistry, Transfusion Medicine, Immunodiagnostics and Histocompatibility, and Immunogenetics. The Laboratory provides services for our surrounding communities, and is a transportation hub for the testing and referral of specimens from both within Saskatoon and also rural centers in Northern Saskatchewan. Our Immunogenetics Division and Tranfusion Medicine Division are excellent examples of our leadership within the province. Our work in Immunogenetics and Histocompatibility is essential to the Saskatchewan Transplant Program, and our Tranfusion Medicine Division assists approximately 150 Prince Albert patients each month with vital prenatal testing.

The previous Human Leukocyte Antigen (HLA) lab name has now been changed to "Histocompatibility and Immunogenetics Laboratory (HIL)." This important change reflects the Lab's increased scope of service, which now supports all organ and bone marrow transplantation. In addition, HIL covers tests that study how a person's genes affect their response to pharmaceuticals and how the body processes these pharmaceuticals. We are excited to announce that we are the first Canadian clinical lab to use a technique called NGS (next-generation sequencing) for Chimerism testing. Chimerism testing involves analyzing a patient's blood samples for unique genetic markers to determine the proportion of donor and recipient cells present in the body. We are now able to complete this monitoring in-house, which increases our accuracy, decreases turnaround time, and improves patient health and safety.

Donor Support Brings Innovation

The Laboratory has benefited greatly this year from community support through St. Paul's Hospital Foundation. A donorsupported pneumatic tube system will soon be implemented within our Hospital, allowing for much quicker in-house delivery of lab samples and test results, freeing up additional time for staff to spend with patients. Foundation support also provided the Lab with numerous pieces of state-ofthe-art equipment (Luminex, Robosep, a tape station and an EZ2 DNA extractor), enabling improved and more accurate test results in a manner that is safer and more efficient for our employees. The Lab was also thrilled to receive funding from the Foundation to purchase a new glassware and lab-ware washer, which has greatly improved efficiencies and workflow.

Leading the Way The first lab at SPH, run by just one person, began in

the early 1920s.

Boldly

Boldly Leading the Way

SPH teams helped to perform the first kidney transplant in Saskatchewan in 1960.

Kidney Health and Provincial Transplant Services

Kidney Health Programs at St. Paul's Hospital serve the residents of Saskatoon and also of Central and Northern Saskatchewan. Care and support are provided at our Hospital and within communities across the province. St. Paul's Kidney Health Programs, Chronic Kidney Disease Clinics and the Community Outreach Programs advance early identification of kidney disease. This year, we were pleased to support the opening of a new Hemodialysis Unit in Meadow Lake, slated to open in early 2023.

We are mindful that many of those we serve belong to marginalized groups, and we recognize how this has led to unmet needs in the area of Kidney Health. To bridge these gaps, our intention is to provide a voice to these patients and to focus on providing compassionate and accessible care that puts patients and families first.

Kidney disease affects all aspects of a patient's health: physical, emotional, psychological and spiritual. For this reason, our Hospital's Healing Arts team is invaluable to our kidney health patients, as is our collaborative work with our Hospital's other leadership areas.

The SPH Hemodialysis Unit and the Cameco Community Renal Health Centre across the street from the Hospital provide lifesustaining therapy to as many as 284 people each week. These individuals and their families come to Saskatoon three times every week, from as far away as Ile-a-la-Crosse. SPH's Peritoneal Dialysis and Home Hemodialysis programs currently support 117 individuals in performing dialysis in their homes, allowing them to remain in their home communities, continue to work, and to play an important role in managing their own health. We also support 18 home hemodialysis patients and 731 patients through our Chronic Kidney Disease Clinic.

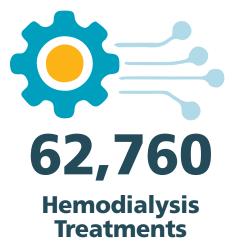
Primary Health and Chronic Disease Management

Primary Health and Chronic Disease Management provides education and support to those living with chronic disease. The **Chronic Obstructive Pulmonary Disease** (COPD) Program ensures appropriate support, referrals, and the best care possible to improve clients' understanding of their illness, reducing the need for visits to the hospital and improving their overall quality of life. Our staff also participates in research, engages in collaborative work and attends Saskatchewan Health Authority's Cultural Conversation events to enhance our collective understanding and individual responsibility to Truth & Reconciliation.

The LiveWell Diabetes Program provides

support to children, adults and families with pre-diabetes, type 1 and 2 diabetes and diabetes in pregnancy. Programs and services include individual consultations, group education and exercise, and clinics. The Pediatric Diabetes Team, Diabetes in Pregnancy Clinic, Adult Diabetes Program, and Multidisciplinary Diabetes General Adult Clinics each aim to provide proactive and patient-centered care to community members living with diabetes, and to offer services through a variety of modalities. LiveWell Nutrition programs and services are also offered to all adults for prevention and management of chronic disease, and include individual nutrition counselling and group education classes.

A Year in Review



at St. Paul's Hospital, Cameco Community Renal Health Centre, Royal University Hospital, Tisdale, Prince Albert, North Battleford and Meadow Lake. 286,859 Patient Trays

delivered by Nutrition and Food Services



13,376 Washer Loads

of instruments/utensils cleaned by the Medical Device Reprocessing Department



3,252 Inpatient Surgical Cases









End-of-Life Care A Comprehensive Approach

St. Paul's Hospital has been leading end-of-life care in Saskatoon for more than a quarter of a century since the opening of the first Palliative Care Unit at St. Paul's Hospital in 1990 and the construction of Saskatchewan's first free-standing residential hospice, the Hospice at Glengarda, in 2021. For as long as St. Paul's Hospital has held Palliative Care as a leadership area, we have been providing compassionate care to patients and their families, serving them in a manner that addresses the social, emotional, physical, cognitive and spiritual needs of people living with life-limiting illness.

St. Paul's Hospital's Palliative Care Unit

Our holistic and interdisciplinary approach optimizes quality of life at end of life. Palliative Care Services works as a team of specialists to provide an extra layer of support to both patients and their families as they face requiring end-of-life care. Our holistic care approach endeavors to address the needs of the patient while honoring the person, rather than only their diagnosis.

This past year, the team on our Palliative Care Unit at the Hospital worked hard to bring home-like touches to the Unit, and were excited to be able to once again open the kitchen and library areas for use by patients and families and to offer welcoming touches such as cookies baked and served by volunteers.

Your Support Provides Comfort

We are deeply thankful for community support, which has funded the purchase of items including fridges and art-hanging systems for each patient room, a tea cart with food items and beverages served to families by volunteers, an Art Cart brought to patients that allows them to choose art to display in their rooms, and software advancements to the virtual window in our spa room, where patients can enjoy the healing sights and sounds of nature while in the whirlpool bath. We also were able to purchase items for our family day rooms and kitchen, including lamps, children's toys, coffee and condiments, and a new piano for patient and family use.

Funds were recently raised for a Vocera paging system, a real-time voice communication system designed to keep mobile healthcare staff connected within the Hospital. This system will be installed in the coming year.

Community donations created the Palliative Care Education Fund to support training and education for end-of-life caregivers. and advanced important endowments to support holistic palliative care staffing and programming at St. Paul's Hospital, the Hospice at Glengarda, and in the surrounding community. This year, St. Paul's Hospital and St. Paul's Hospital Foundation served as lead sponsors for the Saskatchewan Hospice Palliative Care Conference hosted on June 9th and 10th at the Western Development Museum in Saskatoon. Titled "Medicine for your Mind, Body and Soul," the conference welcomed over 250 participants from across Canada and featured an impressive lineup of keynote speakers including

Dr. Harvey Chochinov, Dr. Srini Chary and our own Dr. Vivian Walker. Dr. Walker serves as a SHA Palliative Care physician, a St. Paul's and Hospice MD leader, and sits on the SPH Foundation Board of Directors.

Hospice at Glengarda

The Hospice at Glengarda provides patientcentered and responsive end-of-life care and support, offering each patient and their family the opportunity to live life fully throughout the time that they are with us. We are immensely proud to be the first freestanding hospice in the province, and to serve as an example for future iterations of hospice care.

This year, we received Leading Practice designation from Accreditation Canada for our Holistic Care Team. Our Spiritual Care Practitioner, Music Therapist, Creative Arts Coordinator and Life Enhancement Guide work alongside our Social Worker, Registered Nurses, Licensed Practical Nurses, Physicians, Care Partners and many behind-the-scenes staff to holistically care for our patients and their families.

On January 28, 2023, we commemorated our second anniversary of Hospice operations. We are excited to be expanding volunteer programming, enhancing building access, participating in events such as the Saskatchewan Hospice Palliative Care Association conference and Hike for Hospice, developing additional culturally inclusive spaces, and initiating the process of increasing the length of stay for patients. We hosted health care professional education on optimal approaches to palliative care (LEAP training), and are preparing to welcome many students into our facility this year including community paramedics, registered nurses, psychiatric nurses and social work students.

Donor Contributions Change the Landscape of End-of-Life Care

The Hospice at Glengarda was built through the generosity of donors who supported the Close to Home Campaign. Through this campaign, we developed a Palliative Care Education Fund and created the Leslie and Irene Dubé Holistic Care Endowment, which supports holistic end-of-life care staffing and programming both now and into the future. We are also thankful for the Orano Canada Endowment for its support of staff and volunteer culturally responsive training as it relates to end-of-life care, and for the Mike and Jennie Riehl Memorial Endowment Fund to advance professional development scholarships for staff and/or volunteers at the Hospice.

Throughout the past year our donorsupported Comfort Care Fund was utilized for many meaningful projects and items including creative materials used for legacy projects such as memory boxes, hand-casting supplies and time capsules. Through this fund, we also were able to meet patients' requests such as the purchasing special food items, facilitating milestone events and family dinners and creating themed carts for holidays such as our "Doughnuts for Dads" cart on Father's Day. This fund further continues to provide program supplies for our Holistic Care Team, enabling the purchase of items that include gardening supplies, décor, and provisions for our Hospitality Cart, which is available to all patients and families. We also were able to create a library space within the living room, an herb garden, and a baking cabinet filled with supplies. Each of these pieces are important to creating a comforting, homelike environment for those who enter our doors. We truly are grateful to all those donors who support our Comfort Care Fund.

Above: Rosario Asegurado, Care Partner Right: I-r) The Holistic Care Team: Monique Blom, Creative Arts Coordinator; Ana Gheyssen, Spiritual Care Practitioner; Holly Sander, Life Enhancement Guide; Michaela Olson, Music Therapist

Did You Know?

Over 331 patients and families have journeyed through the Hospice at Glengarda. Dr. Varun Bathini, Provincial Lead of Surgical Robotics and Assistant Professor with the University of Saskatchewan Department of Surgery uses the da Vinci Surgical Robot at St. Paul's Hospital

St. Paul's Hospital Foundation Highlights

da Vinci Surgical Robot

Thanks to the remarkable generosity of our community, St. Paul's Hospital Foundation raised **\$1.5 million** in just four short months to support the purchase of our province's very first surgical robot. An inspiring lead gift was received from the Merlis Belsher Family, alongside remarkably generous major gifts from Kinsmen Foundation, Minogue Medical, Ruby Dyck, Suer and Pollon Mechanical, and North Prairie Developments.

The Belsher Family also inspired our community to give by generously donating a matching gift for our spring Seeds of Hope letter appeal, with the mailing raising a total of **\$253,242**.

Our Foundation and Hospital were very pleased to partner with Saskatchewan Health Authority and the Ministry of Health on this project. The Ministry of Health provided an important **\$1 million dollar** investment to support the purchase of the Robot. We are grateful to the leadership of Dr. Bathini in advancing a Surgical Robotics Program for the province, alongside guidance and direction from Dr. Mendez, Dr. Spafford and countless other physicians, health care providers and SHA administrative staff to combine expertise in acquiring and in seamlessly integrating this new technology into our health care system in record time.

Since September 2022, this cutting-edge robotic technology has been used to perform over 130 procedures, resulting in reduced recovery times and minimized complications for patients. As a result, and importantly, surgical waiting times have been reduced. The Robot, affectionately named "Daryl" in honour of the late Daryl Belsher, is currently supporting urological, gynecological and thoracic procedures, with intended future expansion to ear, nose and throat procedures such as head and neck cancers. The da Vinci Robot acquisition marks a significant milestone for St. Paul's Hospital, further strengthening our commitment for provision of world-class care to our patients and serving as an example of the phenomenal accomplishments made possible through strong partnerships.

You Are Our Angels!

Monthly donors are making a significant difference in the health and well-being of our community, and in advancing patient care. In 2022, the Circle of Angels programs raised **\$50,160** in monthly gifts from donors, staff and physicians. The security of continued support through monthly giving truly is a blessing, and that's why we call our monthly donors "Our Angels."

Endowments

St. Paul's Hospital Foundation Endowments are a wonderful way to make a lasting contribution that provides a sustainable source of funding for a number of programs and initiatives. Donors either can make a gift in support of an existing endowment, or can set up a new Named Endowment with a minimum gift of \$25,000. As per donor wishes, the principal of the gift is held in perpetuity and the interest earned is allocated to a program or need in the Hospital. We are proud to manage 23 endowments that support a range of programs including staff education, Saskatchewan Polytech nursing education, kidney health, medical equipment, end-of-life care and other areas of greatest need. We are deeply grateful for the generosity of our donors who have made these endowments possible.

Memorial, Honour and Tribute Gifts

We salute all of you who made a gift in memory of, in tribute to or in honour of a particular person or event. In 2022, we received Memorial Gifts totaling **\$466,608** and In Honour/In Tribute Gifts totaling **\$10,090**. For these, we are very grateful.

Foundation Draws

Our Foundation Draws provide up to \$125,000 annually to support improved care and services at St. Paul's Hospital. Each year, Hospital employees submit requests to the Foundation for items to enhance patient care or Hospital programs. Funded items this past year included a ride-on scrubber for Environmental Services, ergonomic workstations for Medical Device Reprocessing and bariatric wheelchairs for the 5A Medicine Ward, to name only a few.

Love Cart

Thanks to your support, Hospital Administration and Foundation employees have been wheeling a cart loaded with snacks and sundry items throughout Hospital units, distributing them to our wonderful staff as a token of appreciation for their hard work.

SABEX Awards

St. Paul's Hospital Foundation was the proud recipient of the SABEX 2022 Award for Community Impact, in recognition of our wonderfully successful Close to Home Campaign. Board and Staff attended the awards Ceremony on October 13, 2022 at TCU Place, and CEO Lecina Hicke accepted the award on behalf of the Foundation.

Creating a Better Tomorrow through a Planned Gift

A bequest in your Will costs nothing during your lifetime but can go on to provide a lasting legacy and assure a bright future for health care in this province – a future in which life-saving programming and medical equipment changes and saves lives. Thank you to our Spirit of Life donors and those considering leaving a bequest to our Foundation. In 2022, Planned Giving provided a remarkable **\$1,291,401** to St. Paul's Hospital.

Gift Shop

St. Paul's Hospital Foundation's Gift Shop provides an important service to patients, visitors and staff. Day-to-day essentials, gifts, clothing, snacks and more are available for purchase. This fall, the Gift Shop was excited to welcome back long-term dedicated volunteers and part-time staff, and to once again open its doors on Saturdays.

Did You Know? The total allocations to St. Paul's Hospital since 1982 is: \$86,669,784



SPH Foundation Finance and Allocations Report

NICHOLLE POVHE, TREASURER

The Audit and Finance Committee is chaired by the Treasurer of SPH Foundation and is responsible for reporting the allocations of the previous year.

With the support of our donors, St. Paul's Hospital Foundation contributed \$3,218,815 to St. Paul's Hospital in 2022 for the following purposes:

| da Vinci Surgical Robot | \$730,000 |
|--|-------------|
| Laboratory Pneumatic Carrier System | \$259,431 |
| Named Endowment Distributions | \$234,787 |
| Hospice at Glengarda Programming & Equipment | \$233,361 |
| Central and Bedside Monitoring System | \$225,282 |
| Perioperative Echocardiography Ultrasound | \$174,000 |
| Healing Arts Therapy | \$170,235 |
| Hospice at Glengarda Endowment Distributions | \$156,000 |
| Catholic Health Administrative Fellow | \$140,000 |
| Department Purchases | \$130,975 |
| Spiritual Care Program | \$100,000 |
| Kidney Health – Dialysis Chairs & Beds | \$99,147 |
| Palliative Pyxis | \$88,367 |
| Community Music Therapy | \$79,818 |
| SPH Foundation Draws | \$68,022 |
| Holistic Care Research | \$66,526 |
| SPH Front Entry Experience | \$45,788 |
| Kidney Health – Early Screening Program | \$45,562 |
| Roche Pluggo Decapper | \$26,773 |
| Laboratory Glassware Washer | \$25,329 |
| Fellowship in Addictions Medicine | \$25,000 |
| Covid 19 Hospital Relief | \$18,303 |
| Annual Urology Symposium | \$17,945 |
| SPH & SPH Foundation Annual Review | \$11,689 |
| Other programs and equipment | \$46,475 |
| Total | \$3,218,815 |
| | |

SPH Foundation Independent Auditor's Report

REPORT OF THE INDEPENDENT AUDITORS ON THE SUMMARY FINANCIAL STATEMENTS

To the Board of Directors of St. Paul's Hospital Foundation, Inc.

Opinion

The summary financial statements of St. Paul's Hospital Foundation, Inc. (the Entity), which comprise:

- The summarized statement of financial position as at end of December 31, 2022
- The summarized statement of operations and fund balances for the year then ended
- The summarized statement of cash flows for the year the ended
- and related notes.

are derived from the audited financial statements of St. Paul's Hospital Foundation, Inc. as at and for the year ended end of December 31, 2022.

In our opinion, the accompanying summary financial statements are consistent, in all material respects, with the audited financial statements, in accordance with the criteria disclosed in the note to the summary financial statements.

Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the Entity's audited financial statements and the auditor's report thereon.

The summary financial statements and the audited financial statements do not reflect the effects of events that occurred subsequent to the date of our report on the audited financial statements.

The Audited Financial Statements and Our Report Thereon

We expressed an unmodified opinion on the audited financial statements in our report dated March 23, 2023.

Managements' Responsibility for the Summary Financial Statements

Management is responsible for the preparation of the summary financial statements in accordance with the criteria disclosed in the note to the summary financial statements.

Auditors' Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are consistent, in all material respects, the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standards 810, Engagements to Report on Summary Financial Statements.

KPMG LLP

Chartered Professional Accountants Saskatoon, Canada May 9, 2023

Notes To Summary Financial Statements:

The summary financial statements are derived from the audited financial statements, prepared in accordance with Canadian accounting standards for not-for-profit organizations, as of December 31, 2022 and December 31, 2021 and for the years then ended.

The preparation of these summary financial statements requires Foundation management to determine the information that needs to be reflected in them so that they represent fairly a summary of the audited financial statements.

Foundation management prepared these summary financial statements using the following criteria:

(a) The summary financial statements include a statement for each statement included in theaudited financial statements;

(b) Information in the summary financial statements agrees with the related information in theaudited financial statements;

(c) Major subtotals, totals and comparative information from the audited financial statements areincluded; and

(d) The summary financial statements contain the information from the audited financial statements dealing with matters having a pervasive or otherwise significant effect on the summarized financial statements.

The audited financial statements of St. Paul's Hospital Foundation Inc. are available on the Foundation website at www.sphfoundation.org or upon request by contacting the Organization.



SUMMARIZED STATEMENT OF FINANCIAL POSITION

December 31, 2022, with comparative information for 2021

| | 2022 | 2021 |
|---|--|---|
| Assets | | |
| Current assets Investments Cash and investments in trust for designated funds Cash and investments in trust for endowment funds Equipment | \$ 4,505,942 13,615,299 3,000,200 14,048,266 87,556 | \$ 4,505,426 14,725,633 - 18,631,273 14,209 |
| | \$ 35,257,263 | \$ 37,876,541 |
| Liabilities and Fund Balances | | |
| Current liabilities Fund balances | \$ 586,679 34,670,584 | \$ 538,755 37,337,786 |

SUMMARIZED STATEMENT OF OPERATIONS AND FUND BALANCES

Year ended December 31, 2022, with comparative information for 2021

| | 202 | 2 | 2021 |
|--|--------------|------|------------|
| Revenue | | | |
| Donations | \$ 4.639.38 | 3 \$ | 6.197.504 |
| Gaming | 1,881,07 | | 2,224,731 |
| Events | 228,64 | | 149.025 |
| Gift Shop-gross sales | 132,98 | | 92,759 |
| Government grants | , | | 322.084 |
| Investment income | 1,524,16 | 0 | 2,026,475 |
| Fair market value adjustment on investments | (5,629,36 | 9) | 1,093,958 |
| 1 Alexandre and a second s | 2,776,88 | 4 | 12,106,536 |
| Contributions to St. Paul's Hospital | 3,218,81 | 5 | 3,930,169 |
| Operating expenses | 2,225,27 | | 1,892,439 |
| | | | |
| (Deficit) excess of revenue over expenses | (2,667,20 | 2) | 6,283,928 |
| Fund balances, beginning of the year | 37,337,78 | 6 | 31,053,858 |
| | | | |
| Fund balances, end of the year | \$ 34,670,58 | 4 \$ | 37,337,786 |

SUMMARIZED STATEMENT OF CASH FLOWS

Year ended December 31, 2022, with comparative information for 2021

| | 2022 | 2021 |
|--|--------------------------|-------------------------|
| Cash flows from (used in): Operations | \$2,372,244 | \$5,275,800 |
| Investing Increase (decrease) in cash | (2.977.688) (605,444) | (5,344,310) (68,510) |
| Cash, beginning of year | 4.170.283 | 4.238.793 |
| Cash, end of year | \$3,564,839 | \$4,170,283 |



35,257,263 \$ 37,876,541

\$

Inspired to Give

Sibyl Duncan

Durette Family

Recognizing donors with cumulative giving to SPH Foundation of \$500 and greater from January 1 to December 31, 2022 Please note: gifts listed below are representative of one-time gifts and pledged commitments to the Foundation.

\$1M+

Estate of Anne Kearnan

\$100,000 - \$999,999

Kinsmen Foundation Minogue Family Ruby Dyck

\$25,000 - \$99,999

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- Estate of Stuart Warren Young Family

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