

The Spirit



FALL NEWSLETTER
September 2015

SPECIALIZED EQUIPMENT IN THE HANDS OF PHYSICIANS

*Improving patient care at
St. Paul's Hospital*

THE EXCITEMENT OF THE SPH FOUNDATION DRAWS

*Granting wishes brings smiles to
physicians and employees*

THE BERSCHEIDS

Mission in Action at St. Paul's Hospital

Dr. Rick Jaggi
Head and Neck Surgeon,
Facial Plastic Surgeon,
Otolaryngologist

St. Paul's Hospital Foundation
sphfoundation.org *Give Generously*

MUCH TO CELEBRATE

SPH Foundation held our annual general meeting on April 23. In addition to fulfilling the business requirements of our Foundation, it was also a time to celebrate our 2014 achievements. Through the generosity of our donors SPH Foundation raised \$5,397,747 last year, and just wait to see, in the following pages, what great good we were able to do with those donations! This issue of The Spirit will highlight many of the important equipment purchases we made in 2014.

Each June, we hold the SPH Foundation Draws, an exciting ceremony at which we "give away" \$100,000. Hospital departments submit applications to SPH Foundation for equipment and other requests for which no other source of funding is available. On that special day, in front of Hospital staff and visitors, our Board members make draws from the drum of applications until the \$100,000 is allocated. We find it very rewarding to hear shouts of excitement from staff and managers when their project is drawn! This year the Draws supported 33 unique projects in our Hospital.



Bruce Acton, CFRE
CEO, St. Paul's Hospital Foundation

SPH FOUNDATION BOARD OF DIRECTORS 2015-2016



Standing centre (l-r) Bob Kirkpatrick (SPH Board Chair) and John Agioritis (SPH Foundation Board Chair)

Seated (l-r) Melanie Hilkewich, Alan Koop, Darlene Cooper (Secretary), Neil Weber

Back row (l-r) Dr. Arne Paus-Jenssen, Barb Berscheid, Jean Morrison (SPH President and CEO), Bruce Acton (SPH Foundation CEO), Colleen Cameron-Bergan (Past Chair), Dr. Vivian Walker, Mercedes Montgomery
Missing Chris Boychuk (Vice-Chair), Denise Frey (Treasurer)

On April 23, John Agioritis was appointed St. Paul's Hospital Foundation Volunteer Board Chair. A graduate of the University of Saskatchewan, John is an engaged community volunteer and leader and is a partner with MacPherson, Leslie & Tyerman.



John Agioritis

MEETING PATIENT NEEDS WITH SPECIALIZED EQUIPMENT



Dr. Rick Jaggi using St. Paul's Hospital's new Ear, Nose and Throat CO₂ Laser purchased with proceeds from the 25th anniversary Mistletoe Ball

Foundations play an important role in delivering quality health care. Essential patient care items and operational costs can quickly eat up health care budgets, leaving precious little for large projects, including the acquisition of new technologies and other innovations.

That's why, when our Foundation met with health care professionals to discuss our Hospital's needs, the conversation naturally turned to strong impact projects with capacity to bring about significant positive change at St. Paul's.

If you are familiar with the history of St. Paul's Hospital, you know that the pioneering spirit has always been part of the fabric of our environment. Ask a surgeon what he or she likes about our Hospital, and you often will hear a response that speaks of an attitude that embraces teamwork, innovation, and doing everything it takes to ensure the

patient is well cared for. So, despite a challenging focus to raise funds for a new SPECT-CT at St. Paul's, our Foundation also resolved to raise additional funds for other leading-edge, specialized equipment.

Through the strong and unwavering generosity of our donors, we are pleased to report the additional goals have been met and over \$800,000 has been raised in support of the five new pieces of specialized equipment, described on the following two pages. We are grateful to the physicians who met with donors and staff, participated in the "Help Us Help You" marketing efforts and attended events to explain the impact this advanced equipment will have on patient care. Most importantly, we are very grateful to the generosity of the donors who contributed toward the purchase of this equipment, most of which is already in use at St. Paul's Hospital.

DR. RICK JAGGI

Dr. Rick Jaggi, Head and Neck Surgeon, Facial Plastic Surgeon and Otolaryngologist, is one of the many surgeons at St. Paul's whose work has been positively impacted by the generosity of our donors. Dr. Jaggi shows an obvious and endearing passion both for his work and for the future of health care in our Region.

One of the organizers of the province's first "Manuary" event (a beard growing fund raising contest that raised \$26,200 in support of head and neck cancer research), Dr. Jaggi believes fund raising to be an excellent tool to raise awareness. "The prevalence of head and neck cancer is on the rise due to HPV (Human Papilloma Virus). Better awareness helps to ensure early diagnosis and treatment options, and sheds light on the vaccinations that are available to counteract HPV," he says.

Born and raised in Halifax, Dr. Jaggi earned his medical degree at Dalhousie University and completed his Fellowship in Head and Neck Oncology, Endocrine Surgery, Facial Plastics and Microvascular Reconstruction in Auckland, New Zealand. Recruited to the Saskatoon Health Region in 2012 by the Department of Surgery, Dr. Jaggi comments that he enjoys working in a field that is always "pushing the envelope" with new minimally invasive techniques.

When asked what he likes best about working at St. Paul's Hospital, he replied: "I enjoy the 'Let's get it done' attitude of the staff and people here are not afraid to take on new challenges. We recently started doing a procedure that had never been done in this Hospital before, and not a single person said 'No' to me – everyone embraced the idea."

Dr. Jaggi and his wife Sharmi live in Saskatoon with their two young children, Luka and Mila, and a dog named Bishop.

EAR, NOSE AND THROAT CO₂ LASER



Dr. Rick Jaggi and his fellow surgeons are pleased to have a new Ear, Nose and Throat (ENT) CO₂ Laser in place at St. Paul's Hospital. This equipment enables minimally invasive treatment options for head and neck cancers, and can remove early-stage cancer in as little as a single procedure. By replacing dozens of rounds of radiation treatment, we can offer an improved patient experience and realize significant cost savings.

MINI-C ARM X-RAY SCANNER



Thanks to our donors, a Mini-C Arm X-Ray Scanner will soon be a reality at St. Paul's. For surgeons like Dr. Chris Thomson (Plastic, Reconstructive and Microsurgery), this device will enable assessment and treatment of smaller injuries under local anaesthetic in a fraction of the time previously necessary for the same procedures.

PORTABLE VASCULAR DOPPLER ULTRASOUND AND RADIOFREQUENCY ABLATION



Vascular and Endovascular Surgeon Dr. Kylie Kvinlaug and colleagues are thrilled with the new portable Vascular Doppler Ultrasound and Radiofrequency Ablation equipment, used to diagnose and treat varicose veins. Surgical removal of a varicose vein will rarely be necessary, providing surgeons the option to perform Radiofrequency Ablation and Foam Sclerotherapy on the vein. The new equipment eliminates the need for general anaesthesia and its associated risks, pain and scarring are significantly reduced, and recovery time decreases from six weeks to just one week.

ADVANCED IMAGING AND BIOPSY ULTRASOUND



The Advanced Imaging and Biopsy Ultrasound was enthusiastically welcomed by Dr. Chris Wall and colleagues in Medical Imaging and Nuclear Medicine at St. Paul's Hospital this summer. This specialized equipment provides

advanced diagnosis and treatment of tumours, and also offers physicians the opportunity to take a biopsy at the same time. In addition to saving our patients time, money and stress by eliminating out of province travel, this specialized equipment reduces the potential for complications resulting from delayed diagnosis and treatment.

ENDOSCOPIC ULTRASOUND SCOPE



Dr. Samson Haimanot (Internal Medicine, Gastroenterology and Therapeutic Endoscopy) and his fellow surgeons have been actively using the Endoscopic Ultrasound Scope (EUS) for some time now at St. Paul's Hospital. The EUS is a scope outfitted with a camera and ultrasound device to allow the examination of the lining and walls of the upper and lower digestive tracts and nearby internal organs. The addition of this specialized equipment to St. Paul's Hospital completely eliminates the need for surgeons to send patients to other provinces for diagnosis.

Being able to offer the Endoscopic Ultrasound Scope at our Hospital has made a huge difference in patient care. In addition to ensuring that my patients no longer have to travel for treatment, the detail we can get out of this equipment is truly remarkable and allows us to be more accurate when pinpointing diagnosis.

– Dr. Samson Haimanot

ANOTHER WAY TO GIVE: THE MACKENZIE GIFT OF SHARES



(l-r) Donors Faye and Finlay MacKenzie learn about the new Advanced Imaging and Biopsy Ultrasound from Interventional Radiologist Dr. Chris Wall

Since 2006, Faye and Finlay MacKenzie cumulatively have donated over \$140,000 to St. Paul's Hospital. A large portion of the donations they've made to the Hospital have been through gifting shares.

One of the reasons they donate is because Faye has been treated at the Hospital, so she knows first-hand the quality of treatment St. Paul's

provides. "We wanted to support the Hospital because I had excellent care, and all the doctors and staff are fantastic," Faye says. "But health care is important for us anyway. . . . There are always new advancements in technology, and it's important for health care to keep up with it."

Giving shares in place of a monetary donation grants the MacKenzies a tax advantage because they don't

pay capital gains on those funds, and it saves them a step: there's no need to have a broker sell the shares. "We are one of the fortunate couples, that we can donate, that we have shares to donate," says Finlay. "And health care is important to everyone."

The MacKenzies' previous donation was in support of Renal Services, because Finlay's brother-in-law was receiving dialysis treatment at St. Paul's Hospital. This time, they donated \$30,000 toward the purchase of an Advanced Imaging and Biopsy Ultrasound, and \$20,000 toward a Portable Doppler Ultrasound and Radiofrequency Ablation unit. "We decided that we would donate to this because of the fact that it was so new and non-invasive," says Finlay. "And if you donate to something specific, you feel in your mind and your heart that it's going to make a difference."

CLARK ROOFING PRESIDENT VIEWS DONATION AS A FAMILY MATTER

For Clark Roofing President Wayne Pochynuk, family is an important factor in deciding how best to support the health of his community. Wayne and his family are helping care for Saskatchewan families by contributing to the purchase of advanced equipment at St. Paul's Hospital. "It's a good hospital," he says. "Both my kids were born here." As well, several of Pochynuk's family members received palliative treatment at St. Paul's: "My father-in-law, my dad, my mom and my sister."

Pochynuk's \$100,000 donation helped purchase important imaging technology for St. Paul's Hospital. At a recent Hospital visit by Wayne Pochynuk and his sons Tyler and Lindsay, vascular and endovascular surgeon Dr. Kvinlaug showed them the new equipment and explained how it works. The Advanced Biopsy Ultrasound machine combines three types of medical imaging and allows doctors to make fast and accurate diagnoses. The Doppler Ultrasound



(l-r) Dr. Kylie Kvinlaug showcases the new Portable Vascular Doppler Ultrasound and Radiofrequency Ablation equipment to donors Lindsay, Wayne and Tyler Pochynuk

machine uses high-frequency sound waves to estimate blood flow (a test that cannot be performed with a regular ultrasound machine) and deliver Radiofrequency Ablation treatment that targets and destroys unhealthy tissues. Both machines provide patients with minimally invasive treatment options and faster-than-previous recovery times right here in Saskatchewan.

Clark Roofing has a 50-year history of business and community support in the province, and Pochynuk is proud to encourage his children in that tradition.

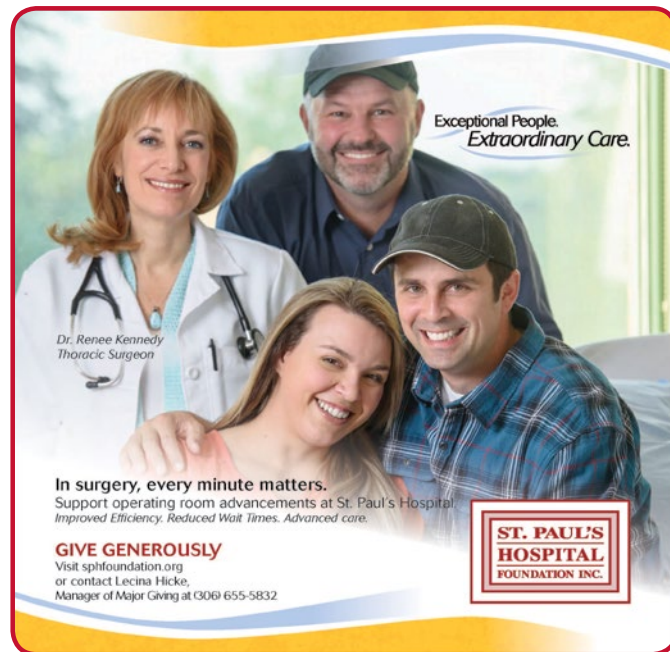
"Business has been good to me," he says. "I consider myself very fortunate. It's just a matter of giving back." Thanks to Wayne Pochynuk, his family and Clark Roofing, patients now have access to even better care at St. Paul's Hospital.

RAISING \$4.9 MILLION FOR ADVANCED INTEGRATED SUITES IN OUR OPERATING THEATRES – A FIRST FOR SASKATOON HOSPITALS

St. Paul's Hospital Foundation is raising \$4.9 million to significantly advance the technology in all eight of our operating theatres. These advancements will create a state-of-the-art environment to meet the needs of new and rapidly evolving surgical procedures.

Improvements will bring a significant time-saving factor and thereby increase the number of surgical procedures completed annually at St. Paul's. In addition, these advancements will advance surgical training and education within our Hospital and improve our Hospital's potential to attract and retain world-class surgical teams from around the globe.

We are halfway to our goal, Saskatchewan! If you would like to support Operating Room Advancements at St Paul's Hospital, contact Lecina Hicke, Manager of Major Giving at 306-655-5832 or visit sphfoundation.org.



MORE THAN \$95,000 RAISED TO DATE IN SUPPORT OF THORACIC OPERATING ROOM

St. Paul's Hospital Foundation is thrilled by the community response to a letter from Dr. Renée Kennedy requesting support for advancements to the Thoracic Operating Theatre at St. Paul's Hospital. We are particularly grateful to Sherwood Chevrolet, who inspired people from the community to donate by offering to match, dollar for dollar, every donation up to \$20,000. To date, \$95,428 has already been raised in support of the advancements.

The Division of Thoracic Surgery based at St Paul's Hospital provides specialized care for patients across the province. The Foundation and its donors have clearly understood that we increasingly rely on modern technology. The new Operating Room technology and lights, with their cutting-

edge features, represent vital updates to help improve efficiencies and care. The success of this project relies on strong community support. The generous contributions from all donors are instrumental in bringing this exciting technology to our Hospital. Special appreciation must be expressed for the generous financial contribution made by Mr. Kevin Sharfe of Sherwood Chevrolet. He brought even greater awareness to this project by reaching out to donors with his own radio campaign. Heartfelt thanks to Mr. Sharfe and the many generous donors who are making these advancements possible!

– Dr. Renée Kennedy, Thoracic Surgeon and Division Head, St. Paul's Hospital

Circle of Angels

The "Circle of Angels" giving club offers a convenient way for anyone to contribute monthly to St. Paul's Hospital Foundation. New Circle of Angels donors receive acknowledgement in our spring Spirit newsletter and invitations to special Foundation events throughout the year. Hospital physicians and employees who sign up to contribute via payroll deduction will become automatic members, and their names will be entered to win a special VIP prize if they sign up prior to October 1.

To become an Angel, complete and mail in or drop off the Circle of Angels form on the back of the envelope in this publication, or contact Grace MacLennan, Annual Giving Manager at 306-655-5835.

CHERRY INSURANCE POWERS CAGED FOR THE CURE



When Robyn Cherry participated in Rock 102's Caged for the Cure Radio Marathon, she got right inside the cage with radio DJs Shack and Watson. "That was an interesting experience," she says with a laugh. "They start to smell on Day Two! But those guys make it a lot of fun."

As Vice-President of Cherry Insurance, Robyn Cherry is a fourth-generation family member to be in a leadership role at the company. Cherry Insurance sponsored the cage at the two-day radio marathon held in May, an event where the radio personalities are "trapped" in a cage until they reach their fund raising goal.

Monies raised from the event support St. Paul's Hospital's Leslie and Irene Dubé Urology Centre of Health and Urology Operating Theatre #8. Robyn had a chance to tour the Urology Centre, and says it's a beautiful facility: "It's very welcoming there. The nurse navigator was informative and friendly. . . . I can see it being a huge benefit because they're very dedicated."

The Cherry family has used the services of the Hospital in the past, and over the years they've supported St. Paul's in many different ways. In 2013, Cherry Insurance sponsored the "Gifts from the Heart" catalogue, where donors could help fund equipment or patient comfort care items, or share in a larger gift in support of St. Paul's Hospital. "That was eye-opening to me, to see that if you get two or three



Dr. Peter Lau and Nurse Navigator Karen Moore provide Robyn Cherry with a tour of the Leslie and Irene Dubé Urology Centre of Health at St. Paul's Hospital

of those smaller donations, they actually do purchase necessary equipment," Robyn says. "The things [the Foundation] raises funds for are not always thousands of dollars; everybody can help to facilitate a donation. I think people forget that not all medical equipment is big."

Making a positive impact is a core value at Cherry Insurance. They've given support to dozens of local causes, and they offer their staff opportunities to suggest recipient charities including any that have directly affected staff members' lives. It's all part of the the Cherrys' philosophy and real action involving community-building. "Without the community, we're nothing," says Robyn. "The community creates us and we in turn help create the community."



Front row (l-r) Rock 102 Morning Host Shack, Shyla Williams, Robyn Cherry, Ryan Zimmerman

Back row (l-r) Nicole Kelly, Rock 102 Morning Host Watson, Mariette Jean, Bruce Acton, Andrea Kopelych

2015 CAGED FOR THE CURE RAISES RECORD TOTAL

The 5th annual Rock 102 FM Caged for the Cure Radio Marathon – powered by Cherry Insurance – was held on May 22 and 23 and raised a record \$350,354 in support of the Leslie and Irene Dubé Urology Centre of Health and Urology Operating Theatre #8 at St. Paul's Hospital!

St. Paul's Hospital Foundation would like to thank Cherry Insurance, Les and Irene Dubé, Driving Fore Prostate Golf Classic 2014, The Mall at Lawson Heights, PotashCorp, Rawlco Radio, Rock 102, Shark Club Sports Bar and everyone else who supported this event!

FOUNDATION DRAWS



(l-r) Board members Darlene Cooper and Melanie Hilkewich announce a winning draw during the 2015 Foundation Draws

What could be more satisfying (and fun!) than granting the wishes of Hospital employees? Each year, St. Paul's departments are invited to enter their "wish" for equipment, furniture, services and programs that otherwise are not slated to receive funding but nonetheless could do much to improve the Hospital experience for our patients, their families and our dedicated staff.

All applications for wishes go into a draw drum and every year in June, Foundation Board members make draws until \$100,000 is "spent." This year the Foundation Draws were held on June 17, with Board Members Darlene Cooper and Melanie Hilkewich making the draws. Thanks to the generosity of our donors, the following Hospital wishes were made possible.

Up-to-\$1,500 Category

Portable pulse oximeters, Staxi chair, bedside tables, patient whiteboards, carts, autoscope, desk lamps, task chairs, computer monitors, adjustable monitor arms, free-hands receivers, televisions, projector and screen, laminating machine, toaster and coffee maker

\$1,501-to-\$7,500 Category

Blood pressure monitor cuffs, Staxi chairs, microscopes, vein finders, CPR equipment, IV pump analyzer, vital signs machine, IV poles, Sit-to-Stand trainers, cordless backpack vacuum, office chairs, cameras, portable stage, Spiritual Care volunteers' retreat

HOSPITAL HOME LOTTERY



Thank you to everyone who purchased tickets for the Spring 2015 Hospital Home Lottery. Your contribution will help make a difference in the health and wellness of all our patients, ensuring the best possible care at Saskatoon's three hospitals. Proceeds from the Spring Hospital Home Lottery will advance the operating room environment and technology at St. Paul's Hospital, benefiting patients, physicians and staff. These upgrades significantly increase procedural efficiencies, improve the operating and learning environments and allow for cross-site, peer-to-peer video conferencing.

Winning Tickets

\$1.6 Million Grand Prize Show Home: Al Allen, Saskatoon

50/50 Add-on (\$380,195): Michael Zerebeski, Saskatoon

Early Bird Prize (2015 Jaguar F-Type Coupe or \$80,000 cash): Helen Oborowsky, Battleford

Bonus Prize (Maui vacation for three years or \$10,000 cash): Chris Barber, Candle Lake

For a complete listing of winners or to purchase tickets for the Fall 2015 Hospital Home Lottery, visit HospitalHomeLottery.org. Proceeds from the fall lottery will provide a state-of-the-art integrated suite in the Joseph A. Remai Vascular Operating Theatre #5, paving the way for our world-class vascular surgeons to perform advanced treatment options.

ST. PAUL'S HOSPITAL NEAR AND DEAR TO THE GORMLEYS' HEARTS

John Gormley is best known for his "news talk" radio personality but at St. Paul's Hospital, he and his wife Marie Gormley are very well known for their humble generosity.

The Gormleys have been supporters of St. Paul's for over a decade, and actively involved in helping to raise funds for the Hospital for the past several years. John has hosted the Gormley Gathering since 2011, raising nearly \$500,000 for the Leslie and Irene Dubé Urology Centre of Health; both Gormleys have been involved with the Driving Fore Prostate Golf Classic for the past two years; and for the past three years Marie has been on the organizing committee for the Mistletoe Ball. "I'm getting to a point in my life where I can give back more," says Marie of her involvement. "We want to be an example not just to our children, but to our children's children as well."

The Gormleys have deep ties to St. Paul's Hospital. Both John's children and Marie's children were born there, and many of their friends and family have been treated at the Hospital. When they were considering what causes they most wanted to support, St. Paul's Hospital was an easy decision. "When you think of causes that are really near and dear to your heart, St. Paul's is always there," says John. "I've been a fan of St. Paul's my whole life."

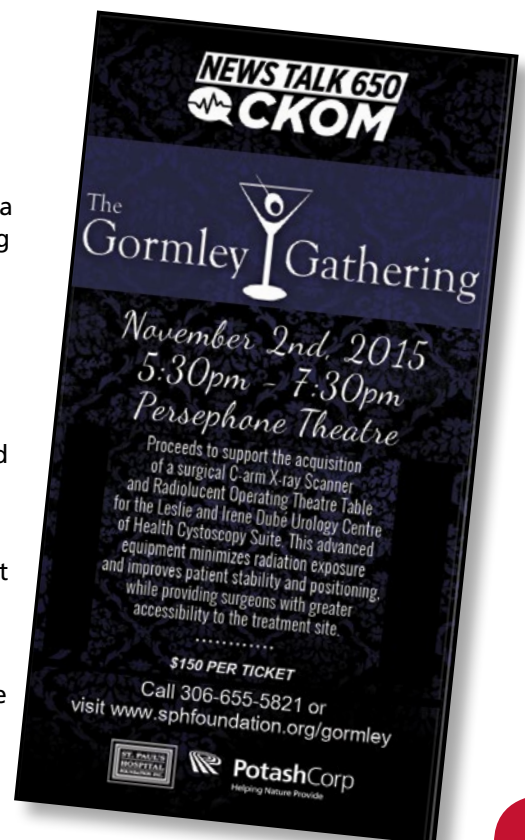
The Gormleys' interest in getting involved with St. Paul's Hospital Foundation began about 12 years ago, when they first attended a Mistletoe Ball. "It really is the feeling of an enchanted evening," says John. "We enjoy ourselves when we're there; we often team up with, and even meet new, friends there. We always bring a guest, and they rave about it." "And they often go again the next year," adds Marie.



John and Marie Gormley "kicking up their heels" at the 2013 Mistletoe Ball

While it's hard to beat the class and tradition of the Mistletoe Ball, the Gormley Gathering is fast becoming another annual must-attend night for businesspeople in Saskatoon. Some high-profile special guests have made a point of attending the event, including singer Dan Hill and Saskatchewan's premier Brad Wall. What began as a networking event to raise funds for the Hospital has now evolved into an annual occasion comprising a growing community of prostate cancer patients, survivors, spouses and supporters.

John says the event's success also must be credited to his employer Rawlco Radio and owner, Gordon Rawlinson, who he says are very supportive of the causes he takes on. "I think you're morally obligated to make your community better if you can," says John. "To me, it's a labour of love."



HOSPITAL NEWS

RENEWAL OF ST. PAUL'S HOSPITAL PARTNERSHIP AGREEMENT WITH SASKATOON HEALTH REGION

As his last official act in the role of Chair of the SPH Board of Directors, Bill Edwards joined Mike Stensrud, Saskatoon Regional Health Authority Board Chair, to ratify the Partnership Agreement between St. Paul's Hospital and Saskatoon Health Region, marking the third decade of this Agreement. Stensrud stressed that the trust between the two organizations is what makes the collaboration possible and what makes the Agreement strong. St. Paul's Hospital manages ten regional programs at its Hospital and throughout the Region, and works collaboratively with Saskatoon Health Region to manage programs and services within St. Paul's.



(l-r) Bill Edwards and Mike Stensrud shake hands following signing of the Partnership Agreement

ST. PAUL'S HOSPITAL AGM AND NEW BOARD CHAIR



Bob Kirkpatrick

The St. Paul's Hospital Annual General Meeting was held on June 25, 2015. Bob Kirkpatrick was appointed to the position of Board Chair and Lise de Moissac was appointed Vice-Chair. Members of the 2015-16 St. Paul's Hospital Board also include new member Douglas Schmeiser and continuing members: W.A. (Bill) Edwards (Past Chair), Dr. Bruce Berscheid, Bishop Donald Bolen, David Eberle, Dr. Sarah Oosman, David Patola, Sister Emiline Pena and Dr. Hugh Wood.

PHYSICIANS IMPROVING COMFORT FOR CO-WORKERS

Thank you to Dr. Pfeifer and Friends for raising the funds to improve the comfort of the second-floor Physicians' and Nurses' Lounge. Their generosity enabled installation of over \$17,000 in new furnishings and appliances in the lounge, making the space a more comfortable retreat for surgeons and other staff. Special thanks to Dr. Pfeifer for his leadership in this project; he recognized the need for improvements, contributed personal funds, inspired others to contribute and worked with the Foundation to coordinate the purchase and installation of the new items.

HISTOCOMPATIBILITY SIGNAGE IN MEMORY OF DR. MARC BALTZAN

In recognition that the original Histocompatibility (HLA) Lab donor recognition is in a secure area and not readily viewable by the public, St. Paul's Hospital Foundation recently installed a

new "supplementary" plaque near the entrance to the Main Laboratory. The plaque recognizes the significant contribution of \$100,000 made in memory of Dr. Marc Baltzan by the Kidney Research Foundation of Saskatchewan. Dr. Marc Baltzan was a pioneer in the field of kidney transplantation and had a significant positive impact on our Hospital and on patients throughout Saskatchewan. The funds supported the construction of the Histocompatibility Lab, which was unveiled on March 17, 2008.



THE BERSCHEIDS – MISSION IN ACTION AT ST. PAUL'S HOSPITAL

The Berscheids have been generous and dedicated supporters of St. Paul's Hospital for many years and in many ways. Dr. Bruce Berscheid, an Interventional Radiologist and member of Associated Radiologists, has been working in Diagnostic Imaging at St. Paul's Hospital for more than 30 years. He also serves on the Board of Directors for the Hospital, and was awarded a Mission in Action award last year for demonstrating leadership in Compassionate Care. His wife, Barbara Berscheid, serves on the Board of Directors for St. Paul's Hospital Foundation, and has been volunteering in the Palliative Care Unit since 1998 when she responded to an ad in her parish bulletin.

The Berscheids share a profound and deep respect for Catholic health care, and feel fortunate to have experienced the direct involvement of the Grey Nuns when the Sisters were still working at the Hospital. "It was just wonderful to see the involvement of the Sisters, and their dedication," says Bruce. "Remember Sister Carmen?" adds Barb. "Even in retirement, she was here virtually every day – she knew everybody!"

The Berscheids happily note that, although the Grey Nuns no longer frequent the halls of the Hospital, the caring legacy they established is still very much a part of St. Paul's fabric. "At this Hospital you often find people going just a little bit beyond their job descriptions to help in whatever way they can, for the patients, because that's what we are here for," says Bruce.

In addition to their professional and volunteer roles within the Hospital, both Bruce and Barb agree their work on the Hospital and Foundation Boards is especially satisfying. "The addition of the MRI, the Urology Centre and 4B have been realized in part because of decisions that are made at the Board level," says Barb.



(l-r) Barbara and Dr. Bruce Berscheid in front of St. Paul's Hospital

The generosity of Bruce and Barb extends well beyond the time they give to the Hospital and its Foundation. When they realized additional funds were needed for an anaesthetic boom in the Angiography Suite, they did not hesitate to provide \$25,000 in support of the new equipment. "The time was opportune to install it during the renovations, so we simply made the donation because we knew it needed to be done to make a better situation for the patients," says Bruce.

"I feel fortunate to have been able to be at St. Paul's with my group during a time of important evolution in the field of diagnostic imaging. It was very rewarding to be able to practice the profession I love here at this Hospital," continues Bruce. "He loves St. Paul's so much that we know retirement will be a difficult transition," adds Barb. "We have grown fond of St. Paul's and the many people we have gotten to know in the St. Paul's family."

St. Paul's Hospital Mission Office presents

MISSION WEEK

Every October, in conjunction with the feast day of St. Marguerite d'Youville

Celebrating how our employees, physicians and volunteers strive to embody St. Paul's Hospital's mission of healing.

October 13-16, 2015

Join us for Feast Day, the Mission Week Commitment Ceremony, the Professional Development Awards, the Mission In Action Awards and so much more!

MAKING HER MARK – JOAN PAGE PAINTS A BRIGHTER FUTURE FOR ST. PAUL'S HOSPITAL



Joan Page

When Joan Page retired from her career as a teacher, she took up painting again after a decades-long hiatus. She joined artists' groups, including ones that travelled to beautiful locations including Newfoundland, the Yukon, Spain and Portugal.

For Joan, painting when she travels is a way to live in the moment and really experience the landscapes she visits – to do more than just take a picture and leave.

This same desire to do more has led her to designate a gift in her Will for St. Paul's Hospital. Inspired by her husband Donald, who gave a gift to the Hospital when he passed away, Joan says knowing the gift is in your Will simply makes you feel good: "It's a wonderful thing to do, to be able to help other people."

Don Page lived with diabetes for most of his life. In 1985, he and Joan started coming to St. Paul's Hospital for his treatment. Although Don's illness had a large impact on

their life, the staff and caregivers at St. Paul's were with them every step of the way – from learning about home dialysis options to in-hospital dialysis treatment to his eventual transplant. The kind and compassionate care he received inspired Don to give to St. Paul's – and Joan has followed his lead by joining the Spirit of Life Honour Roll and making a provision in her estate plan to leave a Legacy gift to St. Paul's Hospital.

"I think people should donate to St. Paul's, especially the renal unit, because they do such a great job for so many people," says Joan. St. Paul's Hospital Foundation is deeply grateful for Don's and Joan's gifts in support of St. Paul's Hospital.

If you would like to learn more about making a planned gift in your Will, please contact Lecina Hicke, Manager of Major Giving at 306-655-5832.

GIFT SHOP NEWS



Darlene Hawes

St. Paul's Hospital Foundation announces the retirement of Darlene Hawes. Darlene's retirement is a celebration of a successful career, but her departure will be deeply felt by her friends at St. Paul's. Darlene has been working with SPH Foundation since February 2000 as our Gift Shop Manager and has successfully provided staff, patients and the wider community with excellent products and service over the past 15 years. She has built and led a wonderful team of volunteers and staff and will be greatly missed by all. The Foundation thanks her for her long-standing commitment to our Foundation and our Hospital and we wish her a happy retirement. In recognition of 15 years with St. Paul's, Darlene will receive her SPH Long Service Award this October.

HEALING STARTS WITH THE ROAR OF 200 BIKES



On June 20, 2015, over 200 riders braved the wet weather in support of Motorcycle Ride for Dad. Pictured here (l-r) are Rodney Orr, Mark Diehl, Dr. Kishore Visvanathan, Lenore Moen, Vince Streukens, Amanda Williams and Lecina Hicke, SPH Foundation Manager of Major Giving.

Vince Streukens's prostate cancer journey began with the Saskatoon Motorcycle Club's "Ride for Dad," a non-profit event that raises funds to support prostate cancer research and education. He had already been volunteering for the group for two years before he went in for a medical and had the test done.

"I didn't know a lot about prostate cancer," says Streukens. "It was through working with the group that I became a lot more aware and, frankly, why I decided to get tested." The tests came back positive: He had cancer on the right side of his prostate. "It's 99 per cent treatable if you get diagnosed early... I was successfully treated, and now I'm good to go."

Each year, Ride for Dad hosts a parade and ride in cities across Canada. Saskatoon's 2015 ride, held on June 20, was Streukens's sixth year of participation, and the seventh annual event for the Saskatoon chapter. Despite rainy weather, 277 riders turned out. The parade started at the Western Development Museum, roared through Saskatoon, then headed out to Delisle and Outlook.

Individual pledges that day totaled over \$118,000, not including corporate sponsorships. Each chapter chooses the specific causes it wishes to support, and all of the money raised by the Saskatoon chapter stays in Saskatchewan.

One of the causes the Saskatoon Motorcycle Club's Ride for Dad supported this year was the Leslie and Irene Dubé Urology Centre of Health Urology Symposium, a free educational event with open forums for patients and families facing a prostate cancer diagnosis. Streukens has attended the symposium three times and says the event is excellent in terms of education and awareness: "When you go through that journey, there's things you learn along the way that doctors don't tell you – not that they're hiding anything, so much as a lot is happening, and they can't

tell you everything. This seminar covers some of the other options you have, some of the after-care issues and other issues you might encounter."


The Saskatoon Motorcycle Ride for Dad is completely volunteer-run, and Streukens says they're always looking for more help. If you'd like to learn more or get involved, visit the Prostate Cancer Fight Foundation website at pcff.ca, or find Motorcycle Ride for Dad – Saskatoon Chapter on Facebook.

The Les and Irene Dubé Urology Centre of Health is pleased to announce the

3rd Annual Urology Symposium

Prostate Cancer: Survive & Thrive

SAVE the date!

Presented by  TELUS MOTORCYCLE RIDE FOR DAD

An open forum for discussion for patients and families facing a diagnosis of prostate cancer.




Featured Speakers:

John Christopherson Clinical Counsellor, B.C. Cancer Agency	Heather Millar Registered Dietitian, Saskatoon Health Region
-------------------------------------------------------------------	--------------------------------------------------------------------

Saturday, November 7, 2015
7:30am - noon
Hilton Garden Inn

Physicians are encouraged to attend.
Open to the public • Free admission

For more information, contact
Karen Conway @ 306.229.9966
Email: expert.events@shaw.ca

MISTLETOE BALL SUPPORTS NEW PATIENT AND FAMILY RESOURCE



WE WOULD BE HONOURED IF YOU
WOULD ATTEND THE 26TH ANNUAL
MISTLETOE CHARITY BALL

SATURDAY, NOVEMBER 14TH, 2015
SHERATON CAVALIER HOTEL
SASKATOON, SASKATCHEWAN

6:30 PM COCKTAILS
7:30 PM DINNER AND DANCE
BLACK OR WHITE TIE

500 DOLLARS PER PERSON OR
4,000 DOLLARS PER TABLE OF EIGHT
(PARTIAL TAX RECEIPT)

RSVP
NO LATER THAN OCTOBER 1ST, 2015
CALL 306-655-5821
OR VISIT sphfoundation.org/mistletoe

Imagine getting a prescription from your doctor for information to provide you with a better understanding of your medical condition. "Filling" that prescription will be possible at the Patient and Family Resource Centre and Medical Library proposed for St. Paul's Hospital. The resource area/facility will provide comfortable seating and computer workstations for patients, families and staff in a central Hospital location. A librarian will work on-site to help patients understand their "prescriptions" and provide support to better understand their health condition. The librarian also will work with health care professionals to ensure they have easy, timely access to the latest research and best quality evidence to support their work.

On Saturday, November 14, 2015, SPH Foundation will host our 26th annual Mistletoe Charity Ball at the Sheraton Cavalier. Proceeds from the Ball will support the creation of a Patient and Family Resource Centre and the revitalization of the Medical Library at St. Paul's Hospital. Since the first Mistletoe Charity Ball in 1990, this event has raised over \$1.7 million in support of compassionate care and innovative treatments at St. Paul's Hospital.

If you would like to support our new Patient and Family Resource Centre and Medical Library, consider attending the Mistletoe Charity Ball or making a donation in support of the project. You can purchase tickets or make a donation by calling 306-655-5821 or visiting sphfoundation.org.



St. Paul's Hospital Foundation publishes The Spirit newsletter twice annually. To ensure our newsletter is meeting your expectations and providing you with the most interesting and relevant information about SPH Foundation activities, we are planning some changes to the publication. Expect a new look and format in the upcoming February 2016 issue! If you have suggestions or comments about The Spirit, please feel free to send them to info@sphfoundation.org.

Fall 2015 edition of the Spirit Newsletter

Editor: S. Padmanabh; Mail Database: Valerie Hunt; Contributors: Ashleigh Mattern, S. Padmanabh; Copy Editing and Proofreading: Green Line Editing; Layout and Design Production: Pepper Designs; Photos: Electric Umbrella, S. Padmanabh; Print Production: Mr. Print; Distribution: Cosmopolitan Industries, Printwest

Sandhya Padmanabh, Manager of Communications and Stewardship and editor of The Spirit newsletter, showcases the publication while organizing a cover shoot in the operating theatre at St. Paul's

HERE TO HELP – CONTACT US:

For event information or general inquiries or to donate, contact: 306-655-5821 or sphfoundation.org



Bruce Acton
CEO
306-655-5820



Michelle Baumann
Manager of Finance and
Operations
306-655-5198



Darlene Hawes
Gift Shop Manager
306-655-5856



Lecina Hicke
Manager of Major Giving
306-655-5832



Valerie Hunt
Database Manager
306-655-5826

UPCOMING EVENTS

October 8, 2015

W. F. Mitchell Bioethics Seminar 2015

"When Helping Gets Hard" with

Professor Carol Taylor

11:00 a.m., Pylypchuk Hall,

St. Paul's Hospital

October 13 to 16, 2015

SPH Mission Week

October 14, 2015

**Mission Week: Mission in Action
Awards (Foundress Awards)**

12:00 noon, St. Paul's Hospital Cafeteria

October 15, 2015

**Mission Week: Feast Day and
SPH Foundation Professional
Development Awards**

12:00 noon, St. Paul's Hospital Cafeteria

October 16, 2015

SPH Commitment Celebration

11:00 a.m., St. Paul's Hospital Chapel

October 19 to 20, 2015

**"Inside Out – Spirituality and Quality
in Health Care" Catholic Health
Association of Saskatchewan
(CHAS) Annual Convention**

Prince Albert Inn, Prince Albert.

October 22, 2015

**SPH Long Service Recognition
Banquet and Awards**

5:30 p.m., Western Development Museum

November 2, 2015

**The Gormley Gathering Cocktail
Party**

5:00 to 7:00 p.m., Remail Arts Centre

November 7, 2015

**"Prostate Cancer: Survive & Thrive"
Urology Symposium with John
Christopherson and Heather Miller**

7:30 a.m. to 12:00 noon, Hilton Garden Inn

November 14, 2015

The Mistletoe Charity Ball

6:30 p.m., Sheraton Cavalier

THANK-YOU NOTES

On behalf of future patients who will benefit from the purchase of the Urology Percutaneous Lithotripsy Video Processor and Light Source, and the St. Paul's Hospital Operating Room staff, I want to thank the SPH Foundation Board of Directors for including this equipment in their 2015 fund raising project. It is because of projects like this that it is possible for the St. Paul's Hospital Operating Room staff to continue to provide exceptional care to our patients.

—Arlene Natyshak Coquet,
Manager of Nursing, Operating Room

My wife and I attended the Mistletoe Ball last year with some of my colleagues and we had a wonderful time! We are very grateful for the funds raised to purchase an Ear, Nose and Throat Surgery CO2 Laser—a very significant equipment addition to our Ear, Nose and Throat department at St. Paul's Hospital.

— Dr. Rick Jaggi



Mariette Jean

Donations Administrator

306-655-6027



Grace MacLennan

Manager of Annual Giving

306-655-5835



Sandhya Padmanabh

*Manager of Communications
and Stewardship*

306-655-5902



Kari Sinkewicz

Executive Assistant

306-655-5821

In Memory of Your Loved Ones

St. Paul's Hospital Foundation is grateful to family and friends who made donations from January 1, 2015 to June 30, 2015 in memory of the following:

Iola Marian Addie	Tibby Collins	Joseph Hromek	Katherine Mazurak	Kathleen Raas	René Sirois
Anastacia Agustin	Sheila Cooper	Ralph Hudson	Nancy McDougall	Bertha Jean Ramsay	Michael Sliva
Heather Anderson	Ben Czemers	Donald Irvine	Leo McHanson	Clarence H. Randall	Ernest E. Sonstelie
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Doreen Appelt	Maria Fernanda de Freitas	Quinton Jiricka	Margaret McKenzie	David Rea	William Stakiw
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Orest Arsenie	Marilyn Rose Domotor	Annie Joss	Mary Mechor	Dawson Rice	Anna M. Stevenson
L. Glenys Barker	Rod Donlevy	Dr. Aidan Kavanagh	Harold Mendel	Marie Riendeau	George A. Stevenson
Larry Beaucage	Urban Donlevy	Herman W. Kernen	Katherine Monks	Frank Risling	William Taylor
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Trish Carlson	Peter Hartridge	Lorraine LaBine	Donald Page	Joe Schlosser	Clifford Wright
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Bill Chapman	Edwin O. Hippe	Joan Leung	Mary Perrier	Walter Scott	Gertie Zarubiak
Lou Chrones	Emma Hodgson	Allen Livingstone	Robert J. Piercy	Morris Shabaga	Walter H. Zirk
Joan Marie Clark	Murray Hopkins	Dale Lozinsky	Bert Price	Thomas Shabbits	Michael Zubiak
Isabelle Clezy	Alex Hrabowy	Ellwood N. Matheson	Jean M. Prokop	Diane Sharp	Dennis Zurowski
Eileen Collins		Margaret Matheson	Frances Puhl	Marcel Sirois	

IN HONOUR OF SPECIAL PEOPLE OR EVENTS:

St. Paul's Hospital Foundation thanks all those who made donations from January 1, 2015 to June 30, 2015 in recognition of the following special people or events:

Dr. Renée Kennedy and staff Emil Sereda Catherine Zeilner

Please return any undeliverable Canadian addresses to
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In surgery, every minute matters. Through the ten thousand-plus surgical procedures performed annually at St. Paul's Hospital our operating theatres are crucial in providing immediate patient care, yet also offer tomorrow's leading surgical teams education in life-saving procedures and treatments.

Proceeds from this year's Hospital Home Lottery will provide a state-of-the-art integrated suite in the Joseph A. Remai Vascular Operating Theatre #5, paving the way for our world-class vascular surgeons to perform advanced treatment options and also to provide a significantly improved learning environment through cross-site, peer-to-peer videoconferencing

To purchase lottery tickets call
306-955-8200 in Saskatoon or
1-866-957-0777 toll-free in SK or online at
HospitalHomeLottery.org

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sphfoundation.org *Give Generously*



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