

THE VOICE OF ST. PAUL'S HOSPITAL FOUNDATION

Spirit



THE ART OF THE SENSES

EAR, NOSE AND THROAT CLINIC PROVIDES ADVANCED HOLISTIC CARE TO PATIENTS

LIVING THE MISSION

MISSION OFFICE KEEPS THE HOSPITAL CONNECTED

HOSPITAL CULTURE INSPIRES DOCTORS

DR. MIKE MOSER AND DR. TAMA BANERJEE GIVE BACK

MAKING DREAMS COME TRUE

THE KINSMEN FOUNDATION MAKES MIRACLES HAPPEN

(l-r) ENT physicians Dr. Peter Spafford, Dr. Rick Gore-Hickman and Dr. Anil Sharma.





Message From SPH Foundation

Outside my office window is a rose garden, and I feel so fortunate to see the beautiful blooms every day. The roses remind me to “Take time to smell the roses,” which is exactly what this issue of the Spirit Newsletter is providing for you. This is your opportunity to take a moment and read about how your donations and support from others are positively shaping patient care at St. Paul’s Hospital.

One of this issue’s featured donors is Kinsmen Foundation - a worthy organization with a decades-long history of supporting valuable projects at our Hospital. Most recently, Kinsmen has supported our newly established Ear, Nose and Throat (ENT) Clinic that is putting Saskatchewan on the map internationally for its amazing contributions in its field. You can read all about it on page 5.

Individuals too can make a significant difference. Peter and Sylvia Kiziak thought about St. Paul’s Hospital in their Wills. Their generous gift has created the Sylvia and Peter Kiziak Endowment in support of staff professional development. Dr. Mike Moser, a transplant surgeon, and his wife, Dr. Tama Banerjee, a pathologist, recently made a substantial gift to St. Paul’s Hospital. They say that working at the Hospital and experiencing first-hand its unique, welcoming culture inspired them to contribute.

It has been a year of change for the SPH Foundation Board. We’ve welcomed new members and said thank you and farewell to others. Welcome to new members Kevin Sharfe, Doreen Howlett, Nicole Povhe, Gwen Dueck and Ron Hyggen. Thank you and farewell to Colleen Cameron-Bergan, Candace Wasacase-Lafferty, Darlene Cooper,

Lise de Moissac and Dr. Arne Paus-Jenssen.

I encourage you to take time out of your day to enjoy this magazine and appreciate the difference your continued support is making at St. Paul’s Hospital. Everything we are able to accomplish for the Hospital is because of you.

Bruce Acton

Bruce Acton
St. Paul’s Hospital Foundation CEO

SPH Foundation Volunteer Board of Directors 2018 – 2019

Standing centre (L-R): Chris Boychuk, SPH Foundation Chair

Seated (L-R): Shari Watson, Secretary; Kevin Sharfe; Doreen Howlett; John Agioritis, Past Chair

Back Row (L-R): Bruce Acton, SPH Foundation CEO; Alan Koop, Treasurer; Dr. Vivian Walker; Jean Morrison, President and CEO of Emmanuel Health Inc. / St. Paul’s Hospital; Arlene Jorgenson; Neil Weber, Vice-Chair

Missing: Karen Barber, SPH Executive Director; Dr. Bruce Berscheid, SPH Local Council; Gwen Dueck; Ron Hyggen; Nicholle Povhe



Spirit

Cover

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EAR, NOSE AND THROAT CLINIC PROVIDES ADVANCED HOLISTIC CARE TO PATIENTS

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Dr. Anil Sharma and Dr. Rick Gore-Hickman examine a voice box in the Ear, Nose and Throat Clinic.

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The ENT Clinic uses cutting-edge technology to treat patients.
Pictured here: Dr. Rick Gore-Hickman with a patient, and Dr. Anil Sharma.

THE ART OF THE SENSES

Ear, Nose and Throat Clinic
Provides Advanced
Holistic Care to Patients

Our physical senses play a vital role in our health and social interactions, and in countless everyday pleasures such as enjoying music, art and food. Thanks to our generous donors, St. Paul's Hospital recently acquired new equipment that provides extraordinary care to patients whose senses have been impaired.

The new Ear, Nose and Throat (ENT) Clinic is giving a voice back to some people and to others, the chance to hear their loved ones' voices perhaps for the first time ever. Patients include both children and adults who may have suffered from vocal cord trauma, infection, cancer and other conditions.

Dr. Anil Sharma is an otolaryngologist (ENT specialist) at St. Paul's Hospital and a driving force behind the ENT Clinic. Dr. Sharma had a vision for an ENT Clinic that would positively change the lives of a great many patients at St. Paul's Hospital. Alongside the extremely talented and passionate team of otolaryngologists at St. Paul's and Dr. Sharma, the new equipment would provide significant opportunities for advancing compassionate patient care. In his words, "It's a very special Hospital. Everyone has one common goal: patient-centric care."

Dr. Sharma collaborated with his colleagues, and together they brought to life a vision for an ENT Clinic.

In 2017, SPH Foundation began raising funds to purchase the advanced equipment that includes microscopes, new endoscopy tools and a digital stroboscope.

Our team of ENT physicians were so passionate about this project that they made a significant gift of \$17,000 to complete the fund raising and ensure the ENT Clinic became a reality at St. Paul's Hospital.

Patients Can Now Be Treated Locally

Today, thanks to the generosity of donors like the ENT physicians, St. Paul's has a fully equipped ENT Clinic and patient care is better

than ever. Dr. Sharma worked at a hospital in Vancouver a few years ago and says there were many times when he would see multiple patients in a single day who had come all the way from Saskatchewan for treatment.

"In the past, a lot of patients seeking therapies had to travel out of province, especially for voice, swallowing and sinus disorders," he says. "With new technologies now available to us here at St. Paul's, patients can be treated locally with expertise we have here."

Our senses are how we experience the world...

He says the new equipment is especially beneficial for patients who need extended treatment. The centralized ENT clinic allows patients with ongoing medical concerns to see an ENT physician, a speech language pathologist and/or rehabilitation therapist in the same appointment and under the same roof.

Most ENT clinics in Canada focus only on voice-related issues, but St. Paul's ENT Clinic is the first in the country to treat all kinds of ENT disorders, including offering treatments for ear tube insertions, vocal cord issues and sinus issues. Combined with the innovative equipment at the Clinic, this approach puts St. Paul's at the forefront of ENT technology in Canada.

Some of the equipment also will allow the team to do research,

which Dr. Sharma says has potential to be nationally and even internationally recognized: "Very few centers have this equipment. It has put us on the map for research. We're trying to become the national experts on swallowing and voice disorders."

Holistic Care and the Art of the Senses

When someone loses a physical sense, such as their ability to speak or to hear, the negative effects may be not only physical. Social and emotional wellbeing can also be affected. That is why creative arts-based therapy has been integrated into the programming of the Clinic.

Marlessa Wesolowski, Artist in Residence for the Healing Arts program at St. Paul's Hospital, has partnered with the physicians at the ENT Clinic to conduct research into how creativity can benefit people during times of ENT-associated illness.

Because she herself suffers from hearing loss, Wesolowski knows from firsthand experience just how important the senses are: "Our senses are how we experience the world," she says. "And art, or any kind of creative act that allows for imagination and play in a health crisis, can really help support the discovery of inner strengths."

Dr. Sharma, himself an art enthusiast and a painter, recognizes the world of difference these kinds of therapies can have on patients. "Holistic therapies like the Healing Arts can have a tremendous impact on healing, and we are so pleased to be able to offer them alongside state-of-the-art equipment to bring advanced ear, nose and throat treatment options to Saskatoon and area."

Making Dreams Come True

Miracles Can Happen When People Come Together to Support a Cause



The people of Saskatchewan have been making miracles happen for the past 42 years through the Kinsmen Foundation's annual Telemiracle. The telethon runs for 20 uninterrupted hours and features talent performances and presentations, with hosts encouraging viewers to "Ring those phones!" to help raise money for a variety of charitable causes. At the 2018 telethon, a new record was set when donations exceeded the \$7 million mark!

The Kinsmen Foundation sorts through hundreds of applications for funding every year, and it's not always easy to decide where to direct the support. Sometimes it funds small items that will help one person, such as a walker or a railing for stairs. Other times, it supplies larger items such as the Digital Stroboscope for St. Paul's Hospital's new ENT Clinic.

"Miracles can happen when people come together to support a cause," says Richard Kies, Executive Director of Kinsmen Foundation. "It's about quality of life and quality of care."

"That single piece of equipment could positively affect hundreds of people," says Pam Massine, Chair of the Kinsmen Foundation Volunteer Board of Directors.

She says that in the case of the Digital Stroboscope and the ENT Clinic, the Kinsmen board liked the idea of bringing new and progressive health care equipment to the province.

Same-day Diagnosis and Treatment

The Kinsmen Foundation donated more than \$275,000 to purchase a Kay Pentax Digital Stroboscope. It's the first of its kind in Saskatchewan, and allows ENT physicians to carefully and closely examine the vocal cords and surrounding structure as well as see and record an extremely high-resolution video in real time. Vocal cords are complicated, so having a real-time video of how they are working is key to accurate diagnosis and successful treatment.

With a Digital Stroboscope, an ENT physician can often make a diagnosis and move directly to treatment in the same day.

Scott Lamb, Past Chair of the Kinsmen Foundation Volunteer Board of Directors, says it's important that the fund raising they do will stay in the province and will help many people. "We look at the greater good of the community," Scott says. "Does it serve the greatest needs? That piece of equipment is going to change lives and communities in the whole province."



(l-r) Dr. Anil Sharma, Pam Massine and Richard Kies with the Kinsmen Foundation, and SPH Foundation CEO Bruce Acton.

Every year, as many as 800 volunteers work for months to stage the 20 hours of Telemiracle. The walls in the Kinsmen Foundation office are covered with photos from the Telemiracle fund raising events over the years - in fact, they're starting to run out of wall space! Since the first time it aired in 1977, Telemiracle has raised almost \$130 million for charity.

All of it depends solely on the support of the community, and the Foundation says that the people of Saskatchewan are some of the most generous in the country.

"I truly think it comes down to being proud," Pam says. "We're proud of where we're from; we're proud of this province. We are one giant community."

HOSPITAL HOME LOTTERY

\$1.3 MILLION
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Fall 2018 Hospital Home Lottery ticket sales will support all three Saskatoon hospitals. At St. Paul's Hospital, proceeds will support state-of-the-art equipment including a Labscan Luminex to identify gene sequences for organ and bone marrow transplant patients, a Draeger PulmoVista that produces a real-time view of the ventilation of patient lungs, and a Supine Cycle to provide leg and arm therapy for Intensive Care Unit patients.

Collaborative Culture Inspires Doctors to Give Back



St. Paul's Hospital, a Special Place for Dr. Mike Moser and Dr. Tama Banerjee

"Transplants are unpredictable," says Dr. Mike Moser, a kidney transplant surgeon at St. Paul's Hospital. "We never know when an organ donation will become available but once it does, the operating room will be busy for quite awhile." Sometimes transplant surgeries can take up to 12 hours or more.

"The operating room is a busy place," he adds. At other hospitals where he's worked, he sometimes heard staff complain about the disruption when an organ came in. But not at St. Paul's: "At St. Paul's there's a buzz that happens. People are lining up to take part

in the transplant. They know the difference that it's going to make for the person getting that kidney. It doesn't seem to faze the staff. It's a priority and they really pull together to make it happen."

This patient-focused culture is one of the reasons why Dr. Moser and his wife, Dr. Tama Banerjee, made a gift of \$25,000 to the Foundation's Operating Room Advancements campaign in support of the Transplant Suite and Operating Theatre. Dr. Banerjee is a pathologist who worked at St. Paul's for several years before recently moving to City Hospital.

"St. Paul's has always been a special place for us," Dr. Moser said. "We've worked all over the country, and St. Paul's has this certain warmth about it and this pulling together when stuff needs to get done that we both really like."

Dr. Moser says both he and his wife chose health care as a profession so they could help people, and that same sense of a duty to help is why they donated to this campaign: "It feels good to know you're a part of this, and giving back to a place that means so much to us is also important."

Dr. Mike Moser and his wife Dr. Tama Banerjee say the positive culture at St. Paul's Hospital made a big impression on them.

Upcoming Events



• •
SEPT
24

The Gormley Gathering

Presented by Orano, featuring Don Narcisse
Persephone Theatre, 5:30-7:30 p.m.
Tickets \$150 at sphfoundation.org or call 306-655-5821

• •
OCT
16

Feast Day & SPH Foundation Professional Development Awards

St. Paul's Hospital Cafeteria, 12:00 noon
Free admission.

• •
OCT
17

Mission in Action Awards

St. Paul's Hospital Cafeteria, 12:00 noon
Free admission.

• •
NOV
3

6th Annual Urology Symposium

Presented by Motorcycle Ride for Dad
Radisson Hotel, 7:30 a.m. –12 noon
Free admission

• •
NOV
17

Mistletoe Charity Ball

Presented by Nutrien
Sheraton Cavalier, 6:30 p.m.
Tickets \$500 at sphfoundation.org or call 306-655-5821

Kindred Spirit

SPH Foundation Donor Report

You are making a difference!
Thanks to you, St. Paul's Hospital
\$5.2 million in 2016 to support
advancements and education and

Thank you to the community group
volunteers who give generously

Don't miss the latest news!

Sign up for Kindred Spirit today!

Donors to SPH Foundation can receive the latest issue of the Kindred Spirit Donor eReport, delivered by email directly to your inbox.

Simply call or email SPH Foundation to sign up!

(306) 655-5821
info@sphfoundation.org



Join us online!

St. Paul's Hospital Foundation has active and informative social media channels and we'd love for you to join the community.

Facebook.com/stpaulshospitalfoundation
Instagram @stpaulshospitalfoundation

We look forward to connecting with you!



The Heart Matters for Joyce and Jerry Temple

If you work at St. Paul's Hospital, you have likely engaged in conversation with housekeeper Joyce Temple. Joyce has been with St. Paul's Hospital for the past 14 years.

"Everyone at St. Paul's works hard to help others. I love the place and the people and I'm always having fun at work," says Joyce, whose infectious laughter is sure to bring a positive outlook to your day.

"I am generally a very positive person," she says. "But I wasn't always this way."

Only after many years of personal struggle and building her relationship with God did Joyce get to where she is today. She encourages others who are suffering to forgive those who have hurt them: "It's very easy to hold on to

the bitterness and hatred, but through forgiveness I've become a much happier person."

These days, Joyce and her husband, Jerry, are regular volunteers at their church and enjoy serving others in their community.

The Temples now want to "spread the love" by making a legacy gift to St. Paul's Hospital in honour of their mothers. Because both of their mothers had heart issues, they have chosen to designate half of their gift to support heart health.



Joyce and Jerry Temple at St. Paul's Hospital.

Joyce believes everyone should consider leaving a legacy gift that will help others. "It's all about the heart. Even if your life is not the best life, you can still do good and pass the love on to the next person," she says. "You would be surprised at the reward it gives. Sometimes the smallest things result in the biggest feelings."

A group photograph of nine people, including hospital staff and donors, standing and sitting in a room. They are all smiling and dressed in professional or semi-formal attire.

Thank You!

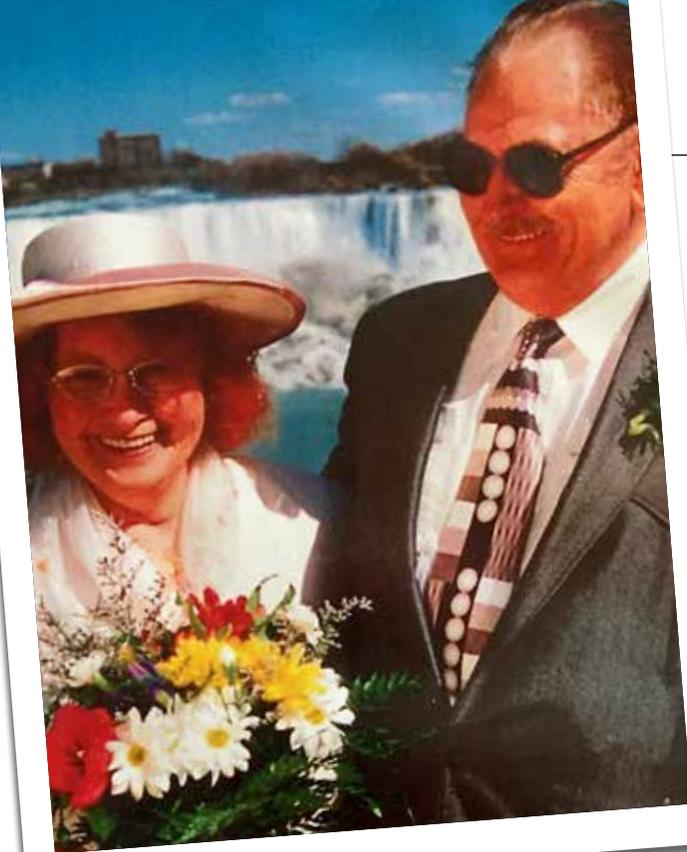
\$1.2 Million Goal for a New CT Scanner is Complete!

Thanks to donor support for Give & Grow, St. Paul's Hospital Foundation has completed a \$1.2 million campaign to purchase an urgently needed CT Scanner.

We deeply appreciate all of our generous donors and supporters including 2017 Hospital Home Lottery, Orme and Shirley Asher and Give & Grow sponsors Ron and Carol Schira, Saskatchewan Indian Gaming Authority, and Furniture World. Special thank you to media partners 650 CKOM, C95 and Rock102. We are very grateful.

The logo for Give & Grow, featuring the text "Give & Grow" in a blue, sans-serif font with a stylized multi-colored flower or starburst graphic to the right.

Back row (l-r) Shane Timm; Dr. Nicolette Sinclair; Carol Schira and Ron Schira, Owners -Schira Subways; Brent Loucks, 650CKOM; Front row (l-r) Bruce Acton, SPH Foundation CEO; Heather Bonyng, 650CKOM; Marla Komaransky; Kari Sinkewicz, SPH Foundation Manager of Annual Giving



Sylvia and Peter Kiziak at their wedding at Niagara Falls.

Teaching Others to GIVE

St. Paul's Hospital Foundation recently received a planned gift from Peter and Sylvia Kiziak. The generous funds from this estate have established the Sylvia and Peter Kiziak Endowment, which will support staff professional development at St. Paul's Hospital.

Sylvia and Peter Kiziak spent most of their time in North

Battleford, though they also had a home in Vermilion, Alberta. Their granddaughter Bobbie-Jo McCarthy says she was very close to them, more like a daughter than a granddaughter.

Bobbie-Jo says Sylvia and Peter were both inherently altruistic people. They met later in life, and from the time they were first married they made charitable

donations to organizations close to their hearts and spoke often about how happy they were to give to others.

When they told Bobbie-Jo they were arranging a planned gift as part of their Wills, Bobbie-Jo knew it was a good decision for them. Their choice reminds her of what is important to herself, as well: "When you see the joy giving brings, it reminds you that you are making the right choices yourself."

Your Gifts in Action

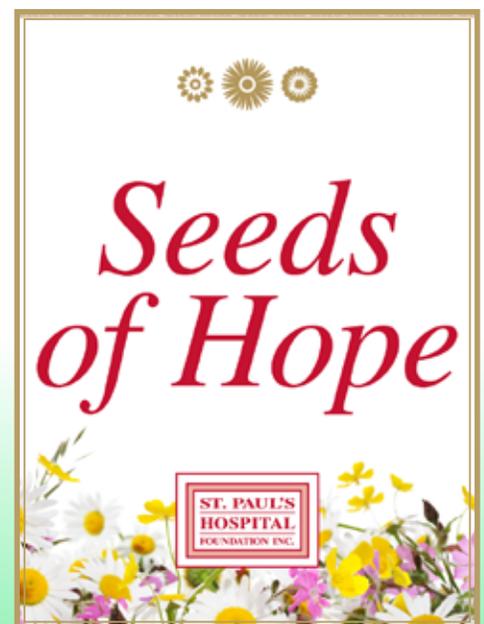
How Donors Are Making a Difference at St. Paul's Hospital

Thanks to your support, there have been some amazing achievements at St. Paul's Hospital over the past year.

Our Seeds of Hope campaign at Easter funded a Point-of-Care Ultrasound machine used to diagnose patients directly at their bedside. We also completed fund raising for a new CT Scanner for the Diagnostic Imaging Department. The Government of Saskatchewan pledged half of the \$2.4 million

required and the balance came from donor gifts and funds raised through our new radiothon "Give & Grow."

Other equipment ordered and purchased thanks to donors includes a 2D Echo Cardiac Machine for heart ultrasounds, a Green Light Laser for urology patients in the Dubé Urology Centre for Health, and an Angiojet Ultra Thrombectomy for patients with clots in arteries and/or veins in Medical Imaging.



LIVING THE MISSION AND VALUES OF ST. PAUL'S HOSPITAL

Mission Office Keeps the Hospital Connected to Its Catholic Roots

The Mission Office is the bond that ties the Hospital to its mission of building a community of health, hope and compassion for all. Brian Zimmer, former Director of Mission, says he sees the Office as a way to connect peoples' beliefs as individuals to the larger picture of the mission of the Hospital.

(l-r) New Director of Mission Leah Perrault, Mission Office Coordinator Diane Boechler and former Director of Mission Brian Zimmer.

“People already want to live those core values, or they wouldn’t be here,” says Brian. “People are compassionate or they wouldn’t be working in health care. People like holistic care; they like that we’re dealing with the whole person and not just this injury or that disease. So we celebrate the ways people actually do live our Mission.”

Brian Zimmer Retiring

Brian was the Director of Mission for 18 years. He’s 63 years old this year and while he’s still in good health, he says the time has come to pass the torch on. We thank Brian for his many years of exceptional service. He will be greatly missed by all.

Leah Perrault will take on the role of Director of Mission in September. Leah holds a Master of Arts in Theology, has served as the Director of Pastoral Services for the Roman Catholic Diocese of Saskatoon, and has worked

with Emmanuel Care as Executive Lead for Corporate Initiatives.

“I’m eager to join the Mission team at St. Paul’s,” Leah says. “I’m looking forward to learning with and from the staff in all areas and departments, and getting to know all the extraordinary people here who bring health, hope and compassion for all in our community.”

A Catholic history

St. Paul’s Hospital was founded by the Grey Nuns in 1907 and that history still runs strong. We’re a Catholic hospital, owned by the Bishops of Saskatchewan through Emmanuel Health. The Mission Office organizes events, programs and services at the Hospital that connect to this history, including Ethics, Mission Week, the Long Service Awards and The Lifeline, St. Paul’s Hospital staff newsletter. Other Mission Office events and initiatives – for example,

Community Day and the Healing Arts program – don’t explicitly promote the Hospital’s mission but rather are embodiments of mission.

“Our own mission statement for the Mission Office is to make it as easy as possible for all Hospital staff to live the mission and values of St. Paul’s Hospital,” Brian says.

Coordinator Diane Boechler is a fixture in the Mission Office, ensuring all programs, events and initiatives go off without a hitch. She says donor support is crucial to carrying out the Hospital’s Mission of caring for the whole person: body, mind and spirit.

“Only with donor support can we offer important services such as our Healing Arts program and Spiritual Care department that support patients in exploring feelings and vulnerabilities in times of crisis and uncertainty,” Diane says.

The Gormley Gathering



Tickets \$150

for St. Paul’s Hospital Leslie & Irene Dubé Urology Centre of Health

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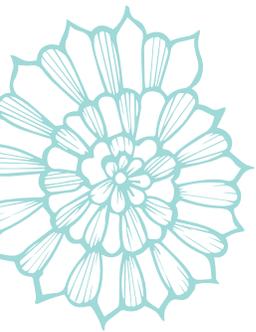
Persephone Theatre - 100 Spadina Crescent East

Call 655-5821 or www.sphfoundation.org/gormley



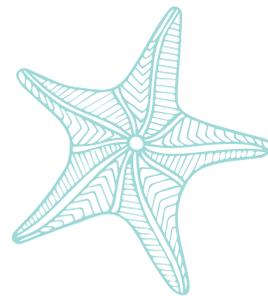






ST. PAUL'S HOSPITAL FOUNDATION

Mistletoe Charity Ball



Saskatoon's premier black tie event, providing guests with an elegant fine dining experience, complete with friendly mingling and dancing.

Please join us at the 29th Annual Mistletoe Charity Ball.

SATURDAY
NOV 17
2018

———— Tickets available at sphfoundation.org ————

500 dollars per person | 4,000 dollars per table of eight

A PARTIAL TAX RECEIPT WILL BE ISSUED.



Your attendance at the 2018 Mistletoe Charity Ball will help provide comfort and care for patients through equipment and furnishings at St. Paul's Hospital.

THANK YOU TO THE 2018 MISTLETOE CHARITY BALL VOLUNTEER COMMITTEE

Carol Yelland (Chair) | Barbara Berscheid | Doreen Howlett | Nicholle Povhe | Pam Prosofsky
Anne Reddekopp | Rhonda Spencer | Tanya Wur | Kari Sinkewicz (SPH Foundation
Manager of Annual Giving) | Brenda McLean (SPH Foundation Executive Assistant)

Presented by



St. Paul's Hospital



THANK YOU TO ALL THE SPONSORS AND ATTENDEES OF THE MISTLETOE BALL

Thank-You Notes

My friend passed away at SPH. He was cared for extremely well! The family was so pleased with his care. My heart was warmed knowing he and his family were so well cared for! Great front line staff - please pat them on their backs! Thank you so much! - Patricia

My aunt felt very special in her last moments surrounded by the staff at St. Paul's Palliative Care. She was in peace and appeared ready to go. This was a blessing to know that she was well surrounded and well taken care of. - Linda

I wish to thank the St. Paul's Hospital Foundation for their support of continuing education for the nursing staff. The atmosphere that we work in is one of continual evolution and change. The ability to be aware of the changes and respond to them with up-to-date education and experiences gives us the knowledge to accommodate new and innovative ideas when meeting the challenges of our ever-changing environment in patient care. - Rita

I would like to formally take the opportunity to thank you for the funding I received through the Professional Development Fund. Without these funds, my opportunity for participation in this conference would not have been possible. Thank you again for your generous contribution and ongoing support for professional development opportunities. - Karla

I have just returned from a conference I was able to attend thanks to the generosity of your Foundation. I have been given the opportunity to attend others in the past and always feel that it revitalizes and refocuses me to continue offering inventive and valued service in my work. - Brenda

St. Paul's Hospital Giftshop



**Gift and Flower Orders:
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Closed Sundays and holidays

All proceeds from Gift Shop sales support St. Paul's Hospital employee professional development and training.

Please return any undeliverable Canadian addresses to:

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