

FALL 2023

THE VOICE OF ST. PAUL'S HOSPITAL FOUNDATION

# Spirit



## CHANGING THE FACE OF HEALTH CARE

LESLIE AND IRENE DUBÉ

**STEADFAST SUPPORT FOR SASKATCHEWAN**

KINSMEN FOUNDATION

**FROM PATIENT TO PHILANTHROPIST**

RUBY DYCK

**CELEBRATING GENEROSITY**

DAPHNE ARNASON AND LEO BOURASSA

(l-r) Emmanuel Health CEO Corey Miller,  
Irene Dubé, and Leslie Dubé accompanied by dogs Sugar and Ginger



Emmanuel  
Health



St. Paul's Hospital





# Message From SPH Foundation



As a Foundation, our sights are often set on the future. We look for ways we might effect positive change within our Hospital and throughout our community, and seek innovative projects that advance the care of those we serve. And while we hold dearly this vision for what lies ahead, we also celebrate our past: 2022 provided the wonderful opportunity to mark the 40th anniversary of St. Paul's Hospital Foundation.

Since the Foundation's inception those forty years ago, our phenomenal community of donors has enabled us to allocate over \$86 million to St. Paul's Hospital. How this \$86 million has impacted the work of our healthcare staff and the care that they are able to provide cannot easily be quantified. It has been, and

continues to be, an honour to serve as a conduit for our community's gratitude and generosity. Our donors have had a direct hand in improving health care both throughout and beyond the city, helping us to provide holistic and state-of-the-art care to those who enter our doors. It is our partnership with each and every donor that generously shares their gifts that has been essential to the growth of St. Paul's Hospital over the last four decades.

Our connection to our community has brought us to where we are today, and we are very grateful to each person who has given time and resources toward our Foundation and our Hospital. Be assured that we are sincerely and deeply grateful.

As we look ahead, we are excited to welcome Gwen Dueck as our new Board Chair and Kevin Sharfe as our new Vice-Chair. We also wish to thank outgoing Board members Neil Weber and Shari Watson, who served with compassion and dedication throughout their tenures. Lastly, we extend our heartfelt gratitude to Dr. Vivian Walker, who has served with steadfast leadership and grace as our Board Chair for the past two years, and will remain on the Board as Past Chair.

To our donors, our volunteers and the rest of our committed St. Paul's Family, we thank you for a remarkable forty years, and we look forward to many more to come.

**Lecina Hicke,**  
St. Paul's Hospital Foundation CEO

## SPH Foundation Volunteer Board of Directors 2023 - 2024

*Standing Centre (l-r) Kevin Sharfe (Vice-Chair), Gwen Dueck (Chair).*

*Back Row (l-r) Chris Donald, Chris Boychuk, Dr. Bruce Berscheid (St. Paul's Hospital Local Council), Dr. Vivian Walker (Past Chair), Shane Biehn.*

*Seated (l-r) Steeg Holmes, Nicholle Povhe (Treasurer), Doreen Howlett, Carmen Levandoski, Tracy Muggli (SPH Executive Director), Lecina Hicke (SPH Foundation CEO).*

*Not Pictured: Larry Long, Ron Hyggen.*



# Spirit

(l-r) Richard Kies, Kinsmen Foundation Executive Director,  
Raelynn Nicholson, 2022/23 Kinsmen Foundation Vice-Chair;  
Lecina Hicke, SPH Foundation CEO; Rob Bateman, 2022/23 Kinsmen Foundation Chair



## Inside

- |  |   |
|--|---|
| 4. CHANGING THE FACE OF HEALTH CARE: LESLIE AND IRENE DUBÉ | 14. CROSS-COUNTRY CONNECTION: DANNY AND MARC MINOGUE        |
| 8. STEADFAST SUPPORT FOR SASKATCHEWAN: KINSMEN FOUNDATION  | 16. CELEBRATING GENEROSITY: DAPHNE ARNASON AND LEO BOURASSA |
| 10. A LEGACY OF CAREGIVING: ALBERT AND IDA SHIPP           | 18. ENHANCING SAFETY THROUGH TECHNOLOGY: APLIO ULTRASOUND   |
| 12. FROM PATIENT TO PHILANTHROPIST: RUBY DYCK              |   |

### The Spirit

Produced by St. Paul's Hospital Foundation

Production: Lauren Bueckert

Editors: Sandhya Padmanabh; John Allen; Lauren Bueckert

Copy Editor: Wanda Drury

Layout & Design: Greg Hargarten

Contributors: Ashleigh Mattern, Lauren Bueckert

Print: MisterPrint

Photography: Matt Braden Photo



# CHANGING THE FACE OF HEALTH CARE

Leslie and Irene Dubé have been instrumental in transforming health care in Saskatchewan, and their generosity stems from a place of love. This remarkable couple seeks to care for the most vulnerable, and their compassion is spread widely, even encompassing international aid organizations like the Red Cross. But as Irene eloquently says, “charity starts at home”, and the Dubés want to ensure that Saskatoon hospitals receive the support they need.

“God gave us all this and didn’t charge us for it,” Irene explains. “Now, whatever we have, we’re prepared to share it with others.”

The Dubés’ unwavering dedication to a proactive approach to health care and their belief in the power of charity have improved the lives of countless individuals in Saskatoon and beyond. Both Leslie and Irene have also given considerably of their time and talent to support St. Paul’s, and

hold dear memories of time spent at the Hospital. Leslie served on the Hospital Board of Directors for 16 years, and has wonderful memories of working with the Grey Nuns during his tenure. Irene has and continues to hand-make cozy blankets for healthcare facilities in the city including St. Paul’s and the Hospice at Glengarda, bringing heartfelt comfort for patients receiving medical care away from home. The couple also had friends from their hometown of Wynyard, Saskatchewan, who received their nurses’ training at St. Paul’s. They have always held the facility close to their hearts, inspiring them to provide many generous gifts that have brought significant lasting impact.

One such gift more than 30 years ago purchased Saskatchewan’s first and only lithotripter — a state-of-the-art piece of equipment designed to disintegrate kidney stones through the use of shock waves.

That gift began the province’s lithotripsy program and to this day, more than 300 patients annually access this integral facet of care within our Hospital.

The Dubés are now once again supporting urological health in the province by providing an extraordinarily generous \$1.4 million donation to St. Paul’s Hospital Foundation for the purchase of a new lithotripter that will significantly increase the efficiency and accuracy of lithotripsy procedures.

One crucial aspect of the Dubés’ vision for health care is the retaining of talented healthcare professionals in Saskatchewan. They understand that well-trained, experienced medical staff play a pivotal role in providing exceptional care to patients. Through their generous contributions to cutting-edge medical equipment and technology, they enable the healthcare





## Charity Begins at Home for Leslie and Irene Dubé

*(l-r) Irene and Leslie Dubé with their dogs, Sugar and Ginger*





(l-r) Emmanuel Health CEO Corey Miller, Irene Dubé, Leslie Dubé, and SPH Foundation CEO Lecina Hicke, accompanied by dogs Sugar and Ginger

system to remain competitive by recruiting top-notch talent to deliver outstanding patient care.

The Dubés' story reminds us of the power each individual possesses to make a difference, and they urge the public to support the Hospital in its efforts to help address unmet needs. They know from experience that without community partnerships, much of the innovation and many new technologies at St. Paul's Hospital wouldn't have been realized.

"It feels good to share and we're

happy to do it," Leslie says. "We don't share because we have to, we share because we want to."

Newly appointed President and CEO of Emmanuel Health, Corey Miller, has seen the many impacts that Leslie and Irene Dubés' philanthropic leadership has had on the healthcare system in Saskatoon. "The Dubés have been lifelong supporters of Catholic Health Care in Saskatchewan, both as volunteer Board members and as philanthropic leaders," he reflects.

Leslie and Irene recognize the many wonderful people working

hard to make the healthcare system as effective as possible, and they want their gifts to have a positive impact on that system. They hope that their focus on filling unmet needs in their own community will serve as inspiration to others, encouraging people to share their own time, talent or funds to make a difference.

In Corey Miller's concluding words, "The Dubés' steadfast commitment to serving others in need is an inspiration and example for all frontline healthcare employees living the mission of Catholic Health Care."



ST. PAUL'S HOSPITAL FOUNDATION

# Mistletoe Charity Ball & Baskets

Presented by

**Nutrien**  
Feeding the Future™

The Mistletoe Charity Ball & Baskets brings you two remarkable ways to support St. Paul's Hospital Foundation!

## *The 34th Annual Mistletoe Charity Ball*

**Saturday November 18, 2023 at the Sheraton Cavalier Hotel**

Black or White Tie | 600 Dollars per Person | 4,800 Dollars per Table of Eight

*Bring your festive spirit, but leave your wallet at home!*

*All aspects of the event are covered with your ticket purchase.*

## *The Mistletoe Charity Baskets*

**Delivered anywhere in Saskatoon on December 9, 2023**

150 Dollars each | Limited quantities

Proceeds from this year's Mistletoe Ball & Baskets will support the purchase of a BK Ultrasound System and Anesthesia Machine to utilize alongside the da Vinci Surgical Robot. These new machines provide increased accuracy and improve patient outcomes allowing St. Paul's Hospital to provide the highest level of care to its patients.

**To Purchase Tickets or Baskets call 306.655.5821 or visit [sphfoundation.org/mistletoe](https://sphfoundation.org/mistletoe)**

**RSVP for the Ball by November 4, 2023 | Order Baskets by November 24, 2023**

## *Thank you to the 2023 Mistletoe Volunteer Committee*

Carrie Jamieson (Chair) | Barbara Berscheid | Doreen Howlett | Brenda McLean | Nicholle Povhe | Tanya Wur  
Carol Yelland | Jesse Greenwood (Annual Giving Officer) | Michelle Neufeld (Manager of Annual Giving)  
Pam Prososky (Event Coordinator)







# Kinsmen Foundation Invests in New Health Care Equipment for the Province

*Kinsmen Foundation Executive Director Richard Kies (second from right) with 2022/23 Board Executive members: Vice-Chair Raelynn Nicholson (far left), Past-Chair Lyndsay L'Heureux (second from left) and Chair Rob Bateman (far right).*



# STEADFAST SUPPORT FOR SASKATCHEWAN

Through its iconic TeleMiracle Fundraising Telethon and generous support of the residents of our province, the Kinsmen Foundation is known by nearly everyone across Saskatchewan. After a record-breaking telethon in 2022 and another successful event in 2023, the Foundation committed a record amount of funds to new equipment and projects that drive innovation and improve access to health care in Saskatchewan. This funding included a very generous donation of \$225,000 to St. Paul's Hospital Foundation towards the acquisition of the da Vinci Surgical Robot.

Innovative equipment that improves the patient experience within the healthcare system is at the core of the missions of both Kinsmen Foundation and St. Paul's Hospital Foundation. Kinsmen Foundation has previously supported significant advancements at St. Paul's by providing exceedingly generous gifts toward projects like the Electron Microscope and the Close to Home Campaign for end-of-life care. "New and innovative equipment, or equipment that improves access to health care, leads to better outcomes," says Kinsmen Foundation Executive Director Richard Kies.

Kinsmen Foundation aims to increase access to this type of equipment and to extend life-saving technologies to areas that previously may not have had access.

In addition to supporting St. Paul's Hospital Foundation, the Kinsmen Foundation as a whole is committed to increasing the awareness of how all communities and organizations with specific needs can similarly receive support. "We have a mandate to support people across the province, and maybe there's some smaller facilities or other projects that haven't been on our radar. We want to become aware of those," Kies explains.

He says the Kinsmen Foundation appreciates the grassroots nature of the telethon. "TeleMiracle is rooted in Saskatchewan – it's a homegrown telethon that really couldn't exist anywhere else," Kies adds. "It's woven into the culture and fabric of the province. For a segment of our population, all you have to do is say the phrase 'Ring those Phones!' and they know exactly what you're talking about."

The reach of TeleMiracle spans the entire province, with Kies outlining that they rarely have to look far before finding someone who either is or has

been, in one way or another, linked to it. "You don't have to go too far to find a connection to someone who has either donated, knows somebody that was supported, or somebody that was on stage when they were in school. Maybe they came across the stage with their piggy bank. It doesn't take long for people to find their TeleMiracle story," Kies adds. "They're supporting their friends, their neighbours, and their community. That's very Saskatchewan – that's our province and that's our history."

With its continued commitment to health care in the province, the Kinsmen Foundation will have a widespread and immeasurable effect on the lives of patients and their families. Their most recent support of St. Paul's Hospital has already had a significant effect, with the resounding success of the da Vinci Surgical Robot and marked improvement to outcomes for surgical patients. Whether it's by bringing new access to innovative equipment in remote areas of the province or by funding new technologies, Kinsmen Foundation's support — and therefore the generosity of the people of Saskatchewan as a whole — will undeniably be making a difference.

Ida and Albert Shipp are two remarkable souls who left an indelible mark on their community in Ottawa, dedicating their lives to charity work and volunteering tirelessly for local hospitals and their beloved church. As devout Catholics, their faith guided their actions, inspiring them to extend a helping hand to those in need.

Albert was born in 1912 in Montreal. He lost his mother early in life and because of his father's work, his family moved often until his father remarried in 1924 and settled in Hull, Quebec. Albert's only sibling was his brother, Frank, and although there was a 14 year age gap between them, the two grew up very close. As an adult, Albert moved to Ottawa and had a long and happy career at a pulp and paper company in Hull. Community-minded, he was actively involved in his church and with the Knights of Columbus.

Born in 1926 in the hamlet of Gibbs, Saskatchewan, Ida spent her formative years on a farm near Forgan, Sask. Ida's sister, Marie, passed away at the young age of 17 due to post-surgery complications. Because the two had been close, the loss was very tragic for Ida.

Following her college education, Ida worked as an audit clerk for Revenue Canada. While also maintaining a full-time job, she assumed the role of primary

caregiver for her aging parents. Her unwavering devotion saw her through the painful journey of witnessing her mother's battle with cancer and her father's struggle with Alzheimer's disease.

Ida subsequently moved to Ottawa in 1975, when she married Albert. Ida became an integral part of the Church Ladies' Auxiliary and volunteered as Secretary.

When she wasn't volunteering, Ida found solace in gardening, cross-stitch, knitting and crocheting. Many of those handmade treasures found their way to the couples' church, while others were donated to healthcare facilities, bringing comfort and joy to patients receiving care.

The Shipp's caregiving legacy lives on through a gift to St. Paul's Hospital Foundation from Ida's estate. When making her estate plans, Ida followed her heart back to both her Saskatchewan roots and her values in life to finalize a gift in her Will in support of St. Paul's.

Ida's and Albert's loss of loved ones early in life led to a shared belief in the importance of medical research, which guided them in choosing to donate to various medical organizations both during their lives and through Ida's estate. They understood the profound impact that advancements in medicine could have on the lives of countless individuals, and their contributions continue to pave the way for a brighter future in health care.

*If you are interested in supporting St. Paul's Hospital Foundation through a legacy gift in your Will, contact Pamela Hujber, Manager of Major Giving, at [info@sphfoundation.org](mailto:info@sphfoundation.org) or (306) 655-5821.*



*Ida and Albert Shipp  
on their wedding day*



# A CAREGIVING LEGACY

Honouring Ida and Albert Shipp's  
Dedication to Enhancing Care

*Dr. Ahmed Mostafa, Director of the Histocompatibility and Immunogenetics Laboratory, with new EZ2 Connect equipment. Albert and Ida Shipp's gift provided significant support for purchase of updated, state-of-the art equipment for the Lab at SPH.*

# FROM PATIENT TO PHILANTHROPIST

Ruby Dyck's journey in philanthropy began with personal connections to St. Paul's Hospital. She found herself spending increased time within the Hospital's walls as she bid farewell to family members who journeyed through Palliative Care. Ruby also began her own battle with a rare, incurable cancer that she lives with each day. After ten years of searching for answers, she was diagnosed in 2006 with a "one-in-a-million" cancer, Adrenal Cortical Carcinoma (ACC). She states, "I am a warrior, and each and every day is a gift. It is truly a miracle". Through these difficult experiences, Ruby has developed a personal understanding of the critical importance of having access to specialized care without having to leave the province or the country, and she is acutely aware of the need to retain surgeons and healthcare professionals.

So when Ruby saw a picture of Dr. Peter Spafford with the new da Vinci Surgical Robot, a spark ignited within her. "When I first saw that picture... I was just amazed that this was actually going to happen," Ruby says. "And when it happened as quickly as it did, I felt very motivated. Supporting it was something that was close to my

heart and it just felt like the right thing to do."

Dr. Spafford had been one of her late husband's specialists, and as she followed the story of the cutting-edge robotic technology being brought to the Hospital, she was struck once again by his dedication to providing high-quality health care in the province.

She was also directly inspired by Merlis Belsher's donation to the project, and his personal story.

"The fact that Merlis Belsher had lost a son and the Robot [Daryl] was named after him, and that he was generous enough to donate funds... he's to be admired," she said. "It's all about inspiring other people and it did inspire me." Ruby was stirred to action, leading her to provide a phenomenal \$100,000 gift toward the Robot. She also has made a provision in her estate plan to support the Palliative Care Unit at St. Paul's Hospital, and the Hospice at Glengarda.

Ruby comes by her giving nature honestly. The youngest of 13 children, her parents created a very giving home atmosphere. In speaking of them Ruby remarks, "They lived through the Spanish

Flu, the Great Depression, World War I, and World War II. They were financially successful but continued to live a frugal lifestyle, and their strong faith motivated them to give a certain percentage of their income to those who were less fortunate. They also gave fresh garden produce, home-baked goods, homemade soups and the gift of company to those who needed support. That was just a part of who they were."

Now Ruby wants to pass on that same tradition of giving to her grandchildren, to whom she's very close. She hopes her donation inspires them to be similarly generous, and helps them to understand an important motto that she holds dear in her own life: "If it's to be, it's up to me."

"That's what I try to instill in my grandchildren: if you want something done, do it yourself. Don't rely on anyone else."

Through her philanthropy and by sharing her story, Ruby hopes to influence the way health care is delivered in Saskatchewan by supporting innovation, and she wants to inspire others to do the same.





## Ruby Dyck Wants Her Story to Inspire Others to Give

*"Hope is the thing with feathers that perches in the soul and sings the tune without words - and never stops at all."*  
- an excerpt from one of Ruby Dyck's favorite poems by Emily Dickinson





# Danny and Marc Minogue Bring Teamwork and Philanthropy from Montreal to Saskatoon

*Marc and Danny Minogue showcasing the da Vinci Surgical Robot*



# CROSS-COUNTRY CONNECTION

Danny Minogue first found his passion for philanthropy through his involvement in the ski racer community — he's a past chairman of Alpine Ski Canada and a former ski racer, on the national team in the '70s. "A lot of people volunteered their time to help, whether it was on the ski hill, organizing the races, or even having us bunk at their homes", he says. It was during those years that Danny learned more about fundraising, and the connections that are important to building a community of supporters. It was those same lessons that underpinned his family's support in bringing the da Vinci surgical robot to Saskatoon.

Danny is the founder of Minogue Medical, a family business based out of Montreal. He founded the company in 1986 with his wife Elyce Minogue, and runs the business today alongside his son Marc, who is Vice President.

The journey to bring robotic-assisted surgery to Saskatchewan began over four years ago, when Dr. Varun Bathini, now the Provincial Lead of Surgical Robotics and Assistant Professor with the Department of Surgery at University of Saskatchewan, arranged for Marc to present the da Vinci Surgical Robot to a multi-specialty group of surgeons in Saskatoon.

At this presentation, Marc and Danny saw the vision of leaders like

Dr. Ivar Mendez (then Head of Surgery for Saskatchewan), Dr. Bathini, and Dr. Peter Spafford, whose professionalism and innovative perspective laid a path of success for a provincial Surgical Robotics Program. They also witnessed community philanthropy in action; a patient and friend of Dr. Spafford, Merlis Belsher, was riveted by the project and the potential that it held for serving patients in the province. The Merlis Belsher Family provided the phenomenal keystone donation for the project through St. Paul's Hospital Foundation — but further funding was needed. Inspired by the leadership of the physicians and the generosity of the Merlis Belsher Family, the Minogue family committed to a \$125,000 gift, the largest amount they've ever given to a foundation.

"We were treated with open arms, respect and inclusion at St. Paul's," Danny said. "The reason we wanted to give was because of the people. It was really the friendship with Merlis, the professionalism and friendship with Dr. Peter Spafford, and the partnership with Lecina (St. Paul's Hospital Foundation's CEO), who is also a star and pleasure to deal with. We had a very good feeling about everything." Marc further adds that "the Minogue family dedicated to give out of great respect for the vision of robotic programming held by Dr. Ivar Mendez, and because we

admired Dr. Varun Bathini's years of hard work, energy and passion, which served as the 'spark plug' for this project." For the Minogue family, being part of a fundraising campaign to bring this cutting-edge health care to Saskatchewan, even though their own community is provinces away, felt wonderful.

Marc hopes the story of the co-operation, teamwork and philanthropy that brought the da Vinci Surgical Robot to St. Paul's Hospital will inspire other hospitals and donors to do the same. "This is just phase one for your province in regards to robotic-assisted surgery," he says. "There will be a need for other robots in the future. In order to get the highest quality of care, people need to give for their communities because the effects will be felt province-wide, city-wide, and will enhance the overall health of the communities that they live in."

*Since September 2022, the da Vinci Robot cutting-edge technology has performed over 200 surgical procedures at St. Paul's Hospital, resulting in significantly reduced surgical recovery times and better patient outcomes. As a further positive benefit, the surgical robot "Daryl" is reducing surgical waiting times, thereby positively impacting the health and well-being of our community.*



# CELEBRATING GENEROSITY

St. Paul's Hospital holds a special place in the hearts of Daphne Arnason and Leo Bourassa. All four of their children were born at the Hospital and spent their first days there, and their family has benefited from healthcare services provided by the Hospital on a number of occasions as well.

This deep connection is why the couple was inspired to give back: to help ensure that state-of-the-art equipment and technology are available to deliver the services they know so many people rely on.

"It is difficult to imagine our city and province without the medical services that St. Paul's provides," comment Daphne and Leo. "On the other hand, it is not difficult to imagine a situation where our family and community of friends could find themselves in sudden and urgent need of these services."

One vehicle of giving that has resonated with the pair is providing matching gifts, whereby they pledge to match donations from the community. Daphne and Leo pledged \$25,000

to support the 2023 Seeds of Hope fundraising letter, inspiring our community to give a total of \$107,960 in support of an X-Ray Room to house an advanced digital X-Ray machine.

They like the idea of a collective force of donors joining together and pooling their resources, then watching the results multiply. In the couple's view, "Everyone comes out winners! As donors, it provides a sense of satisfaction from a team effort — by donating together we can see greater results. But most importantly, the Foundation benefits from the financial leverage of being able to amplify the funds raised from the campaign."

The couple also gave an impressively generous \$80,000 gift to bring an Aplio Ultrasound machine to the Hospital. This technology will enable much safer prostate biopsies, a reduction of biopsy infection rates to nearly zero, and drastically shortened recovery time for patients who undergo the procedure.

In their journey of giving, the couple have fostered a culture

of philanthropy within their own family as well. Their four children each have growing families of their own, and Daphne and Leo hope to lead and inspire by example in the same way that they themselves have seen others do.

"We have been inspired by the past and present generosity of many individuals and families within the community," they explain. "We hope that our children will also understand the importance of giving back to organizations such as St. Paul's Hospital."

Through this journey of giving, Daphne and Leo have deepened their family's connection to St. Paul's Hospital, celebrated the generosity of others through their matching gift, and fostered a culture of philanthropy that extends far beyond their own family. We're so grateful both for their support and for the philanthropy their gift has inspired in others.

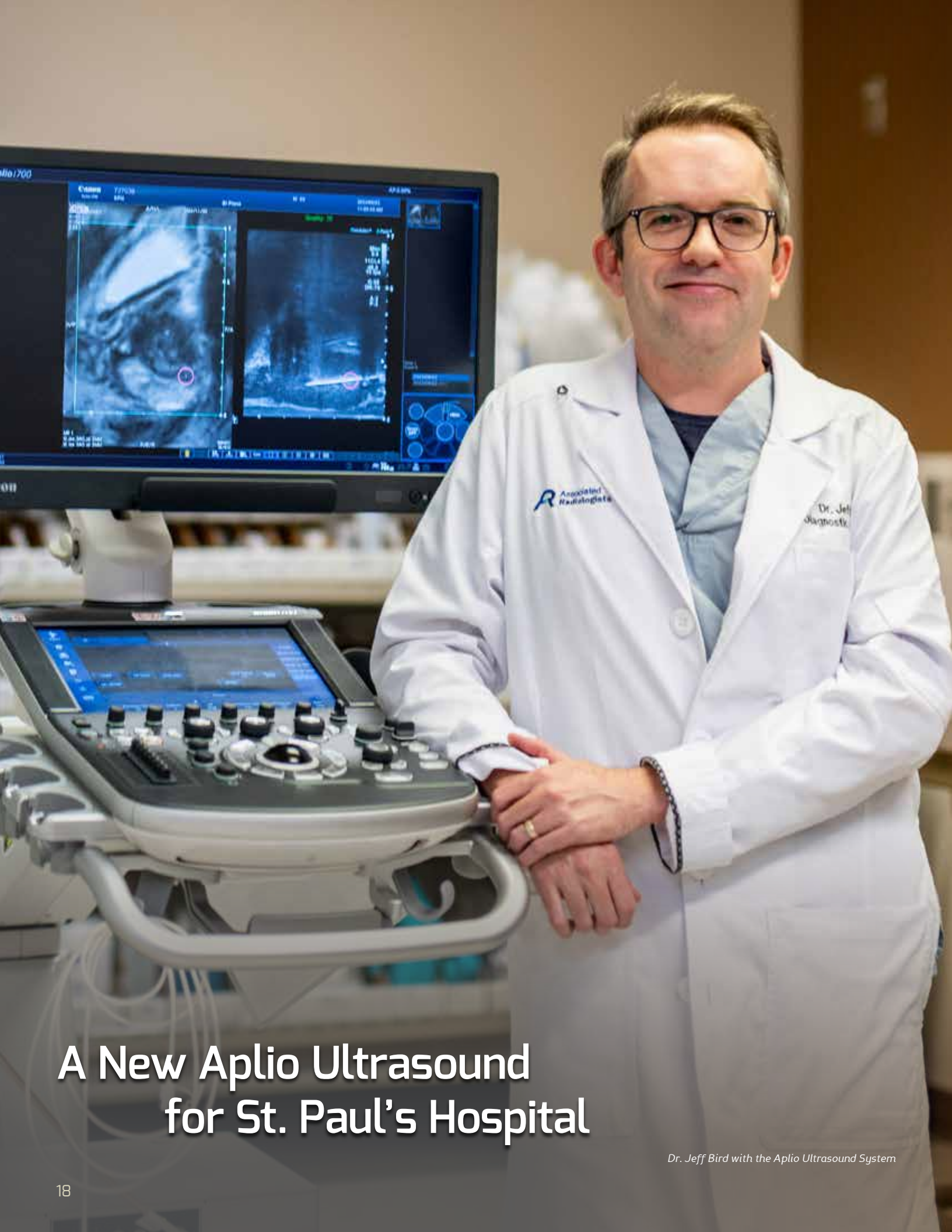




## Daphne Arnason and Leo Bourassa Support X-Ray & Ultrasound Technology

*Daphne Arnason and Leo Bourassa*





# A New Aplio Ultrasound for St. Paul's Hospital

*Dr. Jeff Bird with the Aplio Ultrasound System*



# ENHANCING SAFETY WITH TECHNOLOGY

For Diagnostic Radiologist Dr. Jeff Bird, using Aplio Ultrasound technology at St. Paul's Hospital is an exciting leap in the right direction, as the new technology drastically increases the safety of patients. As a body interventional radiologist with a sub-special interest in prostate imaging and biopsies, Dr. Bird knows firsthand how significantly patients' wellness can be improved by state-of-the-art equipment and care.

Traditionally, the only option available to patients requiring prostate biopsies was a procedure whereby the biopsy needle passed through the rectum. That method, although the best course of action available in the past, held a relatively high infection risk (5-6%) that could lead to significant complications that, in rare cases, were fatal. But now there is a better way.

With the acquisition of the Aplio Ultrasound, Dr. Bird now can complete much safer ultrasounds for patients who require prostate biopsies. This technology allows physicians to perform the biopsy through the perineum, reducing the risk of infection to almost 0%. By completing the procedure this way, there is a reduction in the need for preventative antibiotics, and patients can

receive local anesthetic outside of the Operating Room. With the new equipment, patients will no longer need to go under general anesthesia, will recover faster with less pain and blood loss, and are able to go home sooner. Dr. Bird says that if patients are feeling well enough, they can leave the Hospital within 15 minutes of completion of the procedure!

Another element of the equipment that Dr. Bird says is particularly special is the MRI-Ultrasound Fusion technology found within the Aplio Ultrasound system. In fact, this is the first machine with this type of Fusion technology being used in Western Canada. Dr. Bird flew to Toronto in October to learn from the team who pioneered this method, and is excited to be implementing the technology at St. Paul's.

When a patient arrives for a prostate biopsy, they often have already had an MRI completed. The MRI may have identified lesions that cannot be seen on ultrasound. The Fusion technology allows radiologists to import the MRI information and "fuse" it with what they see through the ultrasound in real time. This means that, with certainty, they can move biopsy needles toward targeted areas requiring investigation and increase diagnostic accuracy.

Dr. Bird is quick to highlight one of the things he loves about St. Paul's: namely, that he and his fellow radiologists "have such a positive relationship with our fellow clinicians at the Hospital". He is enthusiastic about the effects the new technology will have not only on his department, but in areas such as Urology as well.

The Aplio Ultrasound was brought to St. Paul's Hospital through the generosity of donors. Dr. Bird's own organization, Associated Radiologists LLP, came together as a group to give the lead \$80,000 gift for the acquisition. Dr. Bird met with his partners in December to discuss the very positive effects the machinery would bring to the patients served by St. Paul's Hospital, and how it could improve the practice of the professionals who use it. As he explains, "You like to improve the place you work, and improve care for the people that you serve."

Leo Bourassa and Daphne Arnason's gracious gift of \$80,000 followed, securing the safety-enhancing technology for the Hospital. Their generosity, coupled with the Associated Radiologists LLPs' phenomenal dedication to bringing innovative equipment to St. Paul's, will serve to improve the safety and well-being of those requiring prostate care now and into the future.

# COMMUNITY EVENTS SUPPORT

## ST. PAUL'S HOSPITAL FOUNDATION

### **Graham Nicholson Memorial Golf Tournament**

The Graham Nicholson Memorial Golf Tournament was held on June 16th, 2023. A labour of love by a committed group of friends and family, the Golf Tournament honoured a dedicated husband and father who held golf as one of his passions. Graham Nicholson was known for his wonderful sense of humour, for transforming ordinary moments into great memories, and for making space for those he loved. Diagnosed with an aggressive form of brain cancer at age 49, Graham passed away at the Hospice at Glengarda on April 15th, 2022. For his wife Tannis, their short time at the Hospice had a deeply meaningful effect on her family during an incredibly difficult time. She wants to ensure that other families navigating similar challenging paths will be able to access the same invaluable resources, both now and into the future. Tannis and her brother, Tyler Moss, made the admirable decision to honour Graham's legacy through the golf tournament, which serves not only to support the Hospice's Comfort Care Fund but also as a platform to raise awareness about the

extraordinary services provided at the Hospice at Glengarda.

**Tim Hortons Smile Cookie**  
St. Paul's Hospital Foundation was deeply grateful to be the charity of choice for Tim Hortons' first-ever Holiday Smile Cookie Campaign. Tim Hortons ran this campaign exclusively in Saskatchewan during December 5-11th, 2022 with the Foundation named as the beneficiary of the \$52,613 raised at participating Saskatoon locations. Tim Hortons' generosity will allow the Foundation to bolster support to the area of Kidney Health, improving care for patients in both Saskatoon and northern Saskatchewan.

### **Ahmadiyya Youth Run4Saskatoon**

Ahmadiyya Muslim Youth Association (AMYA) hosted their annual Run4Saskatoon charity run on October 8th, 2022. AMYA organizes charity runs across Canada, and Run4Saskatoon marked the fourth year that the group has hosted a run in Saskatoon. Very generously, AMYA selected St. Paul's Hospital Foundation as the recipient for funds raised by the October Run. Their gift of \$3000 will be committed to supporting an area

of greatest need at the Hospital.

**Dianne Antoneshyn Fundraiser**  
After experiencing the loss of her mother, Dianne Antoneshyn, Tina Thompson wanted to express her gratitude for the extraordinary care that her family received at the Hospice at Glengarda. On May 27th, 2023, alongside family and friends, Tina hosted a bake sale, barbecue, raffle, and 50/50 fundraiser at the Delisle Co-op to honour the memory of her mother and support the Hospice. Tina's dedication and the community's charitable approach to celebrating Dianne's life raised \$12,000 in support of the Comfort Care Fund at the Hospice at Glengarda, a fund providing holistic programming, activities and supplies that bring comfort, care and home-like touches to the Hospice.

*We are very grateful for the groups who host events in support of our Hospital. If you are interested in supporting St. Paul's Hospital Foundation through an event, contact Michelle Neufeld, Manager of Annual Giving, at [info@sphfoundation.org](mailto:info@sphfoundation.org) or (306) 655-5821.*





*Tyler Moss and Tannis Nicholson of the Graham Nicholson Memorial Golf Tournament. As the brother-in-law and wife of Graham Nicholson, Tyler and Tannis are passionate about spreading awareness of the value of end-of-life care. Photo credit: Julie Schappert of Stone + Glass Designs*

# Become One of Our Angels

"I became a member of the Circle of Angels to support health care, with a particular focus on the end-of-life care that is offered at St. Paul's Hospital and the Hospice at Glengarda. All families and patients deserve to find comfort and peace through vital end-of-life care within our community."

**Brenda McLean**

*Circle of Angels Monthly Donor*

Join Brenda as a monthly donor today! The Circle of Angels Monthly Giving Program is one way that you can help patients and families receive the best possible care at St. Paul's Hospital and the Hospice at Glengarda.



Sign up to give monthly at  
[sphfoundation.org](http://sphfoundation.org)  
(306) 655-5821



## Upcoming Events

**October 16-20 Mission Week Events** - hosted by Mission Office

**All Week Pool our Love.** Drop off non-perishable food donations for the Friendship Inn outside the Hospital entrance to the Pedway.

**October 16 Vignettes from Joel Bernbaum's documentary** on Pleasant Hill, Pylypchuk Hall, viewings throughout the day.

**October 17 Mission in Action and Charism Awards,** SPH Cafeteria at 12:00 noon.

**October 18 St. Marguerite d'Youville Feast Day Celebration,** SPH Cafeteria during lunch and dinner.

**October 19 Schwartz Rounds for SPH employees** (lunch provided), SPH Pylypchuk Hall, 12:00 -1:00pm.

**October 20 Mission Spirit Day:** Show your SPH spirit by wearing red.

**October 17 SPH Foundation Professional Development Awards,** SPH Cafeteria, 12:00 noon.

**November 6-7 W.F. Mitchell Bioethics Conference:** Unconscious Bias: Self-improvement Through Awareness, Pylypchuk Hall and WebEx, 11:00 a.m. -12:00 noon

**November 4 RSVP Deadline for Mistletoe Charity Ball.**

**November 24 Deadline to order Mistletoe Baskets.** Get your Ball tickets and order your Baskets at [sphfoundation.org/mistletoe](http://sphfoundation.org/mistletoe) or call 306-655-5821.

**November 18 Prostate Cancer: Survive and Thrive Urology Symposium,** Delta Hotels by Marriott, Downtown Saskatoon, 7:30 a.m. Get your tickets at [https://prostate\\_cancer\\_11.eventbrite.ca](https://prostate_cancer_11.eventbrite.ca)

**November 18 Mistletoe Charity Ball,** Sheraton Cavalier, 6:30 p.m.

**December 9: Mistletoe Basket Delivery Day**

**For more information on upcoming events visit:**  
[sphfoundation.org](http://sphfoundation.org)



# Thank-You Notes

I am a Tuberculosis Nurse with the STHA and have been for nearly ten years. I received an educational grant (sponsored by the Foundation) to attend a TB conference in Vancouver earlier this year. I love my job. I learned a lot at the conference and was encouraged to be surrounded by the experts in the field. Thank you for the opportunity. — M

The founders and supporters of the Hospice at Glengarda should stand proud of their work; this facility and its staff are a wonderful gift to the people of Saskatoon. For those who face their last days on this earth, this place is a welcome sanctuary buoyed up by love, kind hands, and bright souls. Every human deserves such care. — J

Just wanting to say a huge "thank you" to SPH Foundation and the donors who support our Hospital for the funding that allowed for the SPH urology Centre to purchase its own blanket warmer. Since the arrival of the warmer, I've heard numerous thanks from the staff and physicians as it is so beneficial to the comfort of the patients in the department, and now instantly accessible. As one of my staff put it, "a warm blanket is such a simple thing, and just instantly makes a person relax".-J



# St. Paul's Hospital Giftshop



Every dollar you spend at our Gift Shop stays at St. Paul's Hospital. All proceeds go to St. Paul's Hospital Foundation to support employee professional development and training.

**Contact the Gift Shop at 306-655-5856**



**Please return any undeliverable Canadian addresses to:**

St. Paul's Hospital Foundation Inc.  
1702-20th Street West, Saskatoon SK S7M 0Z9

St. Paul's Hospital Foundation respects your privacy. We protect your personal information and adhere to all privacy regulations. We do not rent, sell or trade our mailing lists. If you wish to remain anonymous or if you wish to be removed from our database, contact us by phone at: 306-655-5821, toll-free: 1-888-345-0330, email [info@sphfoundation.org](mailto:info@sphfoundation.org) or write to 1702 20th Street West, Saskatoon, SK S7M 0Z9 and we will gladly accommodate your request.