THE VOICE OF ST. PAUL'S HOSPITAL FOUNDATION



WALKING ALONGSIDE **KIDNEY HEALTH PATIENTS:**

Kitsaki Management LP

BY YOUR SIDE KIDNEY CARE CAMPAIGN

St. Paul's Hospital Foundation

SUPPORTING COMMUNITY IN LIFE AND IN SPIRIT

Anne Kearnan

PROACTIVE PHILANTHROPY Terry and Denis Sirois

KITSAKI MANAGEMENT LP HEAD OFFICE STAFF

Front Row: Alan Sklapsky (Chief Operating Officer) and Ron Hyggen (Chief Executive Officer) Back Row: Sienna McKenzie (Co-op Marketing Student), Shawna Kay (Office Manager), and Jennifer Thoma (Director of Communications and Marketing).









Message From SPH Foundation

Lecina Hicke
St. Paul's Hospital
Foundation CEO

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St. Paul's Hospital serves as an important step in patients' health care journey. Many who enter our doors have been referred here to receive care in one of our specialty focus areas, whether that be urology, palliative care, diagnostic imaging, surgery, or kidney health services. In fact, many of the patients who find themselves within our hospital have come from hundreds of kilometers away, having sacrificed time, resources, and energy to access the care that they need to live healthier lives.

As we reflect on all we do to serve patients, we ask ourselves: When does a health care journey begin... and when does it end?

What if we worked toward a reality that serves patients before they need a hospital? Could we create a future where patients are supported to become less reliant on health care services and are empowered to take charge of their own health? What if we gauge our success in a way that focuses not only on improved health outcomes, but also on improved quality of life? How might we work toward this kind of a future in a way that is not only in

service to our mission of supporting compassionate and holistic care, but also doing so in such a way that is better for the patient and better for our health care system overall?

To that end, we are thrilled to announce our By Your Side Kidney Care Campaign to proactively address the complex and often-devastating impacts of Chronic Kidney Disease now affecting one in ten people in our province. This innovative campaign will consider what we can do, the partnerships we can build, and the proactive care we can provide to better support the thousands of patients at risk of, or living with, a Chronic Kidney Disease diagnosis.

Together we will detect kidney disease earlier, preventing progression of illness and avoiding more costly interventions later. We will provide robust education and enhanced personalized care, empowering patients to make the best decisions for themselves and their families. And we will tend to the individual's mind, body, and spirit when they come to St. Paul's by serving the whole person and leading to stronger health overall.

As we embark on this new project, we express our sincere gratitude to those donors who have already supported our vision for a healthier tomorrow for the people of Saskatchewan, and are excited to share this proactive By Your Side Campaign with the wider community. We know that together, we can make a difference.

As we look ahead, we also are excited to welcome Alan Sklapsky, Dr. Sharmi Jaggi, Glenn LaFleur, and Lenore Howey to our Board of Directors. We wish to thank outgoing Board members Nicholle Povhe, Doreen Howlett, Chris Boychuk, and Ron Hyggen, who served with enthusiasm and dedication throughout their tenures.

To our donors, our volunteers, and the rest of our committed St. Paul's Family, we thank you for the dedicated and compassionate service that you have offered in so many ways throughout the past year. We are very grateful.





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The Spirit

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Supporting Community in Life and in Spirit

Celebrating an Astounding \$1.16 Million Gift from the late Anne Kearnan

St. Paul's Hospital Foundation is honoured to celebrate the life of the late Anne Kearnan.

Anne designated \$1.16 million to SPH Foundation in her Will to benefit kidney health patients at St. Paul's Hospital, and her phenomenal gift served as the lead donation for the Foundation's By Your Side Kidney Care Campaign launched in September of 2024.

Anne passed away on July 31, 2021, and is deeply missed by her family, her friends, and all those who she mentored over the years. Her generous gift serves as a touching reminder of the impact planned giving can have on our communities.

For Anne, education and learning was a thread woven throughout the tapestry of her life. Growing up in the Queenston area of Saskatchewan, she walked to school each day or travelled by horse and cart. Anne's time at school inspired her choice of career, and she chose to become a teacher. Her first teaching position was at the same one-room

schoolhouse that she had attended as a young girl, and was where she began her long and rewarding career as an educator.

Her pupils loved her; even after she retired, former students would approach Anne when they saw her out and about to tell her how much she had influenced their lives. "She loved the kids," her niece Edith Erickson says.

This love extended to her family, as well. Anne's house was a second home for Edith and her sister Donna Arie, who always felt welcome there. "Uncle George and Auntie Anne's place became the favourite place to go," Donna says. "When we were kids, we spent a lot of time there."

Her career in education led her to meet her first husband, George, while teaching at a rural school near Laura, Saskatchewan. They married in 1960. Always an active part of her community, Anne was highly involved wherever her work took her, whether by participating in the local teachers' associations or by mentoring new teachers.

"She always had an interest in women being a part of things," Edith said. She believed that "you don't sit back and let things happen, you take responsibility." When Edith was starting her own career as a nurse, she was grateful that Anne took her aside and talked to her about how important it was for her to be a leader in her own career. Similarly, Anne encouraged Donna to finish her degree.

In their younger years Anne and George loved curling, with the rink serving as a social hub in small communities at that time. She and George also loved to dance, and Donna recalls that, "Uncle George, Auntie Anne and our parents belonged to a square dance club and went to many dances."

After George passed away, Anne re-married, and she continued enjoying her love of dancing with her second husband Stuart Warren: "Auntie Anne and Stuart continued to attend dances in Saskatoon, right up until their health would no longer allow it," Donna says. "Dancing was a big part of their social life."





Anne was deliberate and intentional in all she did. She was a smart dresser and had her hair done every week, paying the same attention to her appearance as she did to every other aspect of her life. Donna remembers, "She was a very industrious person who aimed to do everything correctly. Her house was always immaculate. If she served a meal, it was always the best."

Anne's studious nature extended to her finances, and she had a deep interest in improving the communities where she lived. This interest became a significant part of her estate planning.

Her nieces say Anne was always a very generous person. Anne frequently received care from a kidney specialist at St. Paul's, and was keen to support other kidney health patients within the Hospital. The By Your Side Campaign was therefore an excellent fit for her remarkable gift. In particular, the Early Screening Program's significant focus on education and empowerment honoured Anne's commitment to education, leadership and kindness.

Our Foundation and Hospital express our deepest gratitude to Anne Kearnan. Her forethought and dedication to improving the well-being and education of others is her legacy, and will live on for generations to come.

If you would like more information regarding planned giving or are interested in learning more about the By Your Side Kidney Care Campaign, please contact Trish Cheveldayoff, Campaign Director, at trish.cheveldayoff@sphfoundation.org.

ST. PAUL'S HOSPITAL FOUNDATION



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To Purchase Tickets or Baskets call 306.655.5821 or visit sphfoundation.org/mistletoe RSVP for the Ball by November 4, 2024 | Order Baskets by November 22, 2024

THANK YOU TO THE 2024 MISTLETOE VOLUNTEEN COMMITTEE

Doreen Howlett (Chair) | Cathy Allen | Barbara Berscheid | Gina Martinson | Gurpreet Nijjar Nicholle Povhe | Pam Prosofsky | Carol Yelland | Brenda McLean (Event Coordinator)

Jesse Greenwood (Annual Giving Officer) | Sandhya Padmanabh (Director of Philanthropy)





Walking Alongside Kidney Health Patients

Kitsaki Management LP

For Ron Hyggen, Chief **Executive Officer of Kitsaki** Management LP, partnership is key. A management company owned by the Lac La Ronge Indian Band (LLRIB) since 1981, the organization currently oversees eleven companies. Though Kitsaki has a significant focus on mining, the company also has investments in many sectors including transportation, hospitality, IT, insurance, and manufacturing, with plans to expand into clean energy. As a result, much of the work Ron and his team undertake includes conversation and connection with leadership from government and industry across Canada.

Engagement is an essential piece of Kitsaki's mission. Ron explains that connecting the work of the company to

the communities of Lac La Ronge, the largest First Nation in the province, is a vital priority. He especially wants to connect with the Nation's young people, helping them to understand that "this is their group of companies and their future; they can be leaders." After hiring new positions, Ron frequently calls back young people who have not been the successful applicant and talks to them about their career, discussing "what they want to do, and ways that I might be able to help them."

Community connection first brought Ron to the St. Paul's Hospital Foundation Board of Directors, where he served a total of six years as a director. Since he grew up on the west side of Saskatoon, St. Paul's was the nearest hospital for Ron and his family. In more recent years, he felt a deep appreciation for the care his loved ones received on the Palliative Care Unit at the Hospital.

With many connections to the Hospital and its staff and a personal belief in the importance of quality endof-life care, Ron joined the Board during the Close to Home Campaign for Hospice and End-of-Life Care. He also introduced Kitsaki Chief Operating Officer Alan Sklapsky to the Foundation, and Alan has recently joined the Foundation's Board of Directors. Ron is now serving as Chair of the By Your Side Kidney Care Campaign, further giving of his time to benefit the health of those in our province.

"Alone you can go fast; together you can go far. We'd rather go together."



Ron sees his role as "being a champion for what we're doing, and opening doors that might currently be closed" through advocacy and connecting with leadership in health care and government. He names Chronic Kidney Disease's "predominant effect on Indigenous people" as the number one reason why he chose to get involved, and feels that "if we can stop even a small percentage of people from needing to come to the Hospital at varying stages of kidney disease, I think we've already succeeded."

He is excited to see the reach of St. Paul's Hospital expand outside the walls of the facility itself, and into the communities the Hospital serves. He believes in the importance of looking not only inside the Hospital for a program or a piece of equipment, but also of looking at the overall impact of the project and "measuring what we're doing so we understand where we've succeeded and where we need to grow."

Ron believes the By Your Side Campaign is a good philanthropic fit for Kitsaki Management LP as well. Many people in the communities of Lac La Ronge come to Saskatoon and St. Paul's for medical care, and approximately 2000 Lac La Ronge Band members live in Saskatoon. One of the Campaign's goals includes the establishment of a pilot program focused on Early Screening in communities with a high risk of Chronic Kidney

Disease, and this programming has already been implemented in partnership with Lac La Ronge Indian Band and Kinistin Saulteaux Nation.

Kitsaki Management's collaboration with St. Paul's Hospital Foundation and their phenomenal gift of \$150,000 toward the By Your Side Campaign will help people not only in Saskatoon, but throughout the North as well: "You try to support where you can," says Ron. "You can influence only the things you're involved in." In business, in industry, and now in health care, Kitsaki is having an impact and is shaping a stronger tomorrow for our province.



If you've never heard of Chronic Kidney Disease (CKD), you're not alone. Awareness of CKD is very low - even in those at a high risk for developing CKD. Kidney disease automatically places individuals at a higher risk for other health complications such as kidney failure, heart attack, stroke, diabetes, and premature death. By 2040, CKD is expected to be the fifth leading cause of death across the globe.

With your help, St. Paul's Hospital Foundation is committed to raising \$10 million to realize patient-centered and holistic health initiatives that will save lives and reduce the economic and social impacts of early onset kidney failure.

CAMPAIGN PRIORITY #1

Early Screening Programs

MILLION

CAMPAIGN PRIORITY #2

Kidney Health & Education Centre

MILLION

CAMPAIGN PRIORITY #3

Holistic Care Services

MILLION

Early Screening Programs

Early detection and screening programs are being piloted in two communities in Saskatchewan, providing attendees with real-time test results and the education needed to manage their kidney health and, if identified, slow the progression of kidney disease.

Kidney Health & Education Centre

Our Kidney Health and Education Center project will be a gamechanger, streamlining care and services at St. Paul's Hospital and expanding services focused on supporting kidney health patients through an innovative Transition Program. The Program also will better serve current programming that is presently over-capacity.

Holistic Care Services

Our Patient Porter system is providing invaluable support for kidney health patients as they attend their appointments, especially those patients who have travelled to the Hospital alone. St. Paul's Hospital is also creating an Indigenous Healing Center as part of our Hospital's enhanced front entryway to provide holistic care for physical, mental, and spiritual health.

CAMPAIGN TOTAL \$10 MILLION

Campaign Spotlight:

Early Screening Programs

The first Campaign Priority for St. Paul's Hospital Foundation's By Your Side Kidney Care Campaign is already in motion!

For over 40 years, St. Paul's Hospital Foundation has been raising funds to benefit the comfort, care and experiences of patients facing a diagnosis of Chronic Kidney Disease (CKD). Donor support has helped us to realize everything from improved dialysis chairs to a new hemodialysis unit. As our Foundation considered how we might continue to impact this important area of leadership and care, we asked: What if instead of raising funds for more dialysis chairs, we focused on lowering the number of people who need to sit in them?

Kidney Check Saskatchewan is an innovative early-screening pilot program that was initiated in the fall of 2023. This pilot program is the first of its kind in Saskatchewan, and is a collaboration between

St. Paul's Hospital and Foundation, Saskatchewan Health Authority, Kidney Health Community Program (KHCP), and Lac La Ronge Indian Band and Kinistin Saulteaux Nation.

In establishing a partnership agreement and dual responsibility for the screening programs with leadership in each location, "We built upon our previous relationships with these communities," says Dr. Joanne Kappel, a recently retired nephrologist from St. Paul's Hospital who helped deliver the first Kidney Check clinics in the North. "Residents there strongly want to do something about the epidemic of CKD in their communities... so we asked, "What can you do? What can we do? How can we make this better?""

This program, that aims to engage, educate and encourage individuals to prevent and self-manage Chronic Kidney Disease, is made possible by the generosity of our community.

CAMPAIGN PRIORITY #1

Early Screening
Programs

\$1

Early screening for Chronic Kidney Disease can reduce the incidence of end-stage kidney disease by as much as

44%



'Kidney health is really important for our community; there's so many people suffering and it impacts each and every one of us. This is an opportunity for people to get screened in a friendly environment, but it's also building capacity in the North to provide health care."

Chief Tammy Cook-Searson Lac La Ronge Indian Band



The program is based on the following realities:

- Indigenous Peoples are disproportionately impacted by Chronic Kidney Disease. While 1 in 10 Canadians suffer from CKD, 1 in 3 Indigenous people are currently living with the disease. Providing effective early screening programs to populations at a high risk of developing CKD is an proactive way to slow the onset of kidney failure.
- 2. Symptoms for CKD do not present themselves until very late in the disease's progression. Most CKD patients will not feel significant symptoms until they have lost 70 90% of their kidney function. At this point in the disease, their options are limited to dialysis or receiving a kidney transplant. If individuals can better understand their personal risks for the disease and take control of their health, they can rely less on acute care facilities to manage potential illnesses and will subsequently experience better health outcomes.
- Multiple appointments can create barriers to health. The early screening programs engage, educate, test and deliver results all in one sitting through an innovative Point of Care program. This process results in better patient participation in their own care by helping them to understand their diagnosis and treatment plan as soon as possible. When testing is complete, the screening Registered Nurse (RN) sits down with the patient and creates a personalized care plan that looks at the individual's risk of developing end-stage kidney disease over the next five years, and at what they can do to positively impact their health. "People go away feeling that there's something that they can do," explains Carmen Levandoski, a Nurse Clinician with the Kidney Health Community Program who also helps deliver the Kidney Check Saskatchewan programming.

- 4. The sooner end-stage kidney disease is diagnosed, the better. If an individual's CKD does progress to end-stage kidney disease, receiving this diagnosis as early as possible will decrease the effects of kidney failure complications, allow dialysis to begin in a timely and accessible manner, and ensure that the person is in the best health possible to receive a kidney transplant.
- 5. Early detection is better for the patient and better for the system. The economic burden of CKD is substantial to patients and health care systems, and increases as the disease progresses. High rates of hospitalization, inadequate disease identification, reduced disease management, and high rates of complications are all major drivers of excess costs. We can do better. By screening and addressing CKD in its early stages, as well as increasing awareness and education, we can reduce healthcare costs and improve quality of life for our patients.

Both Ms. Levandoski and Dr. Kappel highlight the importance of community health care staff and leadership in the delivery of the program, and underline that the essential partnership with individuals such as Elder Frances in La Ronge allows the Clinics to be so successful.

Through the Kidney Check program, we can help empower people to understand the risks of kidney disease, take preventative measures, and delay or prevent dialysis and the need for a kidney transplants. Our intention is to model the learnings and outcomes of this important pilot program and advocate for the provincial adoption of early screening programs for other communities in Saskatchewan whose citizens are a high risk for developing CKD. Together, we can decrease the burden of Chronic Kidney Disease and kidney failure on communities, healthcare systems, and especially individuals and their families.

To learn more about the By Your Side Campaign and the additional Campaign priorities, visit ByYourSideSask.ca



A Lifelong Journey

Corinne Lazurko first learned her daughter had a medical problem when Jillian was still in the womb — an ultrasound found an issue with one of her kidneys: "When Jillian was three days old, we were taken into an office by a doctor to tell us our baby might not survive until tomorrow."

Jillian has bilateral renal cystic dysplasia, which Corinne describes as cysts in the kidneys, as well as other health challenges including diabetes, tremors in her hands, and a learning disorder. Growing up, there was no pediatric nephrologist in Saskatchewan so from the time she was four months old, Jillian and one of her parents travelled from their home in La Ronge to Winnipeg to see specialists there.

Then the unthinkable happened: Jillian's father died tragically in 1998, leaving Corinne (now a single mother of two) to manage her daughter's illness on her own. By the time Jillian turned 18 years old, her kidney health care transferred to St. Paul's Hospital and the pair have been making the four-hour drive to the city for appointments ever since. "Growing up was different because I would have to go to a lot of doctor appointments, and when I got older, I'd have to miss school," Jillian says.

It was also costly, and Corinne had to pay for any expenses Jillian needed to thrive. "Something people don't realize is that it's expensive when a family member is sick," Corinne explains. Thankfully, the Lazurkos have had tremendous support from the La Ronge community, including the Elks of Canada and the Order of the Royal Purple, the Knights of Columbus, the Kinsmen Foundation, and their church.

Now 33 years old, Jillian has had a lifelong journey navigating the health care system. Life with an illness hasn't been easy for her, but she stays positive because she has a good support system, including her sister Madelaine, her stepdad, her grandparents, and of course, her devoted mother.

Since a young age, Jillian has been in charge of taking her medications and following her doctors' advice. Jillian recently began peritoneal dialysis, which she can thankfully conduct at home. Travelling from La Ronge to Saskatoon several times a week simply wouldn't be feasible for their family, and though an upcoming move to Humboldt will make accessing her regular appointments easier, she values the relative independence peritoneal dialysis provides. Even so, going on vacation has become very difficult for Jillian; there are many supplies she requires to complete her procedure and a strict schedule she must adhere to.

"Families like ours, we don't have holidays — we have medical appointments," Corinne says. "You try to make the most out of it."

Beginning peritoneal dialysis has meant a steep learning curve for Jillian, who has to complete the dialysis process four times each day. "In our situation, we went to dialysis school for a week... it's intimidating and scary the first time you go," Corinne explains. "But dialysis is the difference between life and death."

She credits health care staff with helping smooth the transition: "Because St. Paul's Hospital educators made the training easy for us, we weren't scared anymore. I think the key to everything is for people to be educated." The education and awareness aspects of the By Your Side Kidney Care Campaign is what excites Corinne the most, because she personally understands the impressive impact that quality health education had on her own family.

She is excited about the prospect of a new Kidney Health and Education Center, and the positive effect that transition programming will have on the patients and families who access the Center. She knows that a new streamlined space with significantly more room and an updated design will improve not only privacy and the patient experience of those seeking care; it will also allow Hospital staff, who she describes as "very kind, and very, very knowledgeable", to operate at their best.

Corinne and Jillian are sharing their story to help raise awareness of the By Your Side Kidney Care Campaign in the hopes that those facing the challenging diagnosis of Chronic Kidney Disease will be more knowledgeable about the journey ahead.

"I think that people getting educated about kidney disease and prevention is very important. When there are campaigns like this, people learn from them. It might give them cause to think, especially when they never had to cope with it before. And it can help families who are just going into the situation," Corinne concludes.

"I'm proud to be part of it."





Proactive Philanthropy

For Terry and Denis Sirois, connections to St. Paul's Hospital have been lifelong.

Both of them were born at the Hospital, as were each of their four children.

"Everyone is treated the same, with kindness and understanding. St. Paul's Hospital staff have always been very welcoming," says Terry, who has supported family members admitted to the Hospital in recent years. "That sticks out," adds Denis, "Because whenever you talk about health care in Saskatoon, you hear that if you go to St. Paul's you're treated well, and you're treated with respect. That's important."

The couple have long supported the Hospital and Hospice at Glengarda through St. Paul's Hospital Foundation, giving generously to a number of initiatives including the Close to Home Campaign for Hospice and End-of-Life Care in addition to their extensive volunteer

work and philanthropy in other areas of need. "We like to give back," Terry explains. "We feel blessed, and we want to give back."

Terry and Denis are continuing their philanthropic support for health care with a recent gift to SPH Foundation of over \$150,000 for the By Your Side Kidney Care Campaign. "We were thrilled to hear about this project, and happy to support it," Terry says. "It's a project that is going to be beneficial to the entire province. It's good, it's proactive, and it will change the way we look at health care."

The proactive nature of the Campaign was what drew the couple to the project, particularly the Early Screening Program that is being piloted in partnership with communities who are at higher risk for Chronic Kidney Disease (CKD). They saw the numbers, and knew that something needed to be done. Over 10% of Saskatchewan's

population lives with CKD, while the number of people in Saskatoon and the North who require dialysis to live has increased almost 50% in the past 10 years. Terry and Denis embraced the opportunity to empower individuals to improve, manage, and advocate for their own health, especially if the program could help combat the incredible toll that late-stage CKD can have on individuals' quality of life. "We supported this," Denis says, "because there's no reason not to. It's just that compelling."

"I'm hoping it makes a difference in people's lives," Terry says; "This plan is truly innovative. We can't keep doing things the same old way and expect outcomes to change. This Campaign will change outcomes."

Make your By Your Side donation today at ByYourSideSask.ca or call us for more information at 306-655-5821.

"We can't keep doing things the same old way and expect outcomes to change. This Campaign will change outcomes."



An Enduring Legacy of Support for the Frontline

Maunders McNeil Foundation

In Maunders McNeil's lifetime, community and philanthropy were guiding principles. Maunders was a successful businessman who donated significant time and resource to causes that benefited others. He founded the Maunders McNeil Foundation in the early 1980s, as he felt compelled to have a positive effect on the communities who had supported his business over the years.

Though Maunders passed away in 1993, the Foundation continues his compassionate legacy by supporting charities across Western Canada.

The Maunders McNeil Foundation is currently comprised of three trustees: John MacInnes, Mike Stensrud, and Todd Rosenberg. The trio steward Maunder's endowment to the Foundation, donating to organizations that contribute to frontline needs and services and have an impact on the communities they serve. "I get a lot of satisfaction from being a lawyer, but I can tell you, being a trustee in this Foundation is the best thing I get to do" Todd explains.

The group's mission to have a positive effect on frontline challenges often leads them to health care organizations like St. Paul's Hospital Foundation. Todd and Mike have had extensive involvement in health services

within Saskatoon, and have considerable knowledge of the challenges and causes relating to healthcare.

"Almost every person at some point in their life will face some type of a healthcare challenge, whether it's beginning of life, end of life... and all the way in between," Todd explains, so "driving to improve health outcomes, and access to services that directly affects people" has often been an outcome of Maunders McNeil Foundation's generosity.

The group has an appreciation for St. Paul's Hospital Foundation's unique approach, as well. "St. Paul's has a dedicated focus on holistic care services, which goes right back to day one with the Grey Nuns," Todd says; "what distinguishes St. Paul's Hospital is spiritual, holistic care." Over the years, the Maunders McNeil Foundation has given over \$480,000 to support St. Paul's Hospital Foundation, most recently supporting the By Your Side Kidney Care Campaign with a phenomenal \$100,000 gift.

Todd was taken aback by the statistics relating to Chronic Kidney Disease in Saskatchewan; 10% of the population is affected by CKD, and the need for dialysis in Saskatoon and the North has increased 50% in the last 10 years. "When I reflected on it personally,"

Todd explains, "I asked myself: who do I know with kidney disease? Who do I know that undertakes dialysis treatments, whether at home or at the Hospital? There were a number of people on the list." When Todd raised it with the other trustees to discuss making a contribution to the Campaign, each of them had family or close friends that had kidney disease or were on dialysis. That made the decision easy, he says.

The Maunders McNeil Foundation was drawn to the proactive nature of the By Your Side campaign, and values its alignment with St. Paul's Hospital's holistic approach to care. They see the value of access to spiritual support, and believe the reduction of the significant emotional toll faced by Chronic Kidney Disease patients and their loved ones is just as important as improving their physical health.

"It's a very worthwhile campaign," Todd concludes. "The By Your Side Kidney Care Campaign will impact the health outcomes of a lot of people, and improve the lives not only of them, but of their family, and their friends. I would encourage others to make a contribution, large or small."

Make your By Your Side donation today at ByYourSideSask.ca or call us for more information at 306-655-5821.



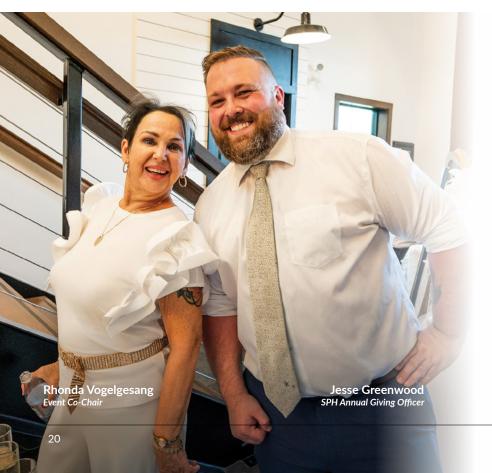
Community Events Support St. Paul's Hospital Foundation

We are very grateful for the groups who host events in support of our Hospital. If you are interested in supporting St. Paul's Hospital Foundation through an event, contact our Annual Giving Team at info@sphfoundation.org or (306) 655-5821.

An Intimate Evening with the Oucharek Quartet

An Intimate Evening with the Oucharek Quartet was hosted on September 28th, 2024 at Emmanuel Anglican Church and featured Dr. Evan Barber (Thoracic Surgeon) and Dr. Luke Hnenny (Neurosurgeon, Assistant Professor of Neurosurgery, and Founder and Director of the SK Skull Base Surgery Program) on violin, Dr. Peter Hedlin (Assistant Professor and Clinical Scientist Anesthesiology) on cello, and Mr. Geoff Cole on viola. Adding a further layer of meaning, the Quartet played instruments handcrafted by Dr. Kunal Jana's father-in-law, Walter Oucharek. It was Dr. Jana, a urologist at SPH's Leslie and Irene Dubé Urology Center of Health, who spearheaded and sponsored the event. SPH Foundation is sincerely grateful to Dr. Jana for his thoughtfulness and generosity.

All proceeds from the event will support the 2024 Prostate Cancer Symposium: Survive & Thrive, which will be held on November 9th, 2024. For more than a decade, the staff and physicians at the Leslie and Irene Dubé Urology Centre of Health have been hosting the annual Symposium, providing accessible leading-edge education and bringing hope and community to those living with a diagnosis of prostate cancer, as well as to their caregivers, family members, and clinicians. The event remains free of cost because of the generosity of our community, including our donors and the Oucharek Quartet performers.



Women in White YXE Gala

Spearheaded by Rhonda Vogelgesang, the Women in White YXE Gala was held on June 20th, 2024. Rhonda was inspired by similar events she had attended in larger cities, and worked alongside 2024 cochair Carmen Rosman to bring a parallel experience to the women of Saskatoon. In this third year of hosting the event, Women in White YXE generously committed the proceeds to the Hospice at Glengarda, ultimately raising \$15,816.47 for the Comfort Care Fund. Rhonda credits the Hospice for creating a beautiful and supportive environment for her mother before her passing, and knew that the event could be a perfect fit to raise support and awareness for a place that has been so comforting to so many.

Tracy Muggli Former SPH Executive Director **Usman Chaudry Attique Khan** Lecina Hicke SPH Foundation CEO Mooez Ahmad **Austin Nicholson** Chelsea Nicholson Tyler Moss Photo credit: Julie Schappert of Stone + Glass Designs Spirit Magazine 2024 | Community Events

Ahmadiyya Youth Run for Saskatoon

Each year, Ahmadiyya Muslim Youth Association (AMYA) hosts their annual Run for Saskatoon charity run. AMYA organizes charity runs across Canada, and the 2024 Run for Saskatoon event marked the fourth year that the group has hosted a run in Saskatoon. Very generously, AMYA has selected St. Paul's Hospital Foundation as the recipient for the funds raised from their runs. The 2023 Run for Saskatoon event raised \$10,234.16 for the area of greatest need at the Hospital, with proceeds from the September 29th, 2024 run also benefitting St. Paul's. The group has pledged to raise \$100,000 for the Hospital over ten years, committing to provide invaluable support for our community for years to come.

Second Annual Graham Nicholson Golf Tournament

On June 14th, 2024, family and friends of Graham Nicholson and supporters of the Hospice at Glengarda gathered for the second annual Graham Nicholson Memorial Golf Tournament, Graham was just 49 years old when he passed away at the Hospice at Glengarda on April 15th, 2022. Though his time in the facility was short, it was very meaningful for his young family during a very difficult time. Graham's wife, Tannis, and brother-in-law, Tyler, wanted to ensure that other families navigating a loved one's end-of-life journey could access the same resources they did, and were inspired to honour Graham's legacy by supporting the Hospice at Glengarda and raising awareness about Hospice care. The remarkable \$37,869.03 raised was dedicated to the Hospice's Comfort Care Fund.



Events

OCTOBER 15

SPH Foundation Professional Development Awards: SPH Cafeteria, 12:00 noon.

NOVEMBER 4

W.F. Mitchell Bioethics Conference: Pylypchuk Hall, 12:00 noon.

NOVEMBER 4

RSVP Deadline for Mistletoe Charity Ball.Buy tickets at sphfoundation.org or call 306-655-5821.

NOVEMBER 22

Deadline to order Mistletoe Baskets.

Order your Baskets by calling 306-655-5821 or at www.stpaulshospital.org/foundation/events

NOVEMBER 9

Prostate Cancer (Urology) Symposium: Survive and Thrive: Delta Marriott Hotel, 12:00 noon to 4:00 pm.

NOVEMBER 13

Long Service Awards Banquet: Prairieland Park.

NOVEMBER 16

Mistletoe Charity Ball: Sheraton Cavalier, 6:30 p.m.

DECEMBER 14

Mistletoe Basket Delivery Day.

MISSION WEEK | OCTOBER 15-18

Hosted by Mission Office

OCT 15 Mission and Charism Awards, 12:00 noon.

"Voices of Pleasant Hill" film debut at The Roxy Theater, 6:30 pm.

OCT 16 St. Marguerite D'Youville Feast Day SPH Cafeteria, 12:00 noon.

OCT 17 Mission Recommitment Day

Jesus Statue Centennial

OCT 18 Spirit Day at St. Paul's Hospital

For more information on upcoming events visit: sphfoundation.org

Thank-You Notes

"Thank you to everyone at St. Paul's Hospital, the Foundation, and the Hospice at Glengarda, and to the staff in Palliative Care at the Hospital. **You made all the difference!"** - B, K, & N.

"I am writing this letter to express my sincere gratitude for being a recipient of the Les Dubé Scholarship. This funding will make completion of the Masters of Social Work program through Dalhousie University all the more attainable, and provide me the ability to ensure greater focus on my studies. I am truly honoured, and deeply appreciate the support from the SPH Foundation Professional Development Award Committee and Donors. Thank you for this privilege; I look forward to implementing my education into my social work role at St. Paul's Hospital today, and moving forward into the future." - M

"Knowing that giving is **helping people right here in Saskatoon** just feels good. Every donation adds up and ultimately benefits our community." - P

"Special thanks to St Paul's Hospital and to Dr. Apple for their care." – R & B

Congratulations
Senator Tracy Muggli

St. Paul's Hospital Foundation expresses our profound congratulations to Tracy Muggli on her appointment to the Senate of Canada.

Having served as the Executive Director of St. Paul's Hospital for the past four years, Tracy has been an ambitious and enthusiastic partner to our Foundation. She has been essential to the development of transformative, mission-driven fundraising projects in support of St. Paul's Hospital and the Hospice at Glengarda. We applaud Tracy's deep commitment and dedication to advancing compassionate, holistic care and serving the needs of the most vulnerable.

Thank you, Senator Muggli, for your dedication, your friendship, your compassion, and especially your passion to improve the health and well-being of our community, our province, and our country. We wish you the very best in your new role.





Glengarda

The Hospice at Glengarda provides patient-centered and responsive end-of-life care and support, offering each patient and their family the opportunity to live life fully, together, until it's time to say goodbye.

As we continue to offer supportive and compassionate experiences to those in our care, it is the sustained support of our community that helps us to provide access to the small but impactful touches that facilitate these experiences.

We thank our donor community for their dedicated and compassionate support of the Hospice at Glengarda and the over 500 patients and their families who have journeyed through our doors.

