

The LifeLine

St. Paul's Hospital Staff Newsletter



ST. PAUL'S HOSPITAL

A Community of Health, Hope and Compassion for All

Embracing It

As obvious as it may be that our roles as individuals change over time, we aren't always aware of the change as it is actually happening. When, for example, did you become an adult? Was it when you graduated from high school? From post-secondary education or training? Was it when you moved into your own place and started paying the rent or mortgage yourself? When you had your first child? Most likely a number of factors helped you become an adult.

Remember when you first began at St. Paul's? You had to learn the culture of living SPH Mission, Vision, and Values. There were people who, to you, lived this in a way that impressed you, in a way that made sense intuitively. You were impressed, perhaps, by the deep respect they held for people whether they *liked* them or not. Something in you wanted to learn from that, so you did.

If you've been here for a while, even a short while, there are newer staff members than you. Some of them see in you how to live our mission, just as you learn it from others. Your role has begun to shift. Over time, you become a touchstone for some — if they want to know what their attitude should be in a confusing or difficult situation, they wonder how you might respond, and this helps them measure their own response.

Over coffee a staff member commented on what it is like when people retire who were

anchors for her in the meaning of Mission at St. Paul's. "What are we going to do without them?" she wondered.

We all experience this loss, of course. What this staff member probably knows at some level of her being, however, is that she is now an anchor for others in this sense. She is the one about whom people will someday be saying, "What will do without her?"

This is my last issue of The LifeLine; I retire at the end of June. When I began as Director of Mission 18 years ago, I had to learn a lot about St. Paul's, our Vision, Mission, and Values. I learned it from people like you. I am still learning. Every day I learn a bit more about what it means to be a better human being from you my co-workers. I am so very grateful for the opportunity.

Some have asked, "What are we going to do without you?" I know what you will do: you will adopt the next Director (Leah Perrault) as you have adopted me. You will show her what SPH is about by your example and your words. The same Holy Spirit of God who inspired the Grey Nuns beginning with St. Marguerite d'Youville in the 18th century inspires you today. You do the same good that they did. You are not children in living our mission. You are adults. Our roles are changing. Let us embrace today's role with confidence and kindness. Thank you. God bless.

-- Brian Zimmer, Director of Mission

Jean Morrison's New Role

As you may have read in the last edition of the LifeLine, effective April 1, 2018, St. Paul's Hospital and 11 other Catholic healthcare facilities across the province transitioned from having their own Boards of Directors to governance oversight being transferred to Emmanuel Health Incorporated. With this transition, nine of the current SPH Board members transferred to the Emmanuel Health Board, ensuring ongoing continuity and strong representation for St. Paul's Hospital at the governance table. This change in governance structure was undertaken by Emmanuel Care (owner group for the 12 Catholic facilities and corporate representative of the Bishops of Saskatchewan) in an effort to maintain the voice of Catholic healthcare within the provincial health system.

I have accepted the position of President and CEO of Emmanuel Health Incorporated. Karen Barber is being seconded from Emmanuel Health's owner, Emmanuel Care, to fulfill an Executive Director role at St.

Paul's. Karen will carry out the duties I previously performed for at St. Paul's and for the programs and services St. Paul's is responsible for. Karen will report directly to me.

This new governance and management structure is still in its infancy with many pieces under development, including how Emmanuel Health and the Saskatchewan Health Authority will work together to create a healthier Saskatchewan. I will still be located in the building and will continue to work with the management group at St. Paul's Hospital. Michelle Murphy also continues in the SPH Administrative Fellowship role and together with Director of Mission, Brian Zimmer, they play key roles in current administration and leadership of the Hospital.

I will provide you with ongoing updates as work progresses on the new organizational structure for St. Paul's Hospital.

*-- Jean Morrison
President and CEO Emmanuel Health*

The LifeLine

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for and by its employees.

www.stpaulshospital.org

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St. Paul's Hospital Mission Office



Vision Mission Values

Karen Barber, SPH Executive Director

We are excited to announce that Karen Barber began the role of Executive Director, St. Paul's Hospital effective June 11 on a sixth-month secondment basis, with the potential to extend that term at the mutual agreement of the parties.

Karen grew up in Saskatchewan, mainly on a farm in the Marcelin/Leask area and also in Saskatoon. She and her husband Dennis have been married for 37 years, and have two adult children.

After convocating from the University of Saskatchewan, she accepted a position as Director of Physiotherapy, initially at Frank Eliason Centre and later at Parkridge Centre in Saskatoon. While she obtained a Master's Degree in Community Health and Epidemiology, she instructed a Professional Issues class at the School of Physical Therapy and became the founding Director of the Continuing Physical Therapy Education Program.

From there, she joined the Health Quality Council to co-lead a provincial quality improvement collaborative for Chronic Disease Management and soon after, accepted a position as Director of Quality Improvement. She comes to St. Paul's from her position as Executive Lead, Quality and Strategic Planning for Emmanuel Care.

This is a critical time for Emmanuel Health and St. Paul's Hospital as we, having undertaken our governance restructuring, now role it out in an environment where our partners at the Saskatchewan Health Authority are also rolling out their restructuring. We have no doubt that Karen will add much value, wisdom and a sense of calm to this process as we move forward over the next six months and beyond. Welcome Karen!



On the next page we introduce to you the Inaugural Board of Directors of Emmanuel Health. Each of the twelve facilities that are part of the Emmanuel Care family is represented on the board. St. Paul's Hospital, as a large facility, is represented by several members, all formerly members of the Board of Directors of St. Paul's Hospital. We remember with sadness and gratitude Doug Schmeiser who, since the photograph was taken, has died. He is missed for his gentle wisdom, acute mind, and kind heart.

Emmanuel Health Inaugural Board of Directors



Back Row: Dr. Bruce Berscheid (St. Paul's Hospital - Saskatoon)

2nd Row (L to R): Delmer Wagner (Providence Place - Moose Jaw), Shellyann Schaan (Samaritan Place – Saskatoon), Joanne Colledge-Miller (Santa Maria – Regina), Don Kindopp (St. Joseph's Hospital – Estevan), Sr. Bonnie MacLellan (Canon Law Resource Expert – North Bay, ON)

3rd Row (L to R): Doug Schmeiser (St. Paul's Hospital – Saskatoon), Gene Dupuis (St. Paul's Hospital – Saskatoon), Pina Melchionna (St. Paul's Hospital – Saskatoon), Bev Pirio (Marian Health Centre – Radville), Gaetan Piché (St. Joseph's Hospital / Foyer d'Youville – Gravelbourg), Lawrence Chomos (St. Anthony's Hospital – Esterhazy)

Front Row (L to R): David Eberle (St. Paul's Hospital – Saskatoon), Mary Donlevy-Konkin (Emmanuel Care Board Representative), David Patola – Board Chair (St. Paul's Hospital – Saskatoon), Ronald Wilson (St. Peter's Hospital – Melville), Omer Houde (Foyer St. Joseph Nursing Home – Ponteix)

Each Director is nominated from the 12 Emmanuel Health Facilities.

Farewell Brian Zimmer Director of Mission

Brian has decided to retire June 29, after a little more than eighteen years at St. Paul's as Director of Mission. He also served concurrently as SHR Director of Spiritual and Cultural Care for the 13 months before the department closed. He is considering his first year of retirement to be "sabbatical" — resting, rejuvenating, getting lots of jobs done that he's put off for retirement, and enjoying spending more time with family and friends. He may even reintroduce himself to his guitar.

Introducing Leah Perrault Director of Mission

We are happy to introduce Leah Perrault as SPH Director of Mission, as of September 4. Leah spent 8 years as Director of the RC Pastoral Center, and 2.5 years as Executive Lead for Corporate Initiatives with our owners, Emmanuel Care. She has been married to Marc Perrault for 13 years. They have four children: Robyn (10), Eliot (7), Charlize (3), and Atticus (4 months). She likes to bake, to spend time with family and friends, and to spend time at the lake.

Welcome Leah. We look forward to getting to know you.

Retirement Tea for Brian Zimmer Director of Mission SPH

Join us to celebrate Brian's years of service to St. Paul's Hospital and health region/ authority.

WHEN Wednesday June 27th

TIME 1:00 to 3:30 pm
Short program at 1:30 pm

WHERE Room G30, Main Floor
C Wing — St. Paul's Hospital



St. Paul's Hospital



Become One of Our Angels

“I am grateful to the Grey Nuns who established this amazing Hospital, and I give to St. Paul’s because of the love and care the doctors and nursing staff have afforded us. Giving monthly is easy and a little goes a long way.”

We believe angels are watching over us and guiding us in our work every day, and the Circle of Angels Monthly Giving Program is another way you can impact the lives of St. Paul’s Hospital patients and families.

We love our Angels! It’s an easy way to give AND it reduces our annual mailing costs.



Jeanette Jones
Circle of Angels Monthly Donor



Circle of Angels

Monthly Giving Club at SPH Foundation!

Monthly giving is automatic and easy – a simple, affordable way to spread your support to St. Paul’s Hospital over the year.

By joining our monthly giving group, you will become one of our Angels, a special group of individuals committed to our Hospital and the community we serve. Circle of Angels donors receive a special lapel pin and invitations to Foundation events throughout the year, including the annual Donor Appreciation Luncheon.

Name _____

Address _____

City _____

Province _____

Postal Code _____

Email _____

I would like to become a

Circle of Angels member with my gift of: \$ _____ /month

One tax receipt will be issued at the end of the year. You can cancel or change your monthly gift at any time.

Call Karl at 306-655-5835 if you have any questions

St. Paul’s Hospital Foundation Inc. respects your privacy. We protect your personal information and adhere to all privacy regulations. We do not rent, sell or trade our mailing lists. If you wish to remain anonymous or if you wish to be removed from our database, contact us by phone at 306-655-5821, toll free 1-888-345-0330 or email info@sphfoundation.org or write to 7702 20th Street West, Saskatoon, SK S7M 0Z9 and we will gladly accommodate your request.

Signature _____

Date _____

OR

I authorize St. Paul’s Hospital Foundation to deduct my monthly gift by the 5th of each month from my credit card:



Card #: _____

_____/_____/_____

_____/_____

_____/_____

Exp. Date: _____ / _____

Signature: _____

Ethics Summer Education Series



It's Summer, and what better time to sit back and mull over an ethical issue or two?

The following topics are available for Lunch 'n Learns, 10 minute huddles, or any other format that would be helpful for your team. Don't see what you're looking for? Feel free to make a request for the topic of your choice.

Am I My Brother's Keeper? This session looks at ethical boundaries, helping teams to explore how they can continue to care for patients who are making decisions that the team may not agree with.

Advance Care Directives: This session helps healthcare professionals to understand the decision-making hierarchy in Saskatchewan and the role of Advance Care Directives.

How do you make decisions? We all make decisions every day, from what to wear to who to meet for supper. This session explores personal decision-making techniques, and how these same techniques are used in the challenging decisions we make in healthcare.

Navigating in a Sea of Change: Periods of change can be stressful, but this session encourages participants to remember Victor Frankl's words: "Everything can be taken from a man but one thing: the last of the human freedoms—to choose one's attitude in any given set of circumstances, to choose one's own way."

To organize a session, contact SPH Bioethicist Mary Deutscher at:
mary.deutscher@Saskhealthauthority.ca
ext.5197

T&R “We Walk Together” Mural Unveiling June 18



L-R: Andre Letendre speaks before opening with a prayer; Leona Tootoosis relates experiences of residential school survivors; Shirley Isbister speaks on behalf of CUMFI.



Community Day 2018



Community Day is truly a **community** event.

- 18 Community Sponsors — gifts of cash, food, and time
- Zero Health Authority operational funds required
- Over 700 student participants from 13 community schools and Spadina Daycare
- 17 Tommy Douglas Collegiate student volunteers
- 112 volunteers, so generous with their time
- Over 2200 hot dogs served

See details and enjoy the photos on the following pages.





Thank You

To all our sponsors
(named on the next
page).

To all our volunteers

To the students from
Tommy Douglas
Collegiate.

And to everyone for
showing up and having
fun.

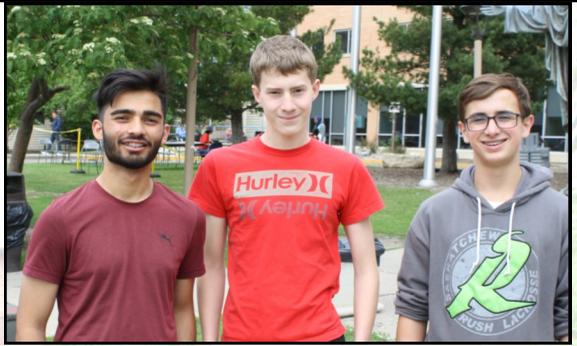
2018 Entertainers

Beeper the Clown
Parob Music
Saskatoon Public Library
Children's Storytellers

Sponsors

AJW Sportscards
Cameco Corporation* bus transportation *
Culligan Water Matters Inc.
Grey Nuns, Saskatoon Community
Kinsmen Club of Saskatoon
Knights of Columbus # 9538 (St. Mary's Parish)
Mount Royal Drugs Ltd.
Oral Health Program, Public Health SHA
Pepsico Beverages Canada
Prairie Meats
Real Canadian Super Store
Rexall Drug Stores
Saskatoon Co-Op Association
SPH Personnel Association
St. George's Anglican Church Women
St. Mary's Parish Catholic Women's League
Saskatchewan Union of Nurses, Local 101
SYSCO Food Services
Tim Horton's (St. Paul's location)





Thanks to students from Tommy Douglas Collegiate (some of whom appear in the photos above) for helping out so generously.





Participating Schools:
 Caswell Hill
 Confederation Park
 Howard Coad
 King George
 Pleasant Hill
 Princess Alexandra
 W.P. Bate
 West Mount
 St. Edward
 St. Gerard
 St. Maria Goretti
 St. John's
 St. Mary's
 Spadina Daycare



Vincent Framework Team Receives National Recognition

The Kidney Health Home Based Therapies team is commended for its initiative and sustained leadership throughout this collaborative, in terms of effectively engaging, patients and families, staff, physicians, board members, and other key stakeholders – *from ward to board*, as envisioned through the collaborative.

The Kidney Health Home Based Therapies team worked in collaboration with Interventional Radiology, Quality Services, and St. Paul's Hospital CEO and Board to participate in the Vincent Framework Collaborative for Measuring and Monitoring Patient Safety, sponsored by the Canadian Patient Safety Institute (CPSI). The team was nominated by CPSI for a leading practice award for patient engagement through the Health Standards Organization, and was successful in achieving this award. There was clear recognition of the efforts of the team to engage patients and families to enhance their care experience, and co-create safer home based peritoneal dialysis.

Check out the Canadian Patient Safety Institute video: https://youtu.be/LpL_H5WtOMM

Below, read the experiences of two of the participants. The photo is of the Home-Based Therapies — Peritoneal Dialysis team, one of the components of the Vincent Framework Team.

Nicolette Sinclair

I was one of two physicians on the Vincent Framework team, I am an Interventional Radiologist at St. Paul's and specific to this project I insert peritoneal dialysis catheters in the medical imaging department.

I learned to think about patient safety in a whole new way to see how was can assess safety going forward into the future instead of always looking back to see what happened in the past and being more reactionary.

I think it emphasized the multidisciplinary or team approach to safety, it isn't just one persons responsibility, we all have our part to play. I think we had been doing a pretty good job of that in the past but this brought in more pieces of the healthcare team all the way from front line workers (nurses and doctors) to members of the board. We all have the same goal in mind, to make care as safe as possible for all patients so it was really great to hear

everyone's input and see their points of view.

Carol Brown

I was the sponsor for the work and a member of the VF team.

I learned how to explore safety from a anticipation and planning perspective to avoid harm rather than a post-event analysis to prevent future harm.

Explore up front strategies to ensure safety and harm reduction.



Michael Ulriksen, Guest Pianist

Perhaps you've seen this happy person at the piano on Level One. But you likely didn't recognize him because he's probably been wearing his hat and focusing on the keys. Michael Ulriksen has been coming to play on our piano for quite some time, and we've heard significant improvement. We decided to ask him about himself. Here's his response:

"One of the reasons I enjoy playing the piano at St. Paul's is because of the lovely grand piano. I own a small electric plug in keyboard but the sound that resonates with the pedal from the grand is truly glorious. I also find that playing the piano there to be quite therapeutic.

"I've been playing for many years, It first began as a little hobby, but as time went on I slowly wanted to invest more hours into it. I took music lessons at the Saskatoon Academy of Music for a total of almost seven or so months. Those lessons really allowed me to be creative in my own way, and aided me in finding my inner musical voice.

"I was very shy when I first started playing in public, even today I still get a little nervous, but I have found courage to play in front of numerous individuals from within.

"The types of music varies and I didn't

mean for it to be intentional at first, it was more of what songs I was most interested in learning, and I went from there. Today when I think about the pieces that I play, I love the variation. From soft pieces with slow tempos, to upbeat and powerful melodies, I love playing each one.

"One day I wish to teach others this way, not necessarily how to only play piano, but to also help them find out and discover their inner music soul through playing and feeling different music. I have come up with a couple of songs on my own Though I have not written them down, they are all in my head awaiting to be played once more.

"Music has changed my life so much, I cannot see a future where it will not accompany me at my side."

Kidney Scavenger Hunt

Tara Adams,
Department of
Surgery won the
spring garden gift
basket



**Jennifer
Clemence**
from IPP won
the
Tim Horton's
Gift Card



2018 SPH FOUNDATION DRAWS



Join us on **Wednesday June 20, 2018**
In the SPH Cafeteria at 12:00 noon



**\$125,000 will be
awarded by lottery
draw!**

The purpose of this event is to benefit St. Paul's Hospital patients, families and employees by providing departments with minor equipment items or program costs that have no alternate funding.

Exceptional People.
Extraordinary Care.



We are very grateful to our donors who make this event possible

SPHFoundation.org
Give Generously

Safe Walks, Safe Rides

Security Officers provide safe walks and safe rides when requested. The service is provided as an escort or transport to ensure staff safety when employees leave the facility after their shifts.

Security can be requested by calling Switchboard and providing them with your name and a described pick up point. A Security Officer will be notified and will meet the employee at the location.

Security will provide a safe walk up to a one block radius and a safe drive up to a five block radius from the hospital. The distance is discretionary and, depending on other priority duties and resources, the distance traveled may be increased. There may be times when Security can travel further distances from the hospital. Discuss this with the Security Officer at the time.

Security will make every effort to accommodate the request; however there may be times when Security is busy. Employees may have a short wait for Security to attend.

Breastfeed/pump room

Mothers of infants may use a room dedicated to breast feeding or pumping. It is located in A Wing on Level 2 beside elevator 6. Contact Security for access.



Help Bring More Sleep Chairs To St. Paul's!



Staying overnight with a loved one in Hospital is not just for convenience—it is part of a deeper, healing process.

Sleep chairs allow caregivers or family members to comfortably stay with a patient overnight to offer their love and support in a patient's time of need.

Donate today to help bring more sleep chairs to St. Paul's.

Nurses' Alumni Mural and Display

Check out the history of the SPH School of Nursing on Level 2 beside the Nurses' Alumni display cabinets.



ST. PAUL'S HOSPITAL SCHOOL OF NURSING











The St. Paul's Hospital School of Nursing brought a legacy of educational excellence to our Hospital that continues to live on today. The deep commitment and dedication of the students played an integral role in shaping St. Paul's Hospital and mentoring others in the Mission of the Grey Nuns.

From its inception in 1909 to its closing sixty years later, the School of Nursing graduated 2,287 nurses and gained an enviable reputation for the quality of its visionary and pioneering graduates. Tradition grew out of symbolic markers like the School Caps, School Row, School Colors, School Song, and Morning Prayer - all portraying the high ideals and aspirations of the St. Paul's School of Nursing.

Nursing students embodied the Grey Nuns' spirit with their School Motto: "In Minima Perfectior - 'I shall be perfect even in the things'".

BUT IN 1931, the former Nurses' Residence currently houses St. Paul's Hospital administrative offices (C-Wing).

1909 - The first student entered. Student room consisted of having one room for all. The Red Box of Rectangular Redwood formed 12 bunks.

1910 - The first St. Paul's Hospital opened and the following buildings were the evidence to the future and what remains in 12000 square feet of rooms per week.

1911 - The first school of nursing was established in 1909. The opening of the first school of nursing was the first of its kind in the province. The opening of the first school of nursing was the first of its kind in the province. The opening of the first school of nursing was the first of its kind in the province.

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The mural was unveiled by alumnae Marlene Davis (Welk '57) Diane Jensen '65, Merce Montgomery (Cheveldayoff '53), Lily Krause (Baergen'58). The members have a tradition of including their maiden name, because that's how they knew one another while in the school.



Participants Diane Neufeld (Rowein '66) Reta Taylor (Watton '63).

Below: Cynthia van Seters and Adele Sikorski of Novatex, who worked with the alumnae to produce the mural. They made an impression on the members by how they lived the Alumni motto: *In minimis perfectio* — perfection even in the little things, in its development.

The mural was donated by the Alumni and unveiled June 11. About 30 members of the Alumni (some in the photo at the bottom left) were present to celebrate the event. Thanks to all of them!



Sharon McCallion, association president, spoke words of thanks and celebration. Jean Morrison spoke in behalf of the hospital. Brian Zimmer led a brief prayer of deciation. In the photo to the left: Rose Normand (Keifer'67), Margot Bussiere (Fournier'63) Sharon McCallion (Smith-Windsor '65), Jean Morrison (Emmanuel Health President and CEO).

**2018-2019 Executive Committee
SPH Personnel Association**

Officers:

Werner Spenst, President
Kathi Lewis, Vice President
Sherry Kleiter, Secretary
Mariette Jean, Treasurer
Vicki Strelloff, Past President

Councillors:

Joe Yuzak
Betty Wolfe
Shari Watson
James Saxinger
Mike Rotchell
Pam Molnar
Marjorie Markwort
Frank Larocque
Cheri Kapell Brown
Annette Helmink
Colleen Haichert
Michelle Friesen
Susan Foss
Eryn Bourdon

Nevada Winners

Tasha Mahaffey
Dave CrossmanMaintenance
James SaxingerMaintenance
Dean Muench..... Energy Center
Patricia Cook.....SPD
Dawn Russell Security
Loraine SauvynSPD
Loraine Sovyn & Rose West..... SPD



**ST. PAUL'S HOSPITAL PERSONNEL ASSOCIATION
Presents our Annual**

Pancake Breakfast



(Price includes Pancakes, Sausages, Coffee, Juice)

Wednesday - June 20th 2018

in the Cafeteria

8:30 a.m. to 10:30 a.m.

Application forms will be available for anyone who would like to become a member of the Personnel Association. This would entitle you to "MEMBER" rates at this breakfast, as well as savings on other special events held throughout the year.

QUESTIONS: CALL 5337/5808

Summer Fun Draw Winners

Congratulations to our winners:

- Marc Legge – Pharmacy – won the barbeque
- Cory Sembalerus – Hematology - won the deck box
- Doug Wenzel – MRI – won the lounge chairs.

Thanks to Ken Lepage who made the draw, witnessed by SPHPA President Werner Spenst, Secretary Sherry Kleiter, and member Diane Boechler (in the photo to the left.)