

The
LifeLine
St. Paul's Hospital Staff Newsletter



ST. PAUL'S HOSPITAL

A Community of Health, Hope and Compassion for All



...an Emmanuel Health Organization

Wheat and Chaff

It was a great blessing growing up on a farm near Landis, a small town west of Saskatoon. Harvest was especially fun because it meant driving grain trucks late into the night and listening to the chatter on our CB radio, all the while watching my dad drive the combine around the field.

For those of you who have never seen a combine, it is basically a large machine that picks up the crop off the field and separates the grain from the straw and chaff. The grain goes into the hopper bin and the chaff is blown out the back.

This idea of “separating the wheat from the chaff” goes back to biblical times and is often used today to talk about separating good people and bad people: the strong athlete from the weak; the hard worker from the lazy; the A-students from the B-students.

But let's look at it in a different way; a way that isn't so divisive of one person from another.

The grain of the crop **NEEDS** the straw and chaff. The straw lifts the grain up off the ground where it would spoil and the chaff protects the grain from sun and bugs.

Yes, there comes a time when the chaff is discarded but only at a time when it has served its purpose.

Inside all of us is both wheat *and* chaff. Chaff are the practices that get us through tough times. During the pandemic, maybe we ate too much, watched too much TV, or played too many video games. Those forms of self-care worked in the short term but at some point in time—at an appropriate time—it is healthy to discard those practices so that the true grain of our character can be set free.

The harvest season is an opportunity to reflect on what habits, attitudes, biases or practices can we leave behind in order to make space for the best of who we are. We can shake the chaff from our hair and rededicate ourselves to being a better parent, friend or staff person.

This monotonous pandemic and flu season coming means a hard autumn. But this difficult season is also an invitation to harvest the best of ourselves for our patients and co-workers. And remember: After every harvest comes a banquet!

— *Blake Sittler*
Director of Mission

The LifeLine



St. Paul's Hospital

St. Paul's Hospital Mission Office



Vision Mission Values



**Emmanuel
Health**

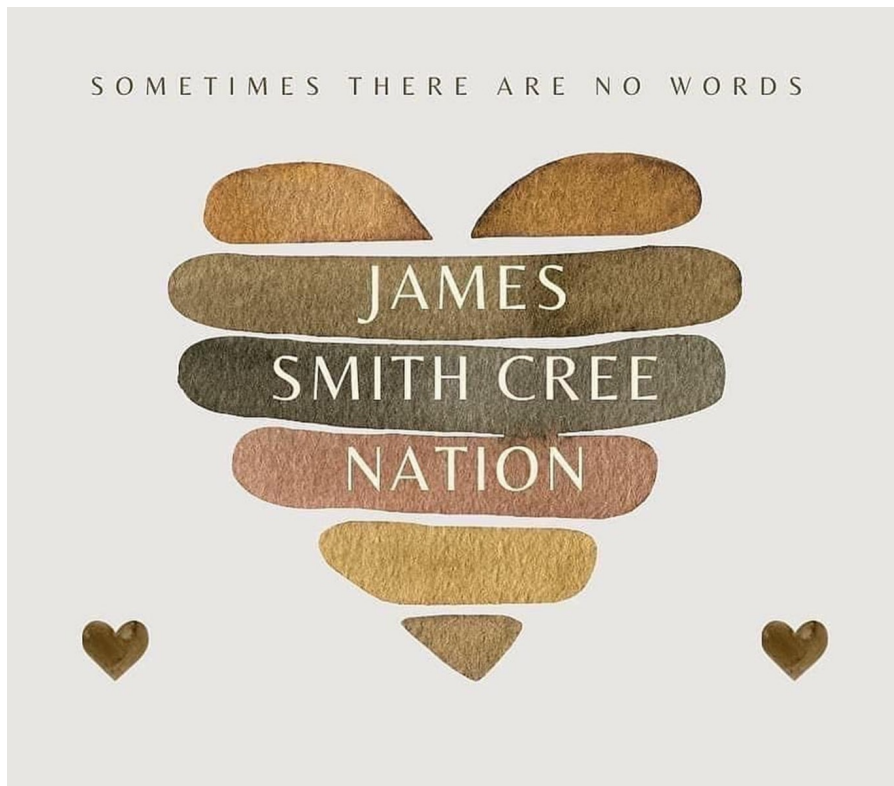
A Catholic Health Organization

**Published for and by the
employees of St. Paul's Hospital**

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Saskatoon, SK S7M 0Z9

www.stpaulshospital.org

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Submissions are subject to editing.



Moving Forward and Living 'With' a Pandemic

I am sure many of you have asked yourselves how we can possibly continue to live with the active presence of COVID and work toward future goals concurrently. So have I.

On the one hand, we are still deeply engaged in trying to manage the daily challenges with patient flow while ensuring safety for all. On the other, I believe we all crave positive change, new ideas and new energy.

Alas, we must find a balance between necessary work in tough times while still moving forward, or we risk getting caught in a rut with bald tires, unable to generate traction and produce better outcomes for the patients we support.

The SPH Administration and Mission team plan to put some new tread on the tires, challenging status quo with a few initiatives.

In the coming months we will begin work to address recommendations received from the Front Entry Experience Project we undertook last year. The purpose of the project was to better understand the experience of those seeking service have upon entering our

building, and the experience staff have in working in the frontend of the building.

More than 160 community members and staff participated through interviews, surveys, and art-based responses. The recommendations we have prioritized to address include:

- Investigating how we can better support newcomers upon entry to our hospital and generating/implementing strategies to improve the experience;
- Developing a plan to support patients who need assistance/navigation when first entering our hospital;
- Creating a stronger attachment to SPH Values, through development of educational huddle points and videos that help us learn about the community within which we work (and some of us live). This work will also include educational pieces to address unconscious bias;
- Strengthening our presence at community tables, through partnership and leadership.

In undertaking this challenging work, we will look to many of you for support, input and participation. The report recommendations also included a number of recommendations that will engage several SHA departments in supporting a better entry experience for all who receive care and work at St. Paul's Hospital. Stay tuned!



Incidents at James Smith Cree Nation & Weldon—an SHA Statement

Our hearts go out to those affected as well as their families in the aftermath of the tragedy at James Smith Cree Nation, Weldon and surrounding area. As a symbol of our support for the people and communities we serve that were impacted by this terrible tragedy, we have lowered our flags to half-mast.

We want to thank our frontline operational and clinical leaders, emergency and first responders, RCMP, Police and all others who continue to respond to this very difficult situation.

Compassionate Healers Mass

COMPASSIONATE HEALERS MASS

Saskatoon

Sunday, September 18, 2022

9 am - Holy Family Cathedral

123 Nelson Road, Saskatoon

Presider: Bishop Mark Hagemoen

This Annual Mass is offered for the benefit & intention of

Medical Personnel

Parent Caregivers

People Working in Addictions

Volunteers

Those Who Accompany People with Disabilities

Corrections Workers

Suicide Prevention Personnel

Ministry of Care (Parishes & Facilities)

ANYONE WHO OFFERS THE HEALING PRESENCE OF CHRIST

SPH Spirit Days

October 14: Show Your St. Paul's Spirit Day

October 21: Riders/CFL Day

October 31: Halloween/Costume Day

November 4: Favourite Colour Day

November 18: Superhero Day

November 25: Animal Print Day

December 2: Purple Day

December 09: Fun Sock Day

December 16: Funky Shoe Day

December 23: Ugly Sweater Day



Truth & Reconciliation Day Activities—September 30

September 30, 2022 is The National Day of Reconciliation is also known as Orange Shirt Day in Canada.

The National Day of Reconciliation was started to bring awareness of the inter-generational impact of Residential schools on First Nation, Métis and Inuit families.

The orange shirt is a symbol for all the children that survived residential schools and for those that did not make it home.

Orange Shirt Day was started by **Phyllis Webstad**, pictured to the right, a residential school survivor from the Stswecem'c Xgat'tem First Nation, located roughly 4 hours northwest of Kamloops.

In 1973, Phyllis's grandmother bought her a brand-new orange shirt for her first day of school. When 6-year-old Phyllis arrived at the St. Joseph Mission residential school wearing her new shirt, it was immediately stripped from her.

As Phyllis recounts, "When I got to the Mission, they stripped me, and took away my clothes, including the orange shirt. I didn't understand why they wouldn't give it back to me, it was mine! The colour orange has always reminded me of that and how my feelings didn't matter, how no one cared and how I felt like I was worth nothing. All of us little children were crying and no one cared."

To show your support and commitment to understanding Truth and Reconciliation please wear Orange on September 30th.



Here at SPH, we will be marking the National Day for Truth and Reconciliation at SPH with a smudge at 8:45 AM, by delivering treats around the building, a small contingent of staff will participate in the 10:00 AM Rock Your Roots Walk (which was postponed from June 21, 2022) and by an honour song being played.



RAAM, OARS and EDAC Mark Opioid Overdose Awareness Day

Wednesday, August 31 was International Overdose Awareness Day. The Opioid Assisted Recovery Services (OARS); Rapid Access to Addiction Medicine (RAAM) and Emergency Department Addiction Counsellor (EDAC) programs hosted a community event to honor the lives lost to overdose and to support loved ones of those they have left behind.

The event also helped to raise awareness and provide education, reduce stigma and importantly, bring all of

us together to recognize the strides we have gained, in the face of this epidemic.

The various hosts offered free Take Home

Naloxone Training and Kits, opioid and overdose education resources, purple ribbons, and snacks.

The event was open to everyone and was part of the world's annual campaign to end overdose, remember without stigma those who have died, and acknowledge the grief of the family and friends left behind.

The theme was:

**Time to Remember,
Time to Act**

If you would like to be trained on how to administer Naloxone using an overdose kit, you can call the **Take Home Naloxone Program** at (306) 655-0480 or (306) 655-4006 and they will be happy to offer you some education on this potentially life-saving intervention!



Book Club by Sara Ariss

I have enjoyed reading as long as I can remember, so it seemed natural to want to be in a book club. Unfortunately, I did not know of any book clubs looking for members, so I created my own. Well, I created two! Both of my book clubs are women only [because] I wanted to celebrate being female and all the joys and downfalls that come with it.

My one book club meets the first Thursday of each month at 7 pm, usually at an independent teahouse in the city. We just finished reading *Daughter of the King* by Kerry Chaput. It starts in mid-1600's in France with the Catholics against the Protestants.



As the book progresses the King of France sends young, unmarried girls with no family to settle in Quebec to marry all the lonely men. I loved reading about history of Quebec and Canada, even though this was a fictional account.

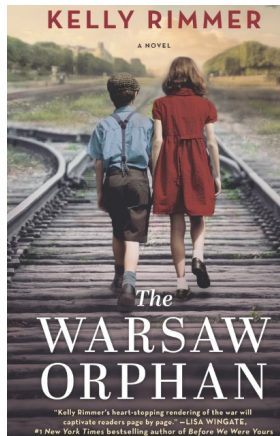
My other book club meets virtually, the third Tuesday of the month at 7pm. The book we just read is *The Warsaw Orphan* by Kelly Rimmer, which is based on a real-life heroine

who saved thousands of Jewish children during WWII. This book made me look up Irena Sendler, and what she did to save all these children.

In both my book clubs, we take turns picking books that fall under a theme. My Thursday Book Club is reading books featuring either friends or family, the genre does not matter.

My Tuesday Book Club is reading books featuring strong women/females, again the genre does not matter. We each take turns picking a book, then have a month to read the picked book. The person who picked the book gets to lead the discussion and find book club questions.

This is not like high school English. There are no right or wrong answers; you can love or hate the book. The only thing that is asked is you respect the others' opinions of the book. We actually encourage each other to have our own opinions as you may have a different view on the book than someone else and make them question their own views.



If you are interested in joining either book club, please reach out to me at:

sara.ariss@saskhealthauthority.ca

Writer-in-Residence, Dan Macdonald

Dan Macdonald is the St. Paul's Hospital Writer-in-Residence. In this role, Dan visits with patients and staff and offers reading material or opportunities to learn about the benefits of writing for relaxation and mental health.

While Dan isn't at St. Paul's, he is busy teaching and writing plays and even a TV series proposal. This past August, the world-premiere of his play Iago Speaks took place under the storied tent of the Shakespeare on the Saskatchewan.

"There is a thrill seeing your work performed before the very community you are a part of. I never take for granted that moment when I'm in an audience and the lights go down for the

opening of one of my plays. Most playwrights have lofty dreams of having their work done on a large stage in a big city and I'm certainly one of them, but the ultimate gift is to be able to share your work with your immediate community."

Dan sees a strong connection between his love of writing and mentoring young writers with his work here at SPH.

"I have a great love for what I do at St. Paul's with staff and patients... it's a way for me to see other purposes to writing that looks outwards as I participate in writing and storytelling with individuals...and work with other playwrights in developing their work. This gives me great joy and helps keep me young and motivated."



Pleasant Hill Community Association

LET'S WORK TOGETHER TO CLEAN OUR BACK ALLEYS
AND KEEP OUR COMMUNITY SAFE!

Saturday, October 1st

9:50am Instructions
10am Opening Smudge
10:10am-12:45pm Clean Up
12:45-1:15pm Volunteer Lunch

Meet at the 20th St
Affinity Bank Parking Lot

If you would like to join some of your coworkers,
please contact Blake at 5819 to add your name!

Catholic Health Association Annual Convention



HOSPITALITY

QUEEN'S HOUSE
RETREAT CENTER

SASKATOON SK
October 27 & 28
chassk.ca

Register at
queenshouse.org

Deadline
Wednesday October 19 at 11pm

Visit chassk.ca
for more information

THE LINK THAT BUILDS COMMUNITY

KEYNOTES



FR. RON
ROLHEISER OMI



LEAH
PERRAULT

FEATURING



TRC PANEL
**WALKING
TOGETHER**

Contact Peter Oliver p. 306-955-2427 e. peter@chassk.ca


Catholic Health
Association of Saskatchewan

Critical Incident Stress Management Team at SPH Evolving

Potentially traumatic experiences happen every day in a hospital. Deaths, violent confrontations, code blues; all of these have the ability to cause an inordinate amount of stress for staff.

Historically, hospital culture has celebrated stoicism—when disturbing things happened, the expectation was that you would grit your teeth and bury the experience. The idea was that after a few years (or months) a thick skin and a dark sense of humour would protect you from being affected negatively by painful feelings.

The problem is, this approach has never really worked. Instead of reaching out for the help that every person needs and every healthcare worker deserves, people had to figure their own way out of the darkness.

The formation of an official CISM team is a sign of a culture change. The goal of offering CISM sessions is to offer a listening ear, compassionate care and a place where hurting people hear that they are not alone. More on this in the upcoming months!

If your team would like to discuss a CISM session, please call Blake at 5819.

IPAC-Canada AGM

SASKPIC A Chapter of Infection Prevention and Control (IPAC) Canada

For more information contact
Melayna Fusick, SASKPIC Secretary at:
306-655-5668
ipacsaskpic@ipac-canada.org



2022 VIRTUAL FALL EDUCATION CONFERENCE AND ANNUAL GENERAL MEETING Linking Knowledge with Practice

Friday, September 16, 2022; 0800-1120 am, AGM to follow

No Charge to Attend

St. Paul's Hospital Mission Office presents

MISSION WEEK

Every October, in conjunction with the feast day of St. Marguerite d'Youville

October 11-16, 2022



Celebrating how our employees, physicians and volunteers strive to embody St. Paul's Hospital's mission of healing.

Tuesday, October 11 @ noon in the Cafeteria:

AWARDS: Mission, Charism, SPH Foundation Professional Development

Wednesday, October 12: 11 AM-1 PM, 6:30-8:30 PM Buffet meal in cafeteria

Thursday, October 13: Schwartz Rounds 12 noon

"When Dealing with the Difficult Crosses the Line"

Friday, October 14: St. Paul's Spirit Day (**Wear Red!**)

Sunday, October 16: SPH Staff volunteering at Friendship Inn

Call Blake @ 5819 to be one of our twelve volunteers!

Charism and Mission Awards

The Mission in Action Awards and the Charisms Awards are just a few of the ways that we here at St. Paul's Hospital can celebrate those people around us who show up every day to offer the best of themselves to the patients we serve and each other.

The Mission In Action Awards highlight our core values of:

- Respect for all people: Who is that person you see every day who makes it a priority to treat everyone they meet with dignity and respect?
- Collaborative Partnerships: Who is that person who is always reaching out and looking to make connections with other groups or departments for the betterment of SPH?
- Compassionate Caring: This is for the person who keeps an open heart that cares when it would be easier to become hardened to the suffering of others.
- Holistic Care: Do you know someone who understands that physical healing needs to include a healing of mind, body and spirit?
- Stewardship: Who do you work with who appreciates that all the resources we have at our disposal is to be used to improve the quality of care for our patients. Stewardship is also about the value of sharing their personal gifts

to the team: their sense of humour, their wisdom, their aesthetic eye, even their baking!

The Charism Award means \$1000 for the department who cares for each other and does all they can to build a healthy workplace for the benefit of those we serve and work with. *What would your team do with \$1000?*

Nominate someone TODAY!



*Who inspires you?
Who lives the SPH Mission?*

NEW Gift Shop Hours

The Gift Shop down in the main lobby by the Tim Horton's has new hours effective immediately:

Monday-Friday	10 AM-4 PM
Saturday	11 AM-4 PM
Sunday & Holidays	Closed

Clinical Pastoral Education

CPE is a program to equip individuals with skills for the provision of spiritual care. In 1992 St. Paul's Hospital hired its first spiritual care Certified Teaching-Supervisor, Don Misener, and began offering CPE. Since the fall of 1992 until today, the program has been offered as an extended unit each fall and an intensive unit each spring.

The only interruption to this schedule was the cancellation of the spring intensive in May 2020 when the uncertainty of the Covid-19 pandemic limited student access to hospital placements across the country.

Through the years there have been significant changes to the program. It was originally called Clinical Pastoral Education, with a focus on training individuals from religious groups.

Over time the profession has increasingly acknowledged the importance of spiritual rather than religious care, ensuring that individuals are trained to provide support that encourages and upholds the belief system and spirituality of the care-receiver, whether or not that includes a faith tradition.

CPE is now called Clinical Psychospiritual Education, reflecting the focus on spiritual, emotional, and psychological awareness that is upheld by spiritual care practitioners.

CPE continues to be taught in small peer groups with a focus on self-awareness and group dynamics that prepare individuals for the important task of offering a listening presence to those processing difficult life-experiences. Spiritual care providers recognize the significance of the stories that people share and the healing that can happen when someone truly listens.

The new CPE student group that starts this month will soon be practicing these skills as they offer spiritual care throughout the hospital.

This September we will celebrate the 30th anniversary of CPE at St. Paul's through a series of three webinars. Everyone is welcome to join us! Please email Julie.bergen@saskhealthauthority.ca to register. The events are listed in the poster included in the facing page.

CPE Reunion

You're Invited

to
St. Paul's Hospital, Saskatoon 30th Anniversary of CPE



OCTOBER 19TH
6:30 - 8:00 PM
ZOOM

ELIZABETH PRINGLE

Spiritual Needs of Older
Adults with Secular Beliefs



SEPTEMBER 28TH
6:30 - 8:00 PM
ZOOM

DON & BONNIE MISENER

Grief During Covid
History of CPE



NOVEMBER 2ND
8:30 AM - 12:00 PM
IN PERSON & ZOOM
CASC SK ED DAY

JOSEPH NAYTOWHOW

A Cultural Conversation with Joseph
Facilitated Discussion to Follow

**>> REGISTER
NOW!**

Registration is FREE
Email: julie.bergen@saskhealthauthority.ca

SPH Green Thumb Interest Group Lunch n' Learn

Prescribing nature through PaRx:

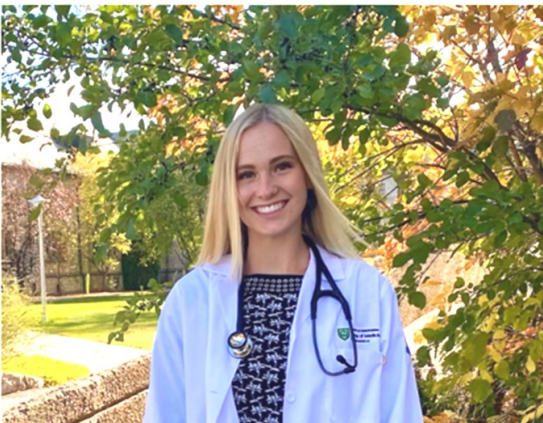
Why registered health care providers should prescribe time in nature to patients

LEARN ABOUT...

- the evidence and health benefits of spending time in nature
- the need for advocacy for increased green space in hospitals
- the importance of formally prescribing nature to patients and how to become a provider!

**September 15th from 12:15-1:00pm
in the SPH Cafeteria or via Webex.**

To register via Webex contact
Naomi.Moorgen@saskhealthauthority.ca



Brooklyn Rawlyk is a 3rd-year medical student at the U of S. She was the first Environmental and Sustainability Representative on the SMSS, and continues to advocate for the integration of climate change and human health topics within medical school education. She is currently the PaRx Prescription Nature Co-Lead for CAPE Saskatchewan.

For more information contact
Marlessa.wesolowski@saskhealthauthority.ca

Gratitude and Joy by Michelle Murphy

With the support of the St. Paul's Hospital Foundation and our very, very generous donors, back in November of 2021 our Front Line Love Cart made its inaugural tour - the first stop, the Safety Centre, then Pharmacy and finally Nutrition and Food Services (as well as stopping every unsuspecting staff member and physician along the way!). Since that time our 'pop up' cart hasn't stopped rolling!

To say that our cart has been witness to many, many joyful moments is an understatement. Reflecting back, I wish we had installed a 'Cart Cam' so we could have captured some of your responses of surprise, elation, gratitude and disbelief as we rolled up to you, offering something off our cart, "What?!? I get to pick something? For FREE?"

And from there the many, many conversations that ensued, and our opportunity to offer you our gratitude for ALL that you do.

Some memorable moments: "Oh my gosh, I don't know what to pick, I'm like a kid in a candy store!", and, "My mom has been unwell. I'm going to take this for her," and, "Today has been such a hard day, this means so much. Thank you."

We are so very lucky and blessed that nearly a year later we are able to continue spreading joy and gratitude not only with the cart but in many other ways. Actively seeking these opportunities is not without design – there is intention behind it. Actively pursuing 'Joy in Work' IS a real thing (and I've got the research to prove it J)!

As our team looks ahead, stay tuned for the many moments to come. We thank each and every one of you for all that you do - and can't wait to share in many more joyful moments with you!

The Volunteers are Returning by Annette Helmink

The past two years have been a struggle, but we are happy to announce that Volunteers are slowly returning to St. Paul's Hospital.

Our first Volunteer, Joyce, returned on June 23 to the Palliative Care unit. John returned to Patient Registration on June 28, Brock returned to Emergency on July 6. It's been a true pleasure to see the familiar green vest again!

We presently have nine fully registered volunteers, 26 who are in process and on their way to being active in our hospital. Some of them are returning volunteers and some are new. It will take time to return to our full complement of **100+ volunteers**.

Welcome back to all our volunteers!

Immunization Clinics

Book your immunization appointment today!

**OHS is accepting immunization appointment bookings for
SHA – Saskatoon & Area health care workers.**

If you are due for any of the following immunizations/tests:

- Tuberculin Skin Test
- Tetanus Diphtheria
- Tetanus Diphtheria acellular Pertussis
- Polio
- Hepatitis B
- Measles Mumps Rubella
- Varicella (chicken pox)

Contact a site OHS office to book your appointment:

SCH—306 655 8040

SPH—306 655 5495

RUH—306 655 1387



**Saskatchewan
Health Authority**



saskhealthauthority.ca

Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.

ALSO: With the provincial announcement of lowering the 2nd booster dose eligibility to 18-years and older, OHS is offering more COVID-19 Vaccine Clinics. Please call Staff Safety for an appointment @ 5495

Hospital Home Lottery



\$1.6 MILLION

GRAND PRIZE SHOWHOME

PLUS \$50,000 CASH



CUSTOM BUILT BY



256 Edgemont Crescent,
Edgemont Park Estates

Please visit HospitalHomeLottery.org for
showhome hours, photos, virtual tour and more!

**A NEW LIFESTYLE AWAITS IN
EDGEMONT PARK ESTATES**



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YOUR OWN ALL-SEASON ESCAPE



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Homes & Cottages
A. Bennett Bay
Candle Lake

PLUS JACUZZI® HOT TUB



**PLUS 2 CANDLE LAKE GOLF
RESORT MEMBERSHIPS**



PLUS \$10,000 CASH



**WINNER
TAKES HALF!**

\$25 each, 15-pack for \$50 or 25-pack for \$75



**ONE BIG CASH WINNER
EVERY DAY!**

\$25,000 ON DECEMBER 14
\$1,000 EVERY DAY FROM DEC 15 - MAR 23, 2023
\$25,000 ON MARCH 24
\$25 each, 15-pack for \$50 or 25-pack for \$75

Scan code to buy tickets



TICKETS: \$100 each, 3-pack for \$250 or 5-pack for \$375, SUPER PACK for \$550 MAX PACK for \$850

BUY YOUR TICKETS NOW

HOSPITALHOMELOTTERY.ORG | 1-866-957-0777

Lottery Licence #1R22-0019

Fit Testing Available

If you would like an appointment to get Fit Tested, please call Staff Safety at (306) 655-5495.

You need to be fitted if:

- You do not have any active respirator fits;
- You only have one active respirator fit;
- One or more of your respirator fits are expired;
- One of your fits is due to expire in the next 6 months—plan ahead and be prepared!

Christmas in July Memories!

On July 25–29, St. Paul’s Hospital celebrated its inaugural Christmas in July. The festivities included a Christmas Scavenger Hunt contest, a decorate the tree contest, Where’s Kerplunk?, an Ugly Christmas Sweater/ Clothing Day and our rendition of Monty Hall’s ‘Let’s Make a Deal’.

Healing Arts hosted a lunchtime Christmas Carol Jam in the cafeteria and a reading of *The Grinch that Stole Christmas* in the 5th Floor Hub for patients, staff and visitors.

Treats and gratitude were shared a time or three (or more!) in the cafeteria, as well as at Hospital entrances welcoming staff and physicians into work in the mornings with Christmas Carols and seasonal greetings

Nutrition & Food Services featured a lovely turkey dinner with all the fixings in the cafeteria one day at noon and Building

Services put up a number of Christmas trees throughout the building.

We also had many guests who came to volunteer throughout the week from the Local Council, the Emmanuel Health Board, the SPH Foundation Board and St. Paul’s own ‘Elvis’.

The week was generously sponsored by the St. Paul’s Hospital

Nurses Alumni Association, the SPH Foundation, the SPH Personnel Association, SPH Administration & Tim Hortons. Thanks to you all!



Parkade Security

On behalf of Protective Services, we offer these ideas for how to increase your security in the parkade:

- Look around before entering a space, before leaving your workplace or exiting your vehicle;
- If you encounter an unsafe environment, leave immediately and get to a place of safety, then call Protective Services and/or the police as necessary;
- If you drive to work and either park in the parkade or parking lot or on the street, look around you before exiting your vehicle. If you feel unsafe while still in your vehicle, do not exit your vehicle. Instead, leave the area and then call Protective Services or the police as necessary;
- Always walk with your head up and scan your environment continuously. Avoid texting or talking on your cell phone as that distracts you from your surroundings;
- NEVER ENGAGE with anyone who makes you feel unsafe. If you find yourself approached and faced with demands made by a suspect, ensure you comply with the demands and do not attempt to resist in any way. Once you move to a safe and secure location call the police immediately;
- When entering or exiting through a locked door, ensure the door closes behind you before proceeding to ensure no unauthorized person enters the space;
- Do not leave items such as packages or bags visible in your vehicle. Thieves will risk breaking in to find anything of value. Take them with you or lock them in your trunk, out of sight;
- Do not leave loose change visible;
- Make sure your vehicle is locked;
- Whenever possible, leave or arrive at work with a buddy. Let someone know when you're leaving and when you expect to arrive at your destination then announce your arrival so they know you're safe;
- If a car is close to the tail end of your vehicle, slow down; don't let vehicles "piggyback" into the parkade behind you;
- When leaving the parkade, make sure the overhead door shuts before you pull away;
- Remember, Protective Services Officers at St. Paul's Hospital may be able to provide a safe drive/walk for you;
- Finally, please report any unusual behavior to Protective Services.

If you have concerns or questions, or other suggestions, please share with your manager, Protective Services or Tracy Muggli at tracy.muggli@saskhealthauthority.ca or 5107



Queen
Elizabeth II
1926-2022

Shout Out to Protective Services

A few months ago, a staff person at St. Paul's asked a deceptively simple question,

"How many times in a 12-hour shift do you hear someone call for security?"

Call security. Get security. Page security.

While their official name has changed to protective services, we all get the point.

Protective services have a particularly hard job here at SPH because they are asked to balance

the traditional role of security, which at times means using limited force, in an affiliate hospital that asks of every staff person to be respectful, gentle, hospitable, and patient.

And when a person simply will not listen to reason or when all our resources run dry, we call protective services.

This is just a gentle note of thanks for all the times protective services have collaborated with our staff to do the best we can to create a safe, welcoming and respectful workplace.

Here's to much SOCK-session!



A huge **FEETure** of our Frontline Love Cart has been the colourful socks that so many of our staff enjoy. We travel around showing gratitude to our staff because they are the heart and **SOLE** of our hospital; our **FOOT** soldiers of compassion. It could even be said that they have been a **TOE**tal success! If it **SEAMS** that this little article is trying too hard to be punny, you are correct!





St. Paul's Hospital

CELEBRATES

Long
Service

Milestone recipients and retirees from 2021 are invited to receive a charcuterie box from The Cure as our way to say "thank you" for your service and dedication!

The boxes will be available for pick up throughout November.

Please keep an eye on your email inboxes for details.

Health Discrepancies in Saskatoon: From Analysis to Intervention



A study conducted by the Saskatoon Health Region in 2006 compared the health status of residents within Saskatoon's six low income neighbourhoods to the rest of the city and found substantial disparities in all areas of health. For example, the infant mortality rate in Saskatoon's low income neighbourhoods was 448% higher than the rest of the city; which is worse than developing nations. What changes have been made since then, and what more could we be doing to minimize health discrepancies not only in Saskatoon, but across our province?

For more than 20 years, Dr. Cory Neudorf served as chief medical officer for the former Saskatoon Health Region, now the SHA. He is the interim senior medical health officer with the SHA. Neudorf is also involved with public health at the national level as the current president of the Urban Public Health Network of Canada.

DATE: Tuesday, November 8, 2022

TIME: 12:00-1:00 PM

**PLACE: Pylypchuk Hall, level 0
St. Paul's Hospital and WebEx**

[Click here for WebEx link](#) or

Contact: Mary.Heilman@saskhealthauthority.ca



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