

The
LifeLine
St. Paul's Hospital Staff Newsletter



ST. PAUL'S HOSPITAL

A Community of Health, Hope and Compassion for All



...an Emmanuel Health Organization

We Want More...

A few years ago, I saw someone wearing a pin on 20th Street and it simply stated, "**It's all good in the 'hood'**". It was apparently a social media or public awareness campaign to promote Riversdale, Pleasant Hill and the other core neighbourhoods as a great place to live, visit and shop.

While I appreciate deeply the sentiment, you don't have to look far to see that there are many issues facing the neighbourhood where St. Paul's finds itself planted. As many of us know, Pleasant Hill is actually a high point in the topography so you can literally and clearly see the issues that are being faced every day but the people who live here.

The character of St. Paul's is shaped by the neighbourhood but it is no accident that this hospital finds itself on the corner of 20th and Ave P. When the Grey Nuns were travelling through this area in 1906, they found priests caring for a population struggling with typhoid and poverty.

If those same nuns were travelling through the prairies in 2023 and they happened to follow the river past this area, they would have absolutely set up their hospital on this same plot of land.

The legacy of the Grey Nuns is not limited to the Catholic aspect of our hospital. Their legacy is that they went out looking for those in need and then they offered all that they had—their very lives—to serve those for who needed more than just medicine.

The legacy of those nuns is that in a world in need, where they could have set up a soup kitchen or a school or an orphanage, they chose to set up a hospital. They wanted the people of in this core neighbourhood to know that someone cared for them.

In the Fall of 2023, we are going to see a documentary by local director/playwrite, Joel Bernbaum, focused on Pleasant Hill and St. Paul's Hospital. It will highlight the relationship our hospital has with this area, how the neighbourhood shapes us and what we offer this high point in Saskatoon.

I appreciate the sentiment of "it's all good in the hood". There is a piece of me that recognizes the deep needs of this part of the city. By living out the mission and values of the Grey Nuns, we can start our own campaign, "**We want more for the core**".

— *Blake Sittler*
Director of Mission

The LifeLine



St. Paul's Hospital

St. Paul's Hospital Mission Office



Vision Mission Values



**Emmanuel
Health**

A Catholic Health Organization

Published for and by the employees of St. Paul's Hospital

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Catholic Health Association of Saskatchewan Convention

This year is CHAS's 80th Convention, so you know we are going to make it the best convention ever! That means interesting speakers and a great celebration of faith.

Is there anyone who knows more about the innovations taking place in Catholic Health in Canada than John Ruetz? Probably not. John is the CEO from the Catholic Health Alliance of Canada which networks with 129 Catholic Health organizations from across Canada.

You are not going to want to miss Rev. David Maginley's presentation. Certified Spiritual Care Practitioner and four-time cancer survivor, David will speak on the way holistic

care reveals the mystery of who we are. Did you know Chief Littlechild's legal expertise contributed to the UN's Declaration on the Rights of Indigenous Peoples? He, along with

Fr. Ken Thorson, will talk about TRC and the reconciliation stories that are making us well. Fr. Ken is the leader for the Oblates in Canada.

Bishop Dolan of the Diocese of Phoenix has begun an extraordinary office of Mental Health Ministry in his diocese (1.7 million Catholics). Maricela Campa and Dr. Anne

Vargas-Leveriza will be here to tell us why they are doing it and how they are doing it!

More details in the next LifeLine!



A Message from Corey Miller, Emmanuel Health President & CEO

With summer now underway, I'm planning some vacation time away starting later in July, and I want to encourage all of you to take your vacation as well. While work plays a significant role in our lives, time off is an important component in achieving a healthy work-life balance and allows us to gain some perspective.

With the stress and challenges brought on by the COVID-19 pandemic and the healthcare labour challenges, it is even more important for each of us to rest and rejuvenate. Please enjoy the summer as you take the time to recharge and enjoy this beautiful province.

A special thank you to those of you who show up every day to take care of our patients. Thank you to those who provide support services which enable our buildings and services to support the care of our patients, and thank you to our community for placing your trust in our teams and services.

As I have toured and walked around our hospitals and long-term care facilities over the past 5 months, I have been deeply touched by the incredible care our healthcare teams are providing in these busy times. We have seen doctors working extra shifts in the hospitals and emergency departments. We have seen the maintenance team coming in to ensure that our buildings are heating and cooling during our transitions in seasons. We have seen committed nurses and other allied healthcare professionals going above and

beyond to ensure that the patients and families we serve have their care needs met. We have all seen it: our colleagues show up in extraordinary ways to provide for the needs of our patients, each other and the people we serve every day.

This summer, Emmanuel Health and St. Paul's Hospital will be working closely with the Saskatchewan Health Authority to renew our Principles and Services Agreement and Partnership Agreement to ensure that the mission and vision of Emmanuel Health and St. Paul's Hospital continue, allowing our organizations to be a vital community of health, healing and hope for those we serve for years to come.

If I do not have the opportunity to speak with you during this summer's events or in the hospital, please know how much the Board of Directors of Emmanuel Health, the Local Council of St. Paul's Hospital and I, all appreciate the work that you do each and every day. You and the work you do are vital to our mission, and we recognize the tremendous sacrifices that you make to serve our community together as a strong team.

Have a Safe and Happy Summer!!

A handwritten signature in cursive script that reads "Corey Miller". The signature is written in a dark ink and is positioned below the text "Have a Safe and Happy Summer!!".

Summer Garden Vibes



**SPH GREEN THUMB
INVITES YOU TO SHARE
YOUR SUMMER GARDEN**

Vibes

**Inspire others and share
images of your home garden
(veggie or floral).**

**Images will be displayed on
TV screen in cafe & other
areas of hospital.**

**Send images to:
blake.sittler@saskhealthauthority.ca**



Photos submitted
by Monique Blatz



ICU Renovations Complete

The ICU had some renovations done recently so I sat down with Jim Chometa, manager of the ICU to discuss the origin and need for these improvements.

Dealing with COVID and the increase of antibiotic-resistant organisms highlighted the need for proper isolation precautions and the need for physical walls. The previous ICU setup only had curtains separating the rooms.

“While we lost one room we now have more rooms that are better equipped and properly outfitted,” Jim said.

“We are grateful to the Ministry of Health for approving the project because this has given us the tools to better care for our patients,” he concluded. “We also appreciate all the support from IPAC, OHS, building services, engineers, architects, and everyone at St. Paul’s who helped make this possible”.



Parking Transponder Exchange

Parking Services is implementing a new transponder access system to its staff parking facilities and as a result, we need to replace your old transponder with a new and improved transponder. After this month, your old transponder will not allow you access to the parkade. Please contact parking services to arrange switching your old transponder to a new one: Parking@saskatoonhealthregion.ca



Street Parking and Walking Safety

The Saskatchewan Health Authority (SHA) takes the safety of patients, their family members, visitors and staff very seriously. Please be reminded of the following personal security measures to protect your own safety and the safety of others:

- Look around before entering a space, before leaving your workplace or exiting your vehicle.
- Don't take shortcuts.
- Avoid dark locations, alleys, parks, or other places where people may hide.
- If you encounter an unsafe environment, leave immediately and get to a place of safety, then call Protective Services and/or the police as necessary.
- Always walk with your head up and scan your environment continuously. Avoid texting or talking on your cell phone as that distracts you from your surroundings.
- Walk at a steady pace with confidence.
- Never engage with anyone who makes you feel unsafe. If you find yourself approached by a suspicious person or faced with demands, ensure you comply with the demands and do not attempt to resist in any way. Whenever possible take note of important information such as the suspect's description and the last known direction of travel.
- Please report any unusual or suspicious activity to Protective Services and/or to local police at the time it is occurring.
- Safety in numbers. Whenever possible, leave or arrive at work with a buddy. Let someone know when you are leaving and when you expect to arrive at your destination; announce your arrival so they know you're safe.

Protective Services continues to communicate and work closely with local policing authorities to reinforce a safe environment in and around SHA facilities. If you have further questions contact Protective Services Manager of Saskatoon and North, Russell Laidlaw at Russell.laidlaw@saskhealthauthority.ca

Domestic Violence Presentation in Pylypchuk Hall

On the evening of April 20, 2017, Joan MacDonald's daughter, Abbie Speir, was stabbed to death by her common-law partner in their home in Yellow Grass, Saskatchewan.

Since Abbie's death, Joan has been an advocate for domestic abuse education in every workplace orientation.

The statistics around domestic abuse are shocking. In Canada, two thirds of domestic abuse happens after a relationship has ended and women are six times more likely to be killed by an ex-partner than a current partner.

On average, a victim will leave an abusive relationship seven times before leaving for good. In Canada, every 6 days a person is murdered by an intimate partner. In Saskatchewan, there were 37 domestic homicides from January 2015 to June 2020. Saskatchewan has the highest rate of reported domestic abuse among all the provinces and more than double the national rate.

Joan listed several resources but also recommended some in different mediums:

- Anna Maria Tremonti's series of 6 podcasts released in early 2022 entitled "Welcome to Paradise".
- The Netflix drama series titled "Maid".
- "She's Gone" – a series of six podcasts by Bre McAdam, a Saskatoon journalist.
- The books, *See What You Made Me Do* and *Smart, Successful and Abused*.

Joan highlighted that the number 211 is a great resource because you can call it, text it, Google it or head for their website. If you call, there is help 24/7/365 days of the year and there is help available in 175 languages.

If someone approaches you about an abusive relationship, believe them. Let the victim know that you are and would be a safe person for them to talk to. Ask them how you can best support them. You may need to have numerous conversations with this person. Leaving an abusive relationship is scary and dangerous but there are people who will help.



(L to R) Danielle Barth, Arla Walton, Joan MacDonald, Michelle Ramler, Diane Dagg, Accommodations and Attendance Management, Saskatoon. Abbie Speir in background.

Fire by Judy Brown

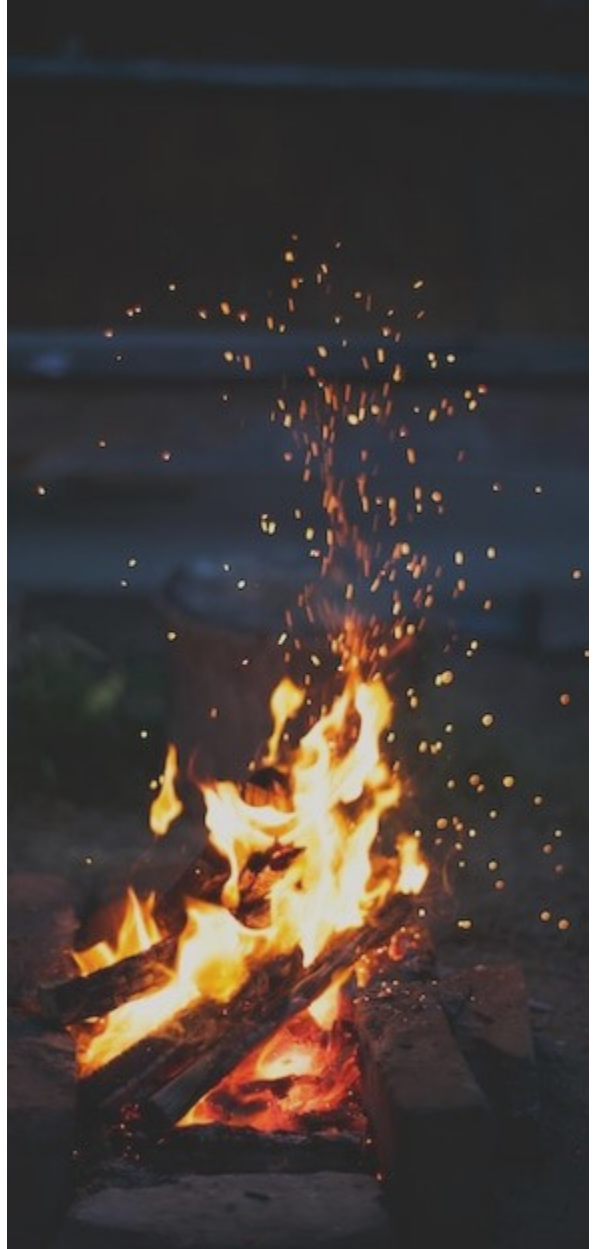
This is just a simple poem to remind busy people that quiet moments are essential.

What makes a fire burn
is space between the logs,
a breathing space.
Too much of a good thing,
too many logs
packed in too tight
can douse the flames
almost as surely
as a pail of water would.

So building fires
requires attention
to the spaces in between,
as much as to the wood.

When we are able to build
open spaces
in the same way
we have learned
to pile on the logs,
then we can come to see how
it is fuel, and absence of the fuel
together, that make fire possible.

We only need to lay a log
lightly from time to time.
A fire grows
simply because the space is there,
with openings
in which the flame
that knows just how it wants to burn
can find its way.



Long Service Award Recipients—5 Years

5 Years

Abin Seby	Jami Kwochka	Morgan Ziegler
Alisha Sanderson	Janine Bayona-De Pedro	Neil Patrick Hernandez
Allison Leedahl	Jared Remeshylo	Nicole Macneill
Alma Mendez	Jarrett Erker	Nina Suating
Alyssa Postnikoff	Jeane Cruz	Noel Bobadilla
Amanda Clare	Jenai Berry	Nurudeen Bello
Amanda Neubeker	Jenna Houle	Olivia George
Amy Nordick	Jensen Olsen	Paige Van Damme
Andrea Wall	Jino Mart Erik Sarsagat	Peter Ekanem
Andrew Warren	Jissmol Vallyedathu Jacob	Rachel Plumb
Araceli Ragasa	Jocelyn Dayapan	Rebecca Pratchler
Ashamol Vadakkearakkal Joy	John Lunnin	Reny Paul
Ashley Scheirich	Joline Hoyseth	Ruby Rose Balong-Angey
Aubrey Gervacio	Joshua Slawinski	Ryan Cabatbat
Bobby Frianeza	Katelyn Aadland	Samantha Conrad
Breanne Sack	Katelyn Butz	Sandeep Kaur
Brittany Prescesky	Kelsi Bucsis	Sara Stobbe
Brooke Parton	Kennedy Conquergood	Scott Bourne
Brooklyn Johnson	Kerri Dziadyk	Shantel Stupnikoff
Carolyn Carruthers	Khristine Pablo	Shelby Peterson
Chantelle Walton	Kieran Steedsman	Sheylee Campbell
Chelsea Bustamante	Kirsten Trombley	Solomon Meshesha
Chiranjeevi Gade	Kristine Maranan	Sreejith Janak
Chrissa Karagiannis	Laurianne Tetreault	Sumi Neelamkavil Varghese
Christine Chalmers	Leilane Villahermosa	Taniya Anil
Colby Kozak	Lindsay Manz	Tybie Boymook
Courage Amujede	Mark Candia	Vivian Jasareno
Cynthia Germaine	Marlie Steyn	Yetong Liu
Dany Thomas Mathai	Mary Jane Co	
David Neufeld	Matthew Malach	
Deanne Almond	Mclean Tait	
Eric Johnson	Meagan Rieger	
Fang Wu	Megan Weinberger	
Genica Balquin	Melanie Liast	
Goran Torlakovic	Michelle De Leon	
Iris Song	Miranda Ficor	
Ishag Khalil	Molly Cornish	
James Lacey	Morgan Ouwens	
	Morgan Wauters	



Long Service Award Recipients—10 & 15 Years

10 Years

Aaron Checkosis
Amanda Jones
Amanda Peterson
Andrea Collins
Andrew Lyon
Anoop Mathew
Anthony Delle Curti
April Fehr
Ashley Dogniez
Ashley Yagelniski
Bernadine Moostoos
Betty Perreault
Bi Qun Xiao
Braedon Mandtler
Cathryn Kindrat
Chantal Schneider
Chelsea Powell
Cheryl Wilker
Christopher Coxon
Corryn Jepsen
Danielle Arthurs
Dante Guina
Debbie Oesch
Erin Book
Gauravkumar Joshi
Girlie Arnaiz
Graham Stobbs
Hao Chai
Ivy Bangcal
Jacqueline Husky
Janelle Stewart
Jenna Harder
Jennifer Cowie
Jessie Katzenberger
Jocelyne Altrogge
Joseph Yuzak
Jovy Anne Samia
Justin Anderson

Karla Gordon
Katharine Carter
Kathryne Baltazar
Kelsey Katzer
Kendra Swan
Kennen Kyle
Kerrie Zetariuk
Kim Olson
Kimberly Berscheid
Krista Spence
Kristin Shule
Kylie Oliver
Laurie Noon
Lecina Hicke
Lee Anne Romanchuk
Lynn Beerman Sabo
Maral Tavitian
Mark Adlawan
Mary Jane Astillero
Megan Sander
Michael Espina
Mohamed Idris
Monica Fehr
Rachael Charpentier
Rebecca Schwab
Reymond Santos
Ronald Clemente
Roselyn De Guzman
Rowena Bautista
Samantha Wagner
Sandra Finley
Sara Ariss
Sara Leray
Sarah Brann
Sarah Flaman
Sarah Lalonde
Shannon Storey
Shauna Taylor
Shawna Naduriak

Siobhan Sinclair
Stephanie Husky
Suudra Zin
Tara Gordon
Tiffany Kangas
Tracey-Lyn Downey
Tracy Unger
Wilette Joy Monteagudo

15 Years

Alexandra Hodson
Alysha Sephton
Amanda Butz
Amanda Dumond
Amber Fawcett
Amber Fries
Angela Hammerlindl
Anita Neufeld
Anna Gillgannon
Ashley Mackay
Ben Van Agteren
Candace Colwell
Candace Willcox
Carla Saworski
Chantel Nagy
Chantelle Rice
Chelsey Devine
Chloe Slaney
Clifford Yamniuk
Cynthia Klassen
Dana Mcfadzen Clark
Darrel Pochay
Darwin Megyesi
Dawnmarie Werminsky
Desiree Bergerman
Dorothy Schick
Jennifer Ahmed
Editha Borromeo

Long Service Award Recipients—15 (*con'd*), 20 & 25 Years

15 Years, continued...

Erin Hantke-Trew
 Heath Schwab
 Irene Klughart
 Jacqueline Burke
 James Saxinger
 Jana Hollingsworth
 Janel Pituley
 Janice Mantyka
 Jason Korec
 Jennifer Cameron-Turley
 Jennifer Chadney
 Jennifer Wall
 Jesse Callahan
 Jessica Boisvert
 Joanne Thole
 Jodi Fay
 Jolane Hiebert
 Julius Sandrino
 Kara Richards
 Karen Costello
 Kathy Bradley
 Kayla Devreese
 Kevin Gregory
 Kim Fendelet
 Kristin Lacey
 Kyla Murch
 Laura Heidt
 Lisa Decorby Macknak
 Lourdes Pana
 Maria Blackmon
 Maricris Talde
 Maricris Will
 Meaghan Simpson
 Miranda Biever
 Natasha Weisner
 Nicole Foth
 Poppy Lowe
 Raegan Earl

Shannon Priest
 Sonia Phillips
 Tamara Carlson
 Terry Potts
 Trista Hodgson
 Tyler Pope
 Vanessa Nelson
 Vesna Drincic
 Warren Rolfe
 Wendy Mochar

20 Years

Ami Wawryk
 Betty Hamm
 Carmen Levandoski
 Carrie Hahn
 Corinne Sembalerus
 Deanna Ratzlaff
 Denise Anderson
 Destinie Webster
 Erin Slogotski
 Jackie Leason
 Jacqueline Loberg
 Janet Samoleski
 Janine Lazaro
 Jennifer Burgess
 Karen Barss
 Karen Jess
 Kimberley Newton
 Kip Heinrichs
 Kirk Benard
 Kyle Hubic
 Lisa Robertson
 Marilou Villamil
 Melanie Briand
 Melissa Christopherson
 Melissa Peters
 Michelle Mansuy
 Mishel Austin

Nancy Stevens
 Nelda Mercer
 Patricia Cook
 Renee Smith
 Roberto Rojas
 Sheri Edom
 Tera Berndt
 Terry Rye
 Tina Claxton
 Tina Stalker
 Trisha Warlow
 Wanda Dorrington
 Wendy Abel
 Yamei Ge

25 Years

Alicia Oucharek Mantyka
 Calvin Yury
 Chris Relitz
 Dianne Pothakos
 Greg Read
 Helena Harder
 Jackie Langhorst
 Kirsta Erickson
 Lorraine Sadler
 Lynette Hamilton
 Megan Regehr
 Nixy Torres
 Nola Prosser
 Rhonda Been
 Roxanne Sperling
 Shannon Giles
 Todd Dundas
 Vicki Sellar

Long Service Award Recipients—30, 35, 45 Years and Retirees

30 year

Debbie Adrian
Donald Coppens
Heather Keen
Jack Girling
Judy Gelowitz
Lisa Ritchie
Mary Olson
Melanie Snatinsky
Michelle Piche
Nicola Rosaasen
Scott Ridley
Sherren Gillott
Therese Lloyd

35 year

Annette Helmink
Doug Wenzel
Judy Bourrier
Karen Layton
Karey Gorkoff
Laurie Phillips
Pius Gartner
Selena Baschuk
Tammy Ducie
Valerie Deichert

40 year

Darlene Seib
Delphine Giesbrecht
Maryanne Elashuk

45 year

Marlene Balaberda

Retirees

Retirees
Ava Ewert
Cathy Shanofer
Cheryle Smith
Christina Ozeroff
Christine Hanna
Colleen Benson
Corinne Anderson
Debra Doucette
Debra Kostyna
Delphine Giesbrecht
Ghenet Adhanom
Giles Cyr
Irene Oliynyk
Jo Ann Kostyk
Joseph Yuzak
Judy Bourrier
Karen Neufeld
Karen Wagner
Kathleen Dekievit
Kim Rucks
Kristine Gilbertson
Laura Heidt
Marie Lou Smith
Maryanne Elashuk
Melanie Hilkewich
Michelle Wenzel
Patsy Fullerton
Paulette Clapper
Rita Celestino
Sharie Roufousse
Sharon Siemens
Susan Berscheid
Tracy Desjarlais
Valerie Burron
Virginia Altrogge



St. Paul's Hospital

To all of our new staff, to all of our long-serving staff and to those of you who have retired, on behalf of St. Paul's Hospital and the entire community who you serve: Thank you! Thank you for your service, expertise, perseverance and your caring. We owe you a debt of gratitude that we can never fully repay.

Tracy Muggli
Executive Director
St. Paul's Hospital

B, I, N, G, O spells SPRINGO!

In May, healing arts music therapist, Mylandra Zielinski-Douglas, held the second music bingo event of the year for the St. Paul's Hospital Hemodialysis Unit and the Cameco Community Renal Health Centre in Saskatoon.

The music bingo playlist featured songs to celebrate springtime. More than 150 patients and family members participated in music bingo over the four days it was offered and many prizes were won!

Thank you to the hemodialysis staff, the Mission office, healing arts team and community volunteers for helping to make this event happen. We would also like to thank our generous sponsors for donating so many wonderful prizes for this event.

Thanks to the St Paul's Hospital Foundation, Dutch Growers, Canadian Tire, The Soap Box, Boryski's Butcher Block, JJ's Express Car Wash, D'Lish by Tish, Prairie Lily Knitting and Needlework, Great Canadian Oil Change, Cineplex Scotiabank Theatre, McNally Robinson, Long & McQuade, Golf's Car Wash, Paramount Day Spa, Blue Diamond, A & R Perogies, McQuarries Tea & Coffee, Shell Gas-22nd St, Broadway Roastery, the Little Big Plant Company, Bill's House of Flowers, Subway - 22nd St, & the Western Development Museum.

Use your smartphone camera to open a link to the playlist here:



Foreign Objects Found In Linen (FOIL) Project

In April 2023 SPH Environmental Services took part in the provincial initiative FOIL (Foreign Objects Found in Linen). Our goal with this project is to bring awareness of the problem of foreign objects being sent back to the K-Bro linen plant in soiled linen and educate all staff on the proper way to strip linens from a bed.

Staff, both clinical and non-clinical are trained and educated on how to properly make a bed, which items should be placed where and how to properly tuck in the corners, but not a lot of time is spent training and re-educating how to properly *strip* a bed. This is just as important and one of the main reasons this project was developed.

We want to try to educate staff to reduce what is going into the soiled laundry hampers because of the following four main reasons:

1) Cost—Replacement linens due to markers, pens, lipstick ruining entire loads of linen is significant and impacts the cost to the SHA throughout the province. Not to mention the replacement of lost patient belongings such as dentures, hearing aids, and personal items.

2) Time—Staffing time spent locating lost items on the unit, filling out lost & found forms and sifting through soiled linen bags. Staffing time spent looking for patient care equipment needed to properly do the job.

3) Safety—Potential injury to staff removing linen and soiled linen bags with sharps inside. On average there is 1.87 pounds of needles found each month and 177 instruments.

4) Patient Focus—Quality of linen and the availability of good quality linen.

By bringing awareness to this problem and re-educating staff on how to properly strip a bed and remove foreign objects that don't belong, we can improve the safety and quality of the linen and allow clinical staff more time to focus on patient needs.

After completion of the FOIL project, an improvement of 21% was seen in regards to foreign objects found in linen. We now have the opportunity to replicate this work provincially.

-Irene Popowycz



Welcome and Wayfinding

I wanted to let you know about a new Hospitality and Wayfinding Ambassador volunteer role we are starting at St. Paul's.

This volunteer will be situated at the front entrance near Protective Services and Patient Information. They will be able to help by escorting patients and families to different areas of the hospital.

As this is a new role, the first shifts will be Monday-Friday from 7:00-10:00 AM. As the role progresses, we will be adding additional shifts as required and as needs become clear.

Volunteers can be recognized by their ID badges and dark green vests.

As an added bonus, volunteers can also hunt

down Staxi chairs and wheelchairs and return them to the front entrance or departments that are looking for them.

Our very first volunteer is Virginia and she will be starting on Tuesday, July 11 at 0700.



Virginia, our first SPH wayfinder

Virginia is (as of August 2022) a retired staff member as a CCA on 5A so she is very knowledgeable with St. Paul's and is a great asset to our team. We have other applicants in the queue and will bring them on board as screening requirements are completed.

"I just find it very rewarding helping people out and helping them find their way," she said. "This will be especially true when construction starts".

This is a wonderful way we are making St. Paul's a more welcoming place!



Bluetooth tracking now gives us the ability to find our wandering Staxis anywhere in the province!



Who do I contact when?



My Employer

- Leave of absence
- Other employment and HR inquiries



3sHealth Employee Benefits

- General plan inquiries
- Life claims
- Disability applications
- Dependent changes to plan
- Retirement (health and dental, group life)



We are here to help at ebp@3sHealth.ca or 1.866.278.2301. Add it to your phone!



Canada Life

Canada Life's MyCanadaLifeAtWork.com for online claims

- Submit or check status of health or dental claim
- Claims estimates
- Coverage inquiries



Your dedicated line to Canada Life is 1.866.408.0213. Add it to your phone!



3sHealth
better together

Community Day 2023



Fun for kids of all ages!



Ninja hugs



It takes a village



Thank you for protecting our ice-cream :)



Oskayak Dance Troupe



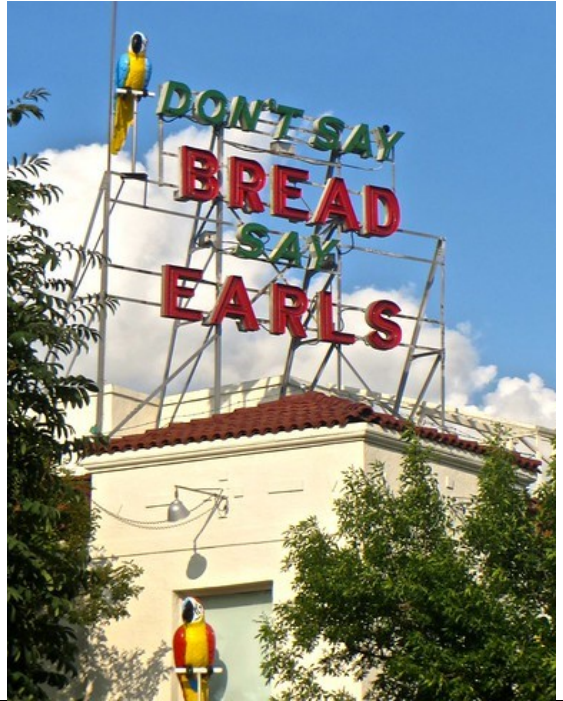
Warren Johnson of Balloon Funn

Long Service Awards 2023

The Long Service Awards have long been a part of the culture of St. Paul's Hospital. COVID attempted to stop us from celebrating our staff but we were able to figure out a way to mark the special anniversaries with charcuterie boxes.

This year we are partnering with locally-owned Earl's Kitchen + Bar. This venue has been a staple of Saskatoon dining when celebrating birthdays or anniversaries for decades so where better to celebrate the staff of St. Paul's Hospital.

Once the gift cards are ready, they will be picked up by managers and shared with the respective staff.



Generous YWCA Coat Donation

Back in March 2023, St. Paul's Hospital was contacted by our friends at the YWCA. They had a very large donation of winter coats that they were not able to use over the winter so they very generously donated some to us to share with patients who are in need.

We are grateful for every donation but it really needs to be said that these are high-quality coats in never worn condition. This is going to make many of our friends in the neighbourhood very happy and very warm this upcoming winter! Thank you, YWCA!



Green Thumb Pitch Party in September

You may have noticed over the last year several projects that highlight or incorporate nature and nature imagery around the hospital: elevator wraps, the plants on the terrace, the four images hanging in the entry of the building, vinok making (see below). The list goes on.

We want to hear your ideas about how we can make St. Paul's a place where nature thrives! To this end, in September, the Green Thumb Committee will be hosting a **Pitch Party**.

All the information around dates and times will be posted around the building soon. In the meantime, put on your thinking cap and wow us with your ideas! *Where can we make space for green space at SPH?*



Do you find this image of a tree blossoming in Mussig, France relaxing? Then let's make space for more imagery like this all over!

Vinok Making on with the Artist-in-Residence

SPH artist-in-residence, Marlessa Wesolowski, led patients and staff through the creative process of making a *vinok*. A *vinok* is a Ukrainian head wreath made of flowers and ribbons. They are still worn today at many festive Ukrainian events and mark a celebration of the summer solstice and fertility.

Many gathered on the terrace and enjoyed an afternoon of conversation and the perfect weather for the occasion. Thanks to everyone who came out!



Laura, Jean and Eliza celebrating summer's arrival with traditional, Ukrainian Vinoks

More Good News on the Volunteer Front!



As I was looking for that one last article for the LifeLine, Shicona walked by my office with a cart of books, magazines and word searches.

Shicona as one of our volunteers who offers these resources to our patients who very much appreciate something that will give them a few moments of

escape while they are here receiving treatment.

The books and magazines are not on loan; they are permanently given to the patient who can take the book home to finish it while convalescing.

Thanks for volunteering, Shicona!

The time to relax is when you don't have time for it.

Sydney J. Harris



Emmanuel Health... A vital community of health, healing and hope
Compassion | Innovation | Commitment
emmanuelhealth.ca

