

The  
**LifeLine**  
St. Paul's Hospital Staff Newsletter



**ST. PAUL'S HOSPITAL**

*A Community of Health, Hope and Compassion for All*



...an Emmanuel Health Organization

## Winter Darkness Years For Light!

When did you see the first Christmas tree or decoration go up in a department store or in your neighbourhood?

Many people bemoan the fact that every year—apparently earlier and earlier— stores are putting up Santa Claus and TV commercials start using jingle bells behind their slogans.

This used to annoy me until I reflected on the root of jumping into the season so early.

Winter is a season where many cultures mark a dark time of later sunrises and earlier sunsets. It is colder. It is darker. It is winter.

Christmas—as well as Hanukkah and other winter festivals—focus on light! They focus on gifts, joy, and the warmth that is created when people gather.

There is a lot of darkness in our world. The news is filled with stories of opioid addiction, environmental issues, wars, crime and the rising price of everything.

Working here at St. Paul's, we see those stories lived out every hour on the hour.

I don't know about you but I carry a lot of darkness in myself: worry about my children, health scares, doubt, fear, anxiety. Honestly, sometimes that is the only darkness a person can bear is their own.

When we are overwhelmed by our own darkness, we can almost physically feel the inward turning; we look into the darkness and we see nothing. No one.

But then, someone in the distance lights a candle. Not an Olympic torch! Not a 20-foot tall Burning Man! A candle. A birthday candle.

Someone is out there! And they are looking for me.

Hey you. YOU—reading this little newsletter. You are not alone. You are not alone in your fear that our health system is being overwhelmed. You are not alone in your struggle to keep up to all of your tasks and e-mails.

You are not alone here at St. Paul's—and when we realize we are not alone, we become someone else's light!

— *Blake Sittler*  
*Director of Mission*

# The LifeLine



St. Paul's Hospital

St. Paul's Hospital Mission Office



Vision Mission Values



**Emmanuel  
Health**

A Catholic Health Organization

**Published for and by the  
employees of St. Paul's Hospital**

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## Archives Antics



Col. Harland Sanders of Shelbyville, Kentucky, originator of world famous Kentucky Fried Chicken, and Joseph Young, president of El Rancho Restaurants and Catering Service, present a \$1,000 cheque to Sister Yvonne Prevost, Superior Administrator of St. Paul's Hospital. The money will go to aid in furnishing the new hospital. Mr. Young stated that his restaurants have also pledged an additional \$1,000 for the hospital.

Col. Sanders in presenting his cheque said that his product had been so enthusiastically received by Saskatonians, that his Canadian company welcomed the opportunity of contributing to this institution which had served Saskatoon and district so well through the years.

Sister Prevost personally conducted the Colonel and Mr. Young on a tour of the new premises, which the Colonel described as among the most impressive he had ever visited. "Saskatonians can well be proud of the new St. Paul's," Col. Sanders said.

## New SPH ED, Carrie Dornstauder

Emmanuel Health, St. Paul's Hospital, and SPH Foundation are very pleased to welcome Carrie Dornstauder as the new Executive Director at St. Paul's Hospital effective January 20, 2025.

Carrie is a registered nurse with over twenty-five years of experience in health care. After completing a Bachelor of Science in Nursing from the University of Saskatchewan, she served as an obstetrical, emergency and integrated care Registered Nurse.

She then led Saskatchewan's first rural Clinical Nurse Education Program during her time as a Clinical Nurse Educator, later moving into the role of Director of Acute Care for Heartland Health Region. During the COVID-19 Pandemic, Carrie was Incident Co-Command for Integrated Rural Health, then assumed the role of Testing Chief for SHA's Emergency Operations Center. She has most recently served as the Executive Director of Maternal and Children's Provincial Programs for the Saskatchewan Health Authority.

Carrie volunteers extensively, previously serving Prevention Institute's Medical Advisory Committee. Carrie was also the operations lead for the successful opening of the Jim Pattison Children's Hospital project.



She currently serves on the Board of Ronald McDonald House Charity, Children's Healthcare Canada, Saskatchewan Midwifery Transition Council, and Saskatchewan Nursing Leaders Network. Please join us in welcoming her to the St. Paul's family!

**Corey Miller**

President & CEO, Emmanuel Health

## A Year in Review—Michelle Murphy, A/ED of SPH

Greetings and the blessings of Christmas to all on behalf of St. Paul's Hospital Administration! Our year has been busy, and as we know at times challenging, however alongside our SPH family and our beautiful community, we've also shared many, many moments of joy.

Staff at St. Paul's continuously share that it just "feels" different here. We have a unique and cherished sense of community built upon the foundation of our mission and the amazing leadership of our Mission Office. Our Mission Week this year, while always so meaningful, was of particular significance this year (pages 5-7).



*Liquid Moon by  
Marlessa Wesolowski*

We also grew our Hospitality Project, embracing the creative and meaningful ways SPH can be made more welcoming to all. A few honorable mentions include Pharmacy's '*Patient Library Book*' where staff members brought books to stock the patient library/book cart, Nutrition & Food Service's '*Hospitality Tray Card*' sending a "postcard" with a message of encouragement for a speedy recovery on patient food trays, and of course Building Service's '*Pancake Breakfast*' (page 23)—oh, how we do love to break bread together!

Also this year we celebrated an amazing

Community Day welcoming eight area schools; the Green Thumb Committee celebrated planting and harvesting events for the *Meuopikihitowin* Garden on the terrace outside of the Cafeteria; we restarted Seasonal Feast celebrations under Elder George Laliberte's guidance bringing together staff and community members in June for the summer solstice, in September to mark the fall equinox, with another event planned for December; AND in November, after a four-year hiatus, we saw the reinstatement of our SPH Long Service Awards event (page 12-13) in person! Phew! That's a lot of JOY!

But of course, I would be remiss if I didn't pay homage to the [Frontline Love Cart](#). Oh, how we LOVE our *Frontline Love Cart*! A very special thank you, thank you, THANK YOU to our SPH Foundation for making it and ALL the many other things you make happen throughout our hospital possible. We are grateful.

As we said goodbye in September to our St. Paul's Hospital Executive Director, Tracy Muggli upon accepting an appointment to the Senate of Canada, in January 2025, we look forward to Carrie Dornstauder, joining our St. Paul's Family as our new Executive Director for St. Paul's Hospital!

It truly has been quite the year. We hope you will take the time to reflect and celebrate these moments over this Christmas season. God Bless you and yours!



## Mission In Action and Charism Award Winners 2024



**Traci Jickling**  
*Holistic Care*



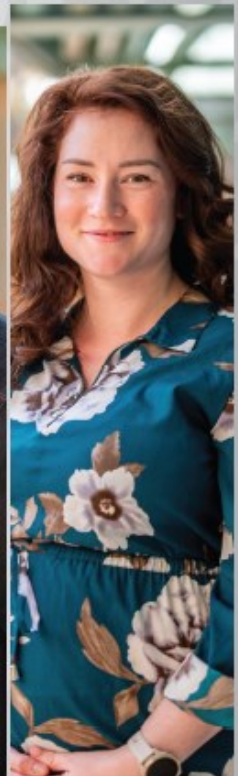
**Christina Perepelkin**  
*Compassionate Caring*



**Denni son Eser**  
*Respect for All*



**Frank Larocque**  
*Stewardship*



**Amanda Neubeker**  
*Collaborative Partnerships*

**Celebrating all who put our mission into action to help St. Paul's Hospital achieve our vision for a community of health, hope and compassion for all.**

These five Mission in Action Award recipients have been nominated by their coworkers because the way they live our values embodies the same spirit as our Foundresses, St. Marguerite d'Youville and the Grey Nuns.



Every year, Emmanuel Care awards the Charism Award to a team who are living out the spirit and charism of our founding sisters. This year, the Charism Award went to staff of Pharmacy. They are an integral part of our team and they embody the work that needs to be done behind the scenes, every day to contribute to our community of health, hope and compassion for all.

## Mission Week Highlights



This year's Mission Week was full of celebrations and bittersweet farewells! Starting with our awards (page 5), our film launch (page 7), the feast day, the centennial of our statue of the Sacred Heart and our farewell to Sr. Emiline Pena who was the last Grey Nun to ever work at St. Paul's Hospital. Our hearts are full with gratitude!





## Bringing Back the Circle: The Voices of Pleasant Hill

It was September 2023 when Tracy Muggli first approached Joel Bernbaum and Little Ox Films to begin production on three short vignettes intended to be used for staff enculturation training. understanding of the history of the Pleasant Hill community and its people for SPH and beyond – we look forward to all that’s to come with this powerful work in 2025,” said Michelle Murphy.

A year later, not only did we have our training resources, we also had a documentary on the process. This film was launched at the Roxy Theatre on Tuesday, October 15.

“The film’s intent is to help to create a deeper

David Fineday and Dr. Janet Ferguson were in the video and also acted as the panel for the 200 people who showed up for the film. Several questions were asked including one about how this will be used at St. Paul’s Hospital for training. This plan will develop over the winter.

Thank you to everyone who came out and to all those who were a part of this film.



## National Indigenous Peoples Day



Teedly Linklater and her son Bluejay (pictured left drumming) led our National Indigenous Peoples Day smudge in room G30 on September 30. Songs were sung, stories were told and everyone had the opportunity to participate in a smudge with the focus on all that non-Indigenous people have to learn about the history of colonialism and all of the good things that are happening in Canada to promote reconciliation and healing in the Indigenous community.



Thank you Teedly and Bluejay for making yourselves available to offer your gifts and to get to know you better.

*Miigwech!*

## SK Arts Donation

SK Arts, created in 1948, provides funding and support to the arts for the benefit of all people in Saskatchewan. They serve as a custodian of the stores of Saskatchewan artists by collecting artwork for the purpose of public access.

Artist Wilf Perreault says of his piece, *Hiding Spaces*, "I wanted to create a large aquarium with no maintenance. Fish find shelter, hiding in rock caves, crevices, under pieces of driftwood or behind plant material. They shy away from us. Hence the title".





## Spiritual Health Awareness Week

The Canadian Association for Spiritual Care (CASC), the accrediting organization for Spiritual Care practitioners has the motto: "Spiritual Health is Health" because health encompasses the whole person: the mind, the body, the emotions, and the human spirit. Effective care must be holistic and include human spirituality.

This year, the 2024 campaign was, "Breaking the Myths of Spiritual Care and Psychospiritual Therapy". For this, CASC provided a poster campaign exploring the myths around Spiritual Care and sharing the realities. These posters were around the hospital and in our display by the cafeteria.

The myths and realities shared were:

**Myth 1.** Spiritual Care and psychospiritual therapy is only in hospitals for patients. But Spiritual Care practitioners and Psychospiritual therapists are part of an interdisciplinary team, in diverse settings, attending to the needs of clients, patients, families and staff.

**Myth 2.** Spiritual Care and Psychospiritual therapy is only for the dying and very ill. The reality is that anyone can experience spiritual

distress at any stage of life and benefit from the healing impact of spiritual care and psychospiritual therapy.

**Myth 3.** Spiritual Care and Psychospiritual therapy is homophobic and transphobic. The reality is that Spiritual Care Practitioners and

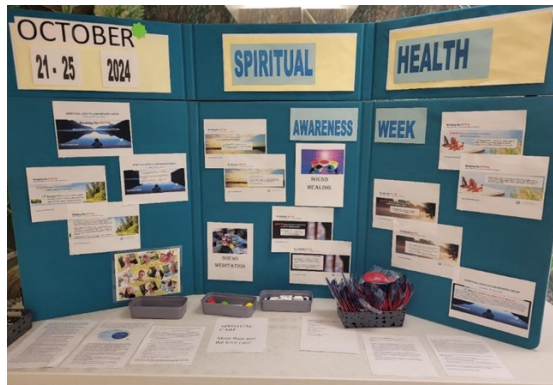
Psychospiritual therapists provide support to everyone, inclusive of sexual orientation and gender identity.

**Myth 4.** Spiritual Care and Psychospiritual therapy is only for religious people. Spiritual Care Practitioners and Psychospiritual therapists

provide support to all people, from the deeply religious to the non-religious.

**Myth 5.** Spiritual Care and Psychospiritual therapy will try to convert me. Spiritual Care Practitioners and Psychospiritual therapists adhere to a strict code of ethics which respect the values of all faith groups and prohibits conversion of any sort.

The St Paul's Spiritual Care department purchased swag which included pens, also provided by CASC/ACSS, jar openers, cutlery sets, stress balls and note pads. All were snatched up quickly and hopefully put to good use.



## Seasons Greetings from Bishop Mark Hagemoen

*Greetings to you all as we approach another Advent and Christmas Season!*

Winter has come upon us suddenly and fast! The days are now short and getting colder. As we get ready for one of the greatest celebrations of the year, we are all profoundly aware that we are currently experiencing a world with much anger and violence. Yet in all of this many, many voices cry out for respect, justice, and true *shalom* – true *peace*.

The Scripture passage that speaks to me at this time is from Paul's letter to Titus:

*"But when the kindness and love of God our Savior appeared, He saved us, not because of righteous things we had done, but because of His mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit, whom He poured out on us generously through Jesus Christ our Savior." (Titus 3: 4-6)*

In this time of violent conflict and angry hostility in so many places, and in the face of the great daily challenges facing so many vulnerable people affected by poverty, injustice, addiction, homelessness, illness, and loss - we long more than ever for true kindness and love, and a real expression of abundant mercy and healing. Our hearts yearn for the fulfillment of the angel's proclamation at the birth of our Saviour, the Light of the World, Jesus Christ: "Peace on earth, goodwill to those upon whom His favour rests." (Luke 2:14) God's *peace* seeks to favour us!

Jesus Christ is God's response to a searching world that needs the outpouring of abundant mercy and healing. Jesus is the great light and hope that comes us light in the darkness of our current challenges. This is the reality that we celebrate joyfully at Christmas. It is the great *good news* that GOD IS WITH US. Emmanuel has indeed come! Jesus Christ, the Son of God, is loving us, suffering with us, caring for us, holding us.

I invite you all to take time during this season of preparation and of celebration to renew your awareness that nothing can come between us and the great love of God in Jesus Christ. I take this opportunity to thank you for all that you each do every day to respond to the needs of those you care for. I wish you, your families, and communities, a blessed and joy-filled Christmas season!

+Bishop Mark Hagemoen

## CISM

The Mission Office worked with the St. Paul's Hospital Foundation to bring in a nationally-recognized Critical Incident Stress Management (CISM) trainer, Brian Bennett.

Participants attended from St. Paul's Hospital, RUH, St. Ann's Care Home, Sanctum and Glengarda.

Participants learned the basics of how they can support their colleagues after a critical or traumatic event happens at work.

The training differs greatly from counseling and support that happens weeks and months after an event and instead focuses on the supports someone needs in the immediate hours and days after the incident.

St. Paul's Hospital now has 20 trained team members and can be called in to support your team after a particularly difficult code or procedure, after a violent incident or any event that would cause them distress. **If you would like to learn more, please call Blake Sittler at 5819.**





## Long Service Awards



St. Paul's staff gathered on November 13 at Prairieland Exhibition to celebrate the 78th Long Service Awards Banquet. It was a wonderful evening hosted by the SPH Foundation's, Trish Cheveldayoff and Director of Mission, Blake Sittler.

Greetings were brought by Corey Miller (below, right) on behalf of Emmanuel Health and Maureen Preston shared memories representing our Local Council. Phoebe Chometa (below) offered a prayer.



*Music by jazz duo, Michael Lockerbie and Patric Byrne*





## Long Service Awards (continued...)



### From the Remarks from Staff Speech offered by Marj Markwart (left):

*"St Paul's has always been like a home. Warm and comfort able like a new blanket on a cold winters night. My years at St Paul's were some of the best of my life. Comradery with my coworker that made my days go by flawlessly. The honor of being of service to patients staff and visitors gave me great joy. The difference we make in everything we do. Healthcare can a difficult job because of some of the challenges we face. The truth is we make a difference every day."*

The evening was attended by nearly 200 people including guests and family. People were greeted at the door and had the opportunity to grab a cocktail before the program began. There was also a photo booth (right) where people lined up to take a memento of their evening. There was always laughter coming from this corner of the room!

The format this year and into the future was greatly streamlined. In the past, all the participants lined up alphabetically and crossed the stage when called. This year, names of those present were called in 5-year groups, they were given a round of applause, toasted and then they were given a question to discus at their table. This ensured everyone was properly celebrated and that no one was tempted to leave early while names were being called.

To sweeten the idea of staying until the end, a \$200 gift certificate was drawn at the end of the night—for which you had to be in the room—after the final blessing by Fr. Kevin McGee (right).



## There's a new Music Therapist in town!



My name is Alanna Barr and I am a certified music therapist born and raised in Saskatoon. I trained at Capilano University where I received my Bachelor of Music Therapy. I have worked with a variety of people including in telehealth with women and children escaping domestic violence. I also helped to create a partnership with a local school and local long term care centre to create a joint music therapy program.

I will be taking over Tinaya Entz's maternity leave and am looking forward to discovering connection, collaboration and creativity through the power of music!

## Sound Bath

On Monday of Spiritual Health Awareness Week, Julie, Irene and Dorothy of the Spiritual Care Department provided a "sound bath" with the recently purchased sound bowls (a huge shout out to the SPH Foundation! Thank you!)- for patients and visitors in the fifth-floor hub.

Many who stopped by and spent some time bathing in the relaxing sound expressed appreciation for this. We hope to provide this on a regular basis in the future.

We hope that people learned a lot about Spiritual Care and the St. Paul's Spiritual Care team and can

cast aside the myths for the realities. Thanks for the interest and conversations. We hope to hear from you soon.



## The Bronze Rule by Dan Stumborg

Prior to moving into management, I worked as a Psych Liaison Nurse at JPCH ED. During my experience of helping many people through mental anguish and severe social concerns.

One patient I had was a man who had moved from Bangladesh to Canada. He had spent many years as a monk back home. He felt pressure from his family to move to Canada in hopes of a better life.

Shortly after arriving in Canada, he bought a mobile cleaning company that included several vehicles. But the vehicles he bought broke down, his business partner left and soon after, so did his wife. He voiced having a hard time controlling anxiety.

Near the end of all of my assessments, I would offer to set up community supports, offer both short and long term meds to assist with anxiety, as well as ask if there are other supports that he would be interested in. He refused everything.

After 15-minutes of offering him every single support I could think of, he interrupted me, "You follow the golden rule, is that true?" I responded with a simple "yes".

He asked if he could share knowledge with me that he learned during his time as a monk. He said to me, "Have you heard about the 'bronze rule'?" I had not.

**"The bronze rule is similar to the golden rule," he began.**

**"But instead of treating the person how you want to be treated, you treat the person how *they* want to be treated."**

In the midst of chaos in our busy waiting room, my practice as a nurse changed.

I have had many IVDU patients since, and I now ensure to specifically ask them about their illicit substance use and if they would consider assistance with quitting. When a patient refuses an offered support or medication, I now work with them to address their healthcare gaps despite their addiction woes.

I have had patients who want to be discharged early because of social situations. I have had people who chose to not take their anti-psychotics because of the side effects. My previous thinking would be that I want these people to make the best choice that I could think of, but the best choice for me isn't what the best choice is for them in the moment.

This man ended our interaction by him requesting a big hug. I apologized for not having any supports that would assist him with his concerns. He thanked me repeatedly. He said that during our conversation it became very apparent to him that he was meant to be back home, and that staying in Canada was not where his path was leading.

We both had a life changing experience that night. His wisdom, however, will live on with me forever.

## Two-eyed Seeing in Healthcare

Rev. Mr. Michael Thibert (right), Two-Suns Wolf Clan came from the Winnipeg Regional Health Authority to speak on a respectful approach to offering healthcare to patients who have different worldviews.

Two-eyed Seeing is a framework for intercultural collaboration that encourages people to consider multiple perspectives. It is a way of viewing the world through both Indigenous and Western ways of knowing and understanding, and using the strengths of each.

Two people can interact respectfully even though they hold different truths. The truths are not in competition but understanding the other person's perspective is essential to offering good care.



“When my wife and I were buying a home, she was looking at the space for us and our children and entertaining our family. I was looking at the foundation and the walls and the windows. Each are valuable views,” he shared.

## Healers Healing the Healers!

The St. Paul's Hospital Occupational Therapy team got to celebrate OT month by having a puppy party through Saskatoon Dog Rescue on October 22.

St. Paul's Hospital Occupational Therapists - Monique Sirois, Dylan King, Brittney Pilon, Tyrel Knoblauch, Brynn Korol, Nicole Michel, Jennifer Barclay-Rosher, Melanie Coutts, and Ben Petracek.





## Sound Bath in G30

On August 27<sup>th</sup>, we had the distinct pleasure of having Darren Welsh of 8<sup>th</sup> Chakra YXE host a sound bath at SPH. Staff, patients, visitors and volunteers came together to be immersed in the healing sounds of crystal singing bowls, chimes, drums, and a shruti box. Many had never had this experience before.

Thank you to Darren for giving us such an incredible opportunity!"



## Project Christmas Angel

The Mission Office is happy to coordinate another season of Project Christmas Angel.

Ultimately, this means that more children can experience the warmth and generosity that comes with Christmas.

In this annual tradition, elementary students from community schools submit paper angels filled in with their Christmas wish list. These angels are then displayed on the wreath in the cafeteria. Staff are invited to select an angel(s) and purchase a gift for a much deserving child.



We extend our warmest, heartfelt gratitude to everyone who participates this year. Truly, this important community initiative cannot happen without the kindness of our St. Paul's community. Thank you, so very much. Angels and gifts can be submitted to the Mission Office until **Wednesday, December 11.** Late returns

Through the generosity of St. Paul's staff, the Saskatoon Police Service, Saskatoon Fire Department, and local law firm, Roberston Stromberg LLP, we are proud to say that we expanded our Project Christmas Angel community donors.

of gifts cannot be accepted to ensure that the gifts arrive in time before students leave for Christmas break.

**\*Please ensure that you wrap your gift and securely attach the angel to it\***

## Poppies for Remembrance Day



In the weeks before Remembrance Day, Colin and Elisa Paul, of the Saskatoon Poppy Campaign and Royal Canadian Legion, came in on two occasions to make poppies available to patients, family and staff. A huge thank you to them and Brent Wigness for their collaboration in this arrangement.

St. Paul's Hospital also had a wreath laid at the annual Remembrance Day Ceremony at SaskTel Center.

## Infection Prevention and Control Week



We kicked off our hospitality project with Infection Control Week, where we challenged 4th-floor visitors to test their knowledge with 20+ trivia questions. Get it right, and you got a sweet reward! After a few weeks of fun, we switched it up with a spook-tacular Halloween poster.

And on November 5th? We brought back the Long Service Award for the C-wing Elevator—because let's be real, it deserves a standing ovation for all that hard work!

But the excitement doesn't stop there. Our creative nursing student Michaela is next in line to wow everyone on the 4th floor. Stay tuned for her magic!

## W.F. Mitchell Bioethics Seminar

November 5, 2024 – The W.F. Mitchell Bioethics Seminar was held in Pylypchuk Hall with Katarina Lee-Ameduri, Director of Ethics for Reseau Compassion Network, presenting on, “Complex Patients and Discharges: What should we do when every option feels problematic?” Approximately 60 people attended the seminar in person in St. Paul’s Hospital’s Pylypchuk Hall, with over 200 more joining via Webex.

Lee-Ameduri began the presentation by highlighting four groups of patients that often have challenging discharge plans: (1) patients who lack decision-making capacity or have questionable decision-making capacity and wish to engage in risky choices; (2) patients who are unhoused or precariously housed; (3) patients who are using substances; and (4) patients who are non-participatory in their medical treatment. In many cases, patients will fall into more than one of these groups, which makes care planning all the more complicated.

To bring shape to these situations, Lee-Ameduri walked participants through a case study which she applied to the Beauchamps and Childress’ four principles of medical ethics: autonomy, beneficence, non-maleficence, and justice. She shared that what often makes these situations so complex is the tension within and among these principles. For example, a patient may be capable of making their own decisions in one moment, but not of

following through on this decision in other moments. She also highlighted the “dignity of risk,” pointing out that there is a tension between paternalism and respect for the patient. “Dignity of risk is also going to be impacted by socio-economic determinants – or drivers – of health [...] Something that I consider risky may seem very different for a person who has not had the advantages that I have had in life. They may tolerate a much higher form of risk than I will because my lens comes from a place of greater advantage.”

The presentation closed with a discussion of moral distress, i.e., the psychological response to morally challenging situations.

Lee-Ameduri stressed two points that often lead to moral distress. “People are going to make choices based on so many things that I am not going to see [...] We’re also not great at accepting that some people are palliative.” In these situations we often find ourselves in tension with our patients because we have a different vision for their health than they do. In these moments it is important to reach out for education and support to help us manage our moral distress.

The seminar was made possible by the W.F. Mitchell Endowment which is stewarded by the St. Paul’s Hospital Foundation. William F. Mitchell was a Saskatoon business man, who recognized the value of ethical reflection both in the business world and in health care.



## Artistic Endeavours



Gabby, Hermaline, Marlessa and Vernon begin to harvest a second crop of tobacco. This traditional medicine is dried in the art studio and packaged for offering to elders and others who share traditional wisdom.



WILD Outside Saskatoon students, Max, Issac and Meg Schmieder, Youth Leadership Specialist, facilitated a Seed Paper workshop in the SPH art studio for patients and their families.





## The Legacy of the Grey Nuns

The Grey Nuns founded St. Paul's Hospital in 1907. Ever since that time, Grey Nuns have been present as administrators, spiritual care and even as frontline staff. On December 1, the last Grey Nun, Sr. Emiline Peña, to ever work at St. Paul's will retire.

She is the last Grey Nun to ever work at St. Paul's due to the fact that the religious order of nuns has not brought on new members in nearly 30 years.

On Thursday, October 17 at noon in the St. Paul's Hospital Cafeteria, representatives from the Grey Nuns in both Montreal and Edmonton joined staff of St. Paul's Hospital, SPH Foundation, CHAS and Emmanuel Health to celebrate the legacy of the Grey Nuns in Pleasant Hill.

"I offer our sincere gratitude and appreciation

to the Grey Nun's for their tremendous dedication and service to the sick and vulnerable in our communities for the past 117 years at St. Paul's Hospital and across the Province of Saskatchewan," Corey Miller, CEO of Emmanuel Health shared.



Srs. Carol Borreson, Emiline Peña & Josephine Bouvier  
Sitting: Srs. Maire-Rose Hurtubise, Faye Wylie, Aurore Larkin and Dora Durand

"Being there for this event meant a lot," said Cecilia Mertens, manager of the Grey Nuns Independent Living Suites. "The Grey Nuns are such an inspirational group of women, and I am always so impressed to see all that they have accomplished over the years."

St. Paul's Hospital is working on a few ways to ensure the foundation the Grey Nuns created is remembered including an award that will recognize the work of the people in our community who are working to advocate for the marginalized in our neighbourhood. **More in the next LifeLine!**

Thank-you so much for thinking of the Friendship Inn and collecting oatmeal for us, that is wonderful! We will put it all to good use as we head into the winter months. Please share back our gratitude to all at St. Paul's – we are grateful to have friends like you, and so appreciate your mission to serve the community.

Sandra Kary  
Executive Director  
Friendship Inn

## St. Paul's Hospital Christmas Tea

*Thursday December 19*

*1:30-3:00 pm-Cafeteria*

*With live entertainment, dessert, and refreshments*

*No cost— come celebrate the season together with your St. Paul's Colleagues!*

## Schwartz Rounds

On Thursday, October 3, the Schwartz Rounds was offered in Pylypchuck Hall. It was attended by nearly 100 staff. Free lunch was offered to the first eighty attendees so the room filled quickly!

The title of the panel was, “The impact of the Reluctant Patient: When Respecting Choices Becomes a Challenge”.

The panelists included Britney Schimpf, (Diabetes Educator), Olena Simko (Medical Student), and Morgan Avant (Manager of Nursing).

Next Schwartz Round is February 6, 2025 and is called, “Hello? Is There Anybody Out There? Feelings of Isolation in a Large System”.



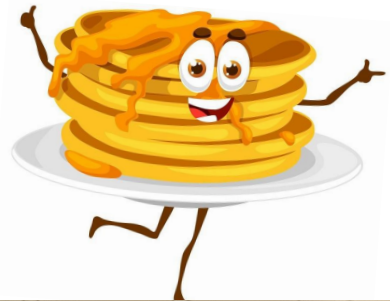
*Dr. Mary Heilman, Julie Bergen, Schwartz Rounds co-chairs, (front l-r) Morgan Avant, Britney Schimpf, and Olena Simko.*

## Pancake Breakfast

When St. Paul's Hospital Personnel Association was still operating, an annual tradition of a pancake breakfast took place every September. Thanks to all the good people in Maintenance, this traditional feast took place again on September 18 for nearly 600 people!

The SPH Foundation has acted as the steward of the funds left over from the defunct SPHPA and there are hopes to continue this tradition into the future.

Thank you for all the extra effort you put into making this event happen, gentlemen!





## Dr. Bruce and Barb Berscheid Celebrated at CHAS Convention

On October 22 at the Catholic Health Association of Saskatchewan Provincial Convention, two well-known and well-respected individuals were recognized for their respective gifts and efforts in the field of Catholic healthcare. Corey Miller announced the awards for both Dr. Bruce Berscheid and Barb Berscheid.

Dr. Bruce won the CHAS Mission Award which is given to those who have provided exemplary leadership in Catholic healthcare ministry.

“Dr. Berscheid was born and raised in Saskatchewan and has dedicated his life to healthcare, faith, and service to others,” Corey began.

“Throughout his career, Dr. Berscheid has been dedicated to teaching and mentoring the next generation of medical professionals... His service to Catholic healthcare is ongoing, as he continues to represent Emmanuel Health on the St. Paul’s Hospital Foundation Board, ensuring that the legacy of compassionate, faith-based healthcare continues to thrive in our province”.

Barb Berscheid was presented with the Moola-Freer Award which honours those who serve with compassion in palliative care for her years supporting and volunteering at the St. Paul’s Hospital palliative care unit.

This year, the CHAS Convention took place at the Cathedral of the Holy Family in Saskatoon.



Corey Miller, Dr. Bruce Berscheid and Barb Berscheid (photos by Kip Yawarski)